Top moo crew

Sunday, August 25, 2024 | \$2

Mt. Ulla dairy producer awarded honors in state, regional competitions



BEN STANSELL / SALISBURY POST FILE PHOTOS

By Chandler Inions chandler.inions@salisburypost.com

BOONE—A Mt. Ulla dairy farm took home top honors for its chocolate milk and tied for first in white milk during recent regional dairy competi-

Lutheridge Jersey Dairy Farm claimed the title for best-unhomogenized chocolate milk in the Got to Be NC Competition while tying for first place with Cheek Farmstead Creamery in Fleetwood/ Hamptonville for the best-unhomogenized milk category in the Got to Be NC and Southeast Dairy Business Innovation Initiatives competitions. One of the farm's owners,

See Moo, 6A



The Lutheridge Farm family from left to right: Jonathan Luther, Richard Luther, Lauren Luther, Dot Luther, Robin Luther, Leigh Anne Wetmore, Mark Wetmore, Steven Wetmore.

East Spencer looking for first finance director

www.salisburypost.com

By Elisabeth Strillacci elisabeth.strillacci@salisburypost.com

EAST SPENCER — For the first time in its history, the town is interviewing for a full-time finance director to oversee the

budget of the community. According to Town Manager Michael Douglas, East Spencer has now reached a point that there needs to be a separate office to oversee the town's finances.

"The finance director will be in charge of crafting the budget, and then once the budget is approved, in charge of implementing that budget," said Douglas. Responsibilities, according to the job description, will also include disbursement and accounting of revenues and expenditures, accounting, purchasing, revenue collections, billing and payroll operations, customer service and grant administration.

"The finance director will also be responsible for our annual audit, so it's done in house rather than having to hire an outside firm to do it," added Douglas. The town is looking for an established professional familiar with the fiscal operations of a local government.

See **Director**, 2A

Capital projects update gives city council budget questions

By Robert Sullivan robert.sullivan@salisburypost.com

SALISBURY — The Salisbury City Council received an update on Tuesday on capital projects happening throughout the city. While many of the projects were on schedule, two projects came in significantly over budget, meaning the council members may have to reprioritize the project schedule and

The projects in question were the restoration of the windows on the city hall and

See **Projects**, 5A

Waterworks exhibition brings masterpieces of art to Salisbury

Staff report

SALISBURY — The wait is nearly over as the Waterworks Visual Arts Center prepares for the yearlong exhibition of paintings and sculptures from the private

collection of the late New York philanthropists Julian and Josie Robertson.

Leigh Anne Wetmore pats a cow's head as the herd is directed into the milking parlor.

"Never Before Seen...Modern Masterpieces" will include 40 works by 28 leading European modernists, including such greats

as Kandinsky, Monet, Picasso and de Kooning. Spanning more than a century of art history, the exhibition will introduce viewers to several pivotal movements from French Impressionism to Abstract Expressionism.

gan collecting art in the 1980s, after Julian founded the hedge fund Tiger Management. His success with Tiger not only enabled the couple to build their collection, but also to become two of the nation's top philanthropists. Together, the Robertsons supported a wide range of causes, including medical science, education, the environment and the arts, as well organizations combating poverty. Although many of these initia-

Julian and Josie Robertson be- tives were national or even global in scale, the Robertsons never forgot Salisbury, the town where Julian was born and raised. It was here that he learned the importance of community from his parents, Blanche and Julian Robertson, both of whom were active members of the town's church and civic life. Blanche was also instrumental in the establishment of Waterworks as a regionally recognized organization in the late

"Salisbury was a wonderful place to grow up," said Julian, who attended Frank B. John School and Boyden High School (now Salisbury High), in an interview before his passing. In 1997, Julian and Josie Robertson established the Blanche and Julian Robertson Family Foundation to support local causes in memory of Julian's parents. Since its creation, the foundation has awarded millions

See Art, 6A

4B



Deaths

Rebecca Cook Beaver Kathleen Elizabeth Beatley Kristina Lee Sweny

Thomas Hartsell Clanton Robert Lee Bare Michele S. "'Chele" Tolbert Contents

Classifieds **Business** Comics Crossword **Deaths**

7C Horoscope 5C Lifestyle 1D Opinion

4B Sports 7A Weather

1B 8-9A 1C 10C



Third annual Fame Preservation Group barbecue moves group closer to Old Lutheran Cemetery historical marker

By Robert Sullivan robert.sullivan@salisburypost.com

SALISBURY — The Fame Preservation Group hosted its third annual barbecue fundraiser on Saturday, raising over \$2,200 to place a historical marker near the Old Lutheran Cem-

etery. The group raised a similar amount the prior year in order to install a stone marker at the cemetery, which contains a large, unmarked gravesite of Confederate veterans, but ran into issues with getting the installation of the marker approved by the city, said President Gregory Lambeth II. The organization had raised the money to fulfill a quote for a headstone that would fit in front of the Fame monument and fit the cemetery's environment that had been given by Salisbury Marble and Granite, but had to change direction due to the ruling.

"We'll be researching in the next week and making contact with various outlets to determine which avenue will be best to pursue our roadside historical marker project at large and we're eager to use our hardearned donations to give back to the community," wrote Lambeth in an email on Monday.

The official amount of funding raised by the event



Creighton Lovelace gives a speech during the Fame Barbecue Festival.

raised by attendees of the event and the other \$260 were raised from a \$20 fee charged to vendors and sponsors of the festival. Lambeth said that he did not have an official attendance count, but he estimated that approximately 200 people attended the event at the Stars and Bars Tavern on Klumac Road throughout the four hours it lasted.

"We're here to raise awareness, we're here to raise money, but most of all, we're here to raise our spirits," said Creighton Lovelace, who spoke at the

Last year, the organization included a live auction and cornhole as part of the festivities, but Lambeth was \$2,214, said Lambeth, said that the organization

and \$1,954 of that was chose to nix those in favor of having more live music and vendor space. The organization also advised all of the speakers to only speak about historical topics instead of social or political topics to keep the event on course. One of those was the

Veteran's Creed Outdoors nonprofit, whose North Carolina chapter leader Ben Pierce, a Salisbury resident, reached out to Fame Preservation Group in hopes of raising awareness and donations during the event. The organization is aimed at assisting veterans, active military and public safety personnel, including law enforcement and corrections officers, firefighters, dispatchers and nurses by giving them opportunities to enter the outdoors, in-



Rick Thomas performs Southern rock during the Fame Preservation Group barbecue fundraiser on Saturday, Aug. 17.

or camping trips.

'I think the best example of what we do, we took a trip recently to Cherokee with 14 veterans and their kids. Afterwards, one said, 'This trip saved my life. Two weeks ago I was going to end it all, but I had this trip to look forward to.' And that's why we do this," said

Pierce himself is a retired police officer, and said that he joined the organization as a member of the staff before taking over when the previous director

The Fame Preservation Group is still a relatively new nonprofit, as it achieved its 501(c)(3) status in April of 2023 after being incorporated with the state since November of 2021.

"F.A.M.E., meaning Faith, Ancestry, Monuments and Education for the FPG to run on. Through faith, we have hope and courage moving forward; through ancestry, we identify and recognize the in-

cluding by fishing, hunting the North Carolina chapter dividual Confederate veterans of Rowan County; through our monument, we rally behind the art and compassion illustrated through her grace; and through education, our organization exists to educate the public of the sacrifices made by Rowan's Confederate Dead through the Fame Confederate Monument with the faith of our intentions by the grace of God," said Lambeth in a prior Salisbury Post article about the meaning behind

the organization's name.

Director

Continued from 1A

"East Spencer has never been in a position to need a finance director, but over the last three years, our growth as a community has necessitated growth on the management side as well," said Douglas.

Mayor Barbara Mallett agreed.

"The turning point really came several years ago when the independent auditor said we needed to upgrade our accounting system," she said. "And then we began receiving so many grants that it became difficult to keep tion. But in order to keep getting grant funds, and to begin to plan our budget out five, or even two years, we need to have records. And that is part of what this position will do."

tax increase last year as well, and Mallett said the town "needs to be a fiduciary with the taxpayers' money. We need to have records of our history in order to plan future budshow the taxpayers what we are doing with their money, we need to be transparent."

In May 2022, the town voted to transition from a mayor/council form of government to a manager/council form of government, giving Douglas some autonomy in implementing policies. Since that time, it has fallen on the manager to oversee the financial management of the town as well, often requiring outside agencies to assist.

"When you deal with finances, you can spend a half a day researching records and data, and the town manager does not have the time to do that," track of all of the informa- Mallett said. "We have reached a point where the

jobs need to be separate." It is a reflecting of the growth of the community and its core," she noted.

"We are not a small little town anymore, we are The town approved a a growing metropolis, and I am excited about it," she said.

The salary range for the position is between \$55,000 and \$70,000 and a full job description is on the town's website at www. gets, we need to be able to eastspencer.gov.

Winning numbers in the N.C. Education Lottery: Friday daytime: Pick 3: 8-0-9, Pick 4: 0-1-0-7 Thursday evening: Pick 3: 9-3-4, Pick 4: 2-3-5-9, Cash 5: 11-22-25-26-30, 4-11-14-18-35 Lucky for Life: 2-5-21-45-47, Lucky Ball: 18

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Former Salisbury resident publishes book

Staffreport

SALISBURY — Former Salisburian Richard "Gene" Dukes recently published a book.

Bio of "The Forgotten Son" is now available on Amazon.



takes place during and after the Vietnam War era, a time of successes and failures. Accord-

The book

ing to the summary on Amazon, "Hugh Thornwell went through that struggle not realizing it, he left behind a secret ... that would one day come back and disrupt his life. You see, he fell in love, at age 22, with a beautiful Vietnamese girl, and this affair would one day come back and change his life."

It continues, "Hugh had his whole life planned out, just graduated from

LSU Law School, etc. Well, things don't always work out the way we plan. He didn't plan on Vietnam. His draft notice came one week after graduating from LSU, and he could see four years of his life taken from him! What a bummer, he thought. After all, he should be proud to serve his country. He was proud, he just didn't believe in this war. And his story begins."

Dukes is a previous resident of Salisbury. He always had a creative mind, which is a God-given gift. Story telling is one of those gifts. Dukes is reportedly in Vietnam, and although looking forward to completing a sequel called "Jonathan's Story."

It begins where "The Forgotten Son" ends. He has always enjoyed writing and his dream has come true of being a published author.

Dukes is a vet having served in U.S. Army Reserve from 1963-1969. This was a time during the Vietnam era. Most of the

ficials probe a complicated

law enforcement failure

that allowed a man with an

AR-style rifle to get close

enough to shoot and injure

Trump at the rally.

LSU, preparing to go to basic training part of the story is true except he was stationed at Ft. Jackson in and not Ft. Hood, Texas. Part of the Vietnam fighting is based on stories from other vets.

His book can be purchased as e-book on all social media and paperback Columbia, South Carolina can be purchased on Amazon & Barnes and Noble online stores.

Richard and his wife now live in Mississippi.



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At least 5 Secret **Service agents have** been placed on modified duty after Trump assassination attempt

(AP) — At least five Secret Service agents have been placed on modified duty after the assassination attempt on former President Donald Trump in July, a law enforcement official told The Associated Press.

They include the special agent in charge of the Pittsburgh field office and three other agents assigned to that office, which was responsible for the security planning ahead of the July 13 rally in Butler, Pennsylvania, according to the law enforcement official who had direct knowledge of the matter. One of the five agents was assigned to Trump's protective detail, the official said.

The official was not authorized to publicly disclose details of the personnel investigation and spoke to The Associated Press on condition of anonymity.

The agents are on administrative leave, meaning they cannot do investigative or protective work. Multiple investigations

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NC Arts Council announces \$11.5 million in grant awards

Three RoCo organizations among recipients

Staffreport

RALEIGH — Three Rowan County organizations received funding as part of \$11.5 million in grant awards from the North Carolina Arts Council for the upcoming fiscal year.

According to a release from the NCAC, the Rowan Arts Council is set to receive \$95,039. Salisbury Symphony will receive \$18,000 and Waterworks ties." Visual Arts Center is going to receive \$14,500.

In total, 366 grant awards and projects that:

will support nonprofit arts organizations, schools, after-school programs, municipalities and artists in all 100 counties this year. The grants range from \$5,000 to \$338,000.

"The arts benefit North Carolinians of all ages," Gov. Roy Cooper said. "These grants will enrich our communities as well as grow their economies throughout all 100 coun-

Funding priorities this year include organizations

• Emphasize community outreach and audience engagement

• Improve organizational capacity and capabilities

• Connect K–12 students with artists in a range of disciplines, notably the traditional arts of North Car-

• Foster public-private partnerships that leverage state and federal funding with local support

• Provide outreach to military service men and women, veterans and their

"The record number of communities." applications we received this grant cycle signals that artists are inspiring audiences and producing arts experiences that make our state a wonderful place to live, work, and visit," said Jeff Bell, the arts council's executive director. "I thank Governor Cooper and the General Assembly for championing our arts and culture sector. The arts deliver more than \$2 billion in economic impact annually to our state and are a pow-

Department of Natural and Cultural Resources Secretary Reid Wilson added, "The arts are woven into the fabric of our state's identity, and as I travel across North Carolina, I see firsthand how much the creative sector contributes to the cultural and economic vibrancy of cities, towns and regions. When the arts flourish, communities flourish."

As part of its funding process, the agency conerful tool to uplift entire vened panels of reviewers arts sector.

with knowledge of different arts disciplines as well as community-building ex-

This year's grant awards significantly increase the N.C. Arts Council's investment in small and mid-sized arts organizations. Eightvfive new organizations are receiving flexible funding through an expanded category called Sustaining Support, more than doubling the agency's investment in work that promotes stability and sustainability in the

Local nonprofit holds summer education event

By Kenneth L. Hardin For the Salisbury Post

The founder of a local education nonprofit organization, who has also been an educator for nearly three decades, proved that even though the schools were out for the summer break, learning doesn't enjoy the

same time off. Jill Hosch-Tindal, founder of the Salisbury-based 2 The Top Tutoring organization located at 1915 W. Innes St., had a determined vision that she didn't want the young minds she works with all school year to stop learning during the summer. Added to that was her belief that offering basic education skills to young students would help lessen and prevent crime in the city. She felt that Brenner Crossing's youngest residents were often overlooked and ignored. So, with the strong independent spirit she possesses, she sought out funding and establishing partnerships with individuals, businesses and organizations to ensure the

success of her vision. She applied for and received grant funds the city had received for the West End through the Byrne **Criminal Justice Initiative** in conjunction with the ents in paying for tutoring Salisbury Police Department. Tindal explained that it was important to her to have the program at the former Civic Park Apartments because she was raised in the Linn Lane housing units just down the road and lived in the former apartments as a single mother while several of these same incompleting her college education.

"I wanted to give back to a well-deserved community that I know and love dear-

ly," she said. Tindal developed her love and commitment to education at an early age, tween July 23-Aug. 1 from receiving an associate's degree in early childhood education from RCCC, a bachelor's degree in elementary education from like pastor Timothy Bates, Livingstone College, and finally securing a graduate Black, school board memdegree in child development from Liberty University in Lynchburg, Virginia. She worked as a Pre-K teacher for 24 years in Rowan, Forsyth and Cabarrus Photography among sevcounties and is currently a Title I tutor at North Rowan 15 students ranging from Middle School. She recognized a need that students attended daily. They were could benefit from extra assistance outside of regular school hours, so in April Dawn Sims, as well as 10 2019, she opened the doors daily volunteers who came



2 the Top Tutoring founder Jill Tindal, standing, works with a participant on computer reading program.

of her tutoring business. Tindal understands that not every parent can afford tutoring services, so she uses another part of her business, Tindal Touched, Inc., to raise money to assist parservices. She's grateful to so many individuals and businesses who have stepped up to donate so that she can purchase laptops, supplies other teaching materials and to help absorb the costs for struggling parents.

When she approached dividuals and businesses to share that she would be holding the tutoring program at the apartment complex, many happily stepped up to assist with the program. It was held three days each week be-9 a.m.-12:30 p.m. She was overcome with emotional gratitude as she recalled and thanked individuals **NAACP** President Gemale ber Sabrina Harris, Kenny Hardin of the Veterans Social Center, North Rowan Middle School, Promise City Church and Savage eral others. An average of kindergarten-eighth grade served by tutors Harris, Patience Cuthbertson and

out from the community. Tindal was adamant that this was not a one-and-done endeavor for the young apartment residents nor the other areas of the city that need similar attention. "Our goal is to offer free tutoring twice a month to the **Brenner Crossing students** throughout the current school year. My larger goal plan is to obtain more funding so that I can bring on additional tutors and serve locations throughout Salisbury/Rowan to offer one hour of math and reading up to twice a month. Brenner was chosen because I felt like it was the most neglected neighborhood in Salisbury and the West End, but I want to help as many other children as I

In addition to the educational offerings, the students enjoyed games and activities centered around both learning and fun. On the final day of the program, the older attendees were given a workshop taught by Hardin. The engaging and interactive one-hour session focused on learning and developing social, behavioral and public speaking skills. Each student was taught the mechanics and then tasked with standing up before their peers and making an impromptu speech. They were then evaluated by their peers and gave constructive feedback to each



Jill Tindal, second from right, leads a learning exercise with program attendees.

When asked to assess the overall success and effectiveness of the program, Tindal's face lit up with a wide smile as she said her heart was so full.

She added, "My goal was plished that and so much to help students prepare and get back into the learning mindset for the 2024/25 school year through a fun approach to math, reading and social skills. We accom-

more."

Kenneth L. (Kenny) Hardin is a member of the Na $tional\,Association\,of\,Black$ Journalists.

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Robert F. Kennedy Jr. says he's suspending his presidential bid and backing Donald **Trump**

PHOENIX (AP) — Robert F. Kennedy Jr. suspended his independent campaign for president Friday and endorsed Donald Trump, a late-stage shakeup of the presidential race that could give the former president a modest boost from Kennedy's supporters.

Kennedy said his inter-

would hurt Trump and ident Trump," Kennedy help Democratic nominee said. Kamala Harris, though recent public polls don't provide a clear indication that he is having an outsize impact on support for either major-party candidate.

Kennedy cited free speech, the war in Ukraine and "a war on our children" as among the reasons he would try to remove his name from the ballot in battleground states.

"These are the principal causes that persuaded me to leave the Democratic Party and run as an nal polls had shown that independent, and now to his presence in the race throw my support to Pres- to do so.

However, he made clear that he wasn't formally ending his bid and said his supporters could continue to back him in the majority of states where they are unlikely to sway the outcome. Kennedy took steps to withdraw his candidacy in at least two states late this week, Arizona and Pennsylvania, but in the battlegrounds of Michigan, Nevada and Wisconsin, election officials said it's too late for him to take his name off the ballot even if he wants

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'A Bury Home Companion' comes home

Submitted

Dorothy had it right. There's no place like home.

Home is what we will celebrate Aug. 31 when, back by popular demand, "A Bury Home Companion" hits the Lee Street theater stage with its seventh edition for two big perfor-

Produced by Kent Bernhardt and Kay Peeler -K&K Productions—in conHome Companion," part Mayberry, yet somehow all Salisbury.

"Kent and I kept encountering so many people who wondered when the show would return, they just loved it so much." Peeler said. "I'm so happy we're producing another

While "A Bury Home Companion" gives an afcreation, it is all about Salisbury and its people. Taking the form of a Saturday night radio show, local businesses, churches and landmarks are featured in humorous commercials and comedy skits. Even Keillor's imaginary sponsor, Powdermilk Biscuits

the way.

are remembered along

junction with Lee Street fectionate nod to Garri- by Powdermilk Biscuits, as The Moonglows. Musical Home Companion." theater, it's part "Prairie son Keillor's public radio in the bright blue box with a picture of a biscuit right there on the cover. Heaven's they're tasty — and expeditious."

> "A Bury Home Companion" is simple, homegrown

The Bury Home Silver String Band, a mix of area musicians from Gold Hill will perform, assisted by the Bury Home Compan-"Brought to you in part ion Singers, known locally

guests include Dani Kerr of "America's Got Talent" fame, Sarah Claire King and Danny Whicker.

"It's an election year, and there is so much frustration in the country right now. It's nice to present something that's simply fun," said Bernhardt. 'You'll leave the theater

with a smile on your face." There will be two performances of "A Bury

One starts at 2:30 p.m. and the other at 7:30 p.m. at the theater located at 329 N. Lee Street, Salisbury.

Tickets are available at the theater's website, (leestreet.org), or by calling the Lee Street theatre box office at 704-870-8008. Prices are \$20 for the matinee performance and \$25 for the evening show and all proceeds go to Lee Street

By Elisabeth Strillacci elisabeth.strillacci@salisburypost.com

Salisbury Police reports

- As part of an ongoing investigation, police arrested Aaron Devon Wilks, 32, on Aug. 21 and charged him with possession of a schedule II controlled substance, maintaining a dwelling or vehicle for controlled substance, possession with intent to manufacture, sell or distribute schedule II controlled substance, two counts of felony possession of marijuana, two counts of possession with intent to manufacture, sell or distribute schedule VI controlled substance, trafficking in methamphetamine, possession of a firearm by a felon and possession of a stolen firearm. Wilks was held without bond for a court appearance Friday.
- A larceny from a property on West Innes Street reportedly occurred between 11:11 p.m. Aug. 21 and 8 am. Aug. 22. Total estimated loss was \$55.
 - Vandalism was report-

ed at Super Speedwash on South Avalon Drive between 5:45 and 11 a.m. Aug.

- Larceny from a motor vehicle on Klumac Road reportedly occurred between 10:30 p.m. Aug. 20 and 2 p.m. Aug. 21. Total estimated loss was \$1,199.
- A theft from a motor vehicle on Vincent Street reportedly occurred between 9 p.m. Aug. 18 and 6 a.m. Aug. 19. Total estimated loss was \$80.
- A larceny from a residence on South Fulton Street reportedly occurred about 1:52 p.m. Aug. 22. Total estimated loss was \$250.
- · Theft of a motor vehicle from Gold Hill Drive reportedly occurred between midnight and 4 a.m. Aug. 23.
- Cullough, 59, was arrested Aug. 22 and charged with misdemeanor larceny.
- Dalon'e Rashad Vann, 19, was arrested Aug. 22 and charged with resist, obstruct or delay of a public officer.
- · Jacob Luman, 23, was arrested Aug. 22 and charged with sexual bat-

Rowan County Sheriff's Office reports

• An assault at the Rowan County Detention Center reportedly occurred at 5:19 p.m. Aug. 20.

- Clayton Cory Meadows, 37, was arrested Aug. 21 and charged with failure to appear or comply, sex offender failure to notify change of address and violation of probation.
- Michelle Lynn Wambach, 38, was arrested Aug. 21 and charged with possession of a controlled substance on a penal institution premises.
- Shalesa Nykole Jiminez, 36, was arrested Aug. 21 and charged with simple assault.
- Jonquile Oman Dozier, 22, was arrested Aug. 21 and charged with carrying
- a concealed gun. Riley Pierce Zick-• Terry Lomont Mc- afoose, 18, was arrested Aug. 21 and charged with consuming alcohol under the age of 19.
 - Shawn Robert Deaton, 54, was arrested Aug. 21 and charged with possession of a weapon by a felon, assault by pointing a gun, communicating threats, crime of domestic violence, purchasing a firearm in violation of a domestic order and driving while impaired.

Man turns microwave into safe for \$2 million lottery ticket

Staffreport

SALISBURY — A microwave in the kitchen became the safest place that Cristen Breton of Salisbury had to stash his \$2 million scratch-off.

"The cashier told me to go home and not tell anyone," Breton said. "I put the ticket in the microwave to protect it from my dog."

Breton bought his \$20 Platinum ticket from Fast Stop of East Spencer on Andrews Street in Salisbury.

"I went into the store and bought three tickets," said Breton. "The third one won. I thought it was a joke."

When Breton arrived at lottery headquarters Wednesday to collect his prize, he could choose to receive the prize as an annuity of \$100,000 over 20 years or a lump sum of \$1.2 million. He chose the lumpsum amount of \$1.2 million and, after required state and federal tax withholdings, took home \$858,006.

"The only thing I want to do is help my mom," Breton said. "She deserves this."

Breton also plans to repair his home.

gust 2022 with four top priz- on won the last top prize, the es of \$2 million and eight lottery will end the game.

Platinum debuted in Au- \$100,000 prizes. Since Bret-



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Projects

city office buildings and the construction of restrooms at City Park and Kelsey Scott Park.

"The other thing you're hearing from (Transportation Director) Wendy (Brindle), the bathrooms are about \$100.000 over budget and the windows are about \$225,000 over budget, and we're not done yet. So we're these projects, whether it's the bathrooms or windows or some other things we have to hold off in order to be able to fund the other projects," said City Manager Jim Greene Jr.

After Greene's comments, Mayor Karen Alexander asked Greene and the rest of the city staff to put together a recommendation of how the city counvarious projects throughout the city.

Brindle, who provided the capital projects update along with Public Works Director Chris Tester, said that staff would be in a good position to provide was struggling to find conthose updates once the city had officially received quotes.

Council Member Harry McLaughlin also asked if

the staff could put together a report outlining deadlines for possible grant funding that could be put toward some of the projects as well as the data on how many people would be directly affected by each of the capital projects.

The city hall windows came in over budget for several reasons, but Brindle and Greene said that the main reason was the city having to change its plans when the Salisbury going to have to bring this Historic Preservation back and have council set ruled against replacing some priorities on some of the windows in favor of the city restoring the historic features.

"It's a more sustainable practice to not replace windows, because you're not sending something to landfill, and that's why HPC chose the way they chose," said Tester.

The current city hall building was constructed in the early 1960's, according to online property records. cil should prioritize the The city office building, which served as the original city hall, was built by the late 1920s, according to a National Register of Historic Places inventory

> Brindle said that the city tractors for the restoration project, and staff was currently revising the scope of the request for proposals in order to drum up interest

after already revising it multiple other times. The restrooms, on the other hand, had simply run over the city's estimated price of

One other project that had changes in the update was the Grants Creek Greenway, which was projected to run from near Wiltshire Village south along the creek's path and in between the two national cemetery properties, until it tied into the existing greenway at Kelsey Scott Park. The city was unable to receive permission from the National Cemetery Association to utilize the southwestern corner of the Salisbury National Cemetery Annex, which Brindle said was only a present issue and staff would continue to monitor the possibility. Instead, the greenway will run west and follow East Colonial Drive down to Old Wilkesboro Road before connecting with the current greenway trail at Kelsey Scott Park.

Most of the other projects had not seen major changes and were still mostly on schedule, including as the median on Brenner Avenue and the roundabout at the Milford Hills Road intersection, the new fire station on Mahaley Avenue, the Ellis Street bridge repairs and the Kessler Mill clean up and redevelopment.

N THE RURY WESTER



SATURDAY, AUGUST 31 2:30 & 7:30PM

LEE STREET THEATRE LEESTREET.ORG OR CALL 704.870.8008

A 2nd ex-Memphis officer pleads guilty in Tyre Nichols' death; he could serve 40 years in prison

MEMPHIS, Tenn. (AP) Federal prosecutors agreed to recommend a prison sentence of no more than 40 years for a former Memphis police officer who pleaded guilty Friviolations in the 2023 fatal beating of Tyre Nichols.

Emmitt Martin is the second former officer to plead guilty in the killing that sparked outrage and renewed calls for police reform. Three former ing, Wells said it was "very

officers still face trial in federal court next month, and two of their former colleagues could testify against them.

Martin entered his change of plea before U.S. District Judge Mark Norris in Memphis under an agreement with prosecutors, pleading guilty to excessive force and witness tampering charges. Sentencing is set for Dec. 5.

Nichols' mother, day to federal civil rights RowVaughn Wells, was in the courtroom. She nodded her head and smiled when the judge accepted Martin's change of plea.

In a news conference with civil rights attorney Ben Crump after the hearemotional" and "bittersweet." She said the latest plea is a step in the right direction, but that she won't be content until all of the officers are brought to justice

"Tyre was just coming home. He was just minding his own business," she said.

Nichols died in a hospital on Jan. 10, 2023, three days after he was kicked, punched and hit with a police baton after a traffic stop. The officers said they pulled Nichols over because he was driving recklessly, but Police Chief Cerelyn "CJ" Davis has said no evidence was found to support that alle-

Moo

Continued from 1A

Leigh Anne Wetmore, said that being recognized for quality dairy was "very special."

Wetmore's ties to the family farm strengthened that sentiment. Her maiden name is Luther, and her father, Ted and Uncle Ben farmed the land in western Rowan County until Ted's death in 2013.

However, Ted and Ben had not been in the dairy business since 1997, when citing fatigue, they transitioned to producing replacement heifers that they sold to dairy across the country and even internationally.

After Ted passed away in 2013, the farm's stock of cows dwindled to a small herd.

"A year or two after daddy died, Richard (brother) and I were standing out in the hay barn one day and were talking, and we said, 'What are we going to do?" Wetmore said.

Hoping to restore the dairy to its former glory, Leigh Anne and her husband, Mark, as well as Richard and his wife, Robin, purchased Ben's half of the farm in 2016.

"Since my brother and I took over the farm with our children, this is the biggest accomplishment we have won," Wetmore said of their recent recognition. The legacy they are car-

rying on now bears the toil and sweat of the latest Luther generation.

"My brother and I each have two children," Wetmore said.

Jonathan Luther and Lauren Luther, who own some cows on the farm.

Wetmore's son Steven is the manager on the farm and is responsible for mixing the chocolate milk that was honored, in addition to other tasks around the property. Wetmore also has another son named Daniel.

The recent honors come after years of hard work, where success was not guaranteed but earned. Reviving the dairy farm wasn't a quick or easy process. When Ted and Ben sold many of their dairy cows, they also sold off much of the equipment needed to milk them. Even if Lutheridge was able to grow its herd and buy the equipment to milk them, they'd need a place to sell theridge to expand its uniformly throughout the the milk.



A group of judges grade dairy products during the Southeast Dairy Business Innovation Initiatives competition.



Leigh Anne Wetmore holds the two brands of cheese that are made from the milk produced at Lutheridge Farm.

dairy co-ops because they Richard's children are were "small and wanted to stay small," Lutheridge was in desperate need of a buyer. At the same time, Alfonso Siano, the owner of the family-run and Charlotte-based cheese company, was searching for the right milk supplier to make his fresh mozzarella. Siano heard about Lutheridge and started experimenting with their milk.

"He would take samples, and we would go get gallon jugs and just take them to him, and he would make samples of it that he would try," Wetmore said. "After a while, he finally figured out that our milk, rich in protein and butter fat, was the kind of milk he wanted."

The two struck a partnership that allowed Luoperations by purchasing other liquid. Turned down by several much-needed equipment,

including a milk pasteurizer. The family now milks about 70 cows twice a day to keep up with demand. Not long after the Siano partnership materialized, Lutheridge found another buyer in Boxcarr Handmade Cheese near Raleigh. The artisanal cheese company uses the farm's milk to make a number of its award-winning cheeses.

The most recent award for chocolate and white milk specifically recognized unhomogenized products.

Homogenization is any of several processes used to make a mixture of two mutually non-soluble liquids the same throughout. This is achieved by turning one of the liquids into a state consisting of extremely small particles distributed

Unhomogenized milk business industry."

does not have that consistency. With milk in its natural state, the cream rises to the top because it is less dense.

"All milk sold in N.C. has to be pasteurized, which is the process of heating up and killing bacteria," Wetmore said. "But most milk is homogenized, too. It's a process that we don't do. It takes out nutrients, so our milk is richer and healthier."

Whatever they are doing must be working because Lutheridge Jersey Dairy Farm took home two topplace finishes.

In total, nine North Carolina dairies received honors for fluid milk and cheeses in state and regional dairy competitions held recently by the Southeast Dairy **Business Innovation Initia**tives and the N.C. Department of Agriculture and Consumer Services' Got to Be NC program.

"North Carolina's dairy farmers have diversified their operations in the last five years to boost their bottom lines," said Agriculture Commissioner Steve Troxler. "Not only are they continuing the long-held tradition of milk production, but are also creating high-quality cheese, ice cream and eggnog. Their ingenuity has contributed over \$3.9 billion to the state's \$111.1 billion agriculture and agri-

The Southeast Farmstead Dairy Products and the Got to Be NC Dairy competitions were held concurrently, and several products received top honors in both competitions. Got to Be NC Dairy awards will be presented on Sept. 14 at 10 a.m. in McGough Arena at the N.C. Mountain State Fair in Fletcher, prior to the open dairy cattle show.

Other North Carolina winners include:

Riverbend Creamery's eggnog was named Milk of the Year in both competitions. The Lincolnton dairy was also recognized for Best Homogenized Chocolate Milk in both competitions.

Homeland Creamery in Julian was declared Best Homogenized Milk in both competitions.

Howling Cow Creamery at N.C. State University in Raleigh won Best Homogenized Low-Fat Milk and Best Homogenized Low-Fat Chocolate Milk in both competitions.

White Tree Farm in Statesville tied for first place in the Fresh Cheese of the Year with its European Chevre, sharing the honor with Grass Roots Farm and Dairy in Marshall for its Sheep's Milk Feta.

Looking Glass Creamery in Columbus was awarded Best Sharp Cheddar Cheese in both competitions for its Drover's Road

Celebrity Dairy in Siler City won both competitions for Best Plain Chevre.

The Southeast Farmstead Dairy Products Competition is a program of the Southeast Dairy Business Innovation Initiatives (SD-BII) based at the University of Tennessee Institute of Agriculture's Animal Science Department. Manufacturers of dairy products from a single herd that is produced or processed in Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Virginia, West Virginia and Puerto Rico were eligible to compete. SDBII's mission is to spur growth for dairy producers and processors in the Southeast by helping them modernize and diversify through the production of value-added dairy products.

The Got to Be NC Dairy Competition is a program within the NCDA&CS Marketing Division designed to promote producers and processors within the state.



Continued from 1A

of dollars in grants to over 150 agencies and organizations addressing adult and family issues, education, community health concerns, performing and visual arts, tutoring and childcare, history and preservation, capital improvement, and youth activities.

The exhibition is the latest reflection of the Robertsons' dedication to this special town.

"Dad would be so proud for these artworks, his

hibited at Waterworks for Foundation have partnered the people of Salisbury to admire and ponder, and to inspire future generations," said Alexander Robertson, chairman of the board of the Robertson Foundation. "It is now up to all of us to make sure that everyone takes advantage of this amazing and unique opportunity."

ebrates the Robertsons by joining two of their greatest passions, art and philanthropy. To honor the couple's legacy and commitment to education, Waterworks Visual Arts

'painted children,' to be ex- Center and the Robertson to ensure that every child in Rowan County — some 19,000 students — will visit

The exhibition, opening to the public Sept. 17, will coincide with the 65th anniversary of Waterworks Visual Arts Center.

"How befitting and ex-This exhibition cel- citing to celebrate this milestone with such an extraordinary exhibition of modern and contemporary works of art," said Executive Director Anne Scott Clement.

Waterworks Visual Arts

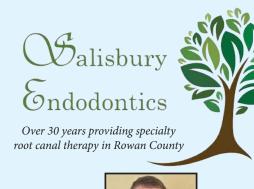
Center is accredited by the American Alliance of Museums. Its programming is made possible by the generous support of its members, corporate sponsors, private foundations, the City of Salisbury, Rowan County and the North Carolina Department of Cultural

In order to prepare for the new exhibit, the galleries will be closed to the public from Sept. 5 through Sept. 16. Waterworks' new hours will begin on Sept. 17.

Gallery hours: Tuesday – Saturday, 10 a.m.–5 p.m.

Self-guided tours are welcome during gallery hours, reservations encouraged. Groups may arrange a guided tour of the exhibitions by calling 704-636-1882 or emailing greeter@ waterworks.org at least four weeks before requested tour. For more information, go to www.waterworks.org.

Due to the nature of these pieces, no photography is allowed in the galleries.





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PUBLIC HEARING NOTICE

The Town of Spencer Board of Aldermen will hold two legislative public hearing at or soon after 5:30 PM at their regularly scheduled meeting on September 5, 2024 in the Board Meeting Room located at 460 S Salisbury Ave., Spencer, NC 28159.

The purpose of the public hearings is to 1) receive public comment on a proposed text amendment to the Town of Spencer Development Ordinance Article 11, Table 11.1 regulating buffers, specifically correcting a typographical error misidentifying zoning classification C-29 as C-74 and, 2) adopt a revised Official Zoning Map showing all zoning and annexation changes that have taken place since the map was adopted on April 12, 2021.

More information is available for review on the Town's website at www.spencernc.gov or you can see a copy at Town Hall. Contact Steve Blount at 704-633-2231. Ext 28 with any questions. Public comments may also be submitted in writing or by email to the Town Clerk at award@spencernc.gov .

Harris confronts Democratic divisions over Gaza war in convention speech

WASHINGTON (AP) — With anger over the war in Gaza simmering, Vice President Kamala Harris tried to defuse one of the most divisive issues within the Democratic Party on the biggest political stage of her life.

Her remarks Thursday night in her speech accepting the party's presidential nomination hewed closely to previous statements on the conflict, which began when Hamas attacked Israel on Oct. 7.

Harris said she "will always stand" deal that would also release hostages on the needs of Palestinians.

up for Israel's right to defend itself held by Hamas in Gaza, a step toward and I will always ensure Israel has the ability to defend itself." She's opposed restrictions on arms sales to Israel.

Then Harris pivoted to the destruction that Israel has caused in Gaza, where 40,000 Palestinians have been killed.

"So many innocent lives lost," she said. "Desperate, hungry people fleeing for safety, over and over again. The scale of suffering is heartbreak-

ing." Harris said she was working with President Joe Biden on a cease-fire

helping Palestinians "realize their right to dignity, security, freedom, and self-determination."

Such a deal has been elusive despite pressure from the White House. Biden and Harris spoke with Israeli Prime Minister Benjamin Netanyahu on Wednesday, while the Democratic National Convention was underway.

Harris addressed the conflict in a similar way last month after meeting with Netanyahu in Washington, offering no concrete changes from Biden's strong support of Israel but increasing the rhetorical emphasis

Election Insight

Voter registration drives

By Sharon Main For the Salisbury Post

Have you ever been approached at a festival or county fair by someone that wants to register you to vote? Most likely that person was conducting or assisting with a voter registration drive.

Registration drives play an important role in reaching the eligible citizens of Rowan County that may not be registered to vote. Typically, an organization or person will come to the board of elections office and request voter registration forms. They sign a log stating their name, organization they are with and how many forms they are receiving.

Organizers play a vital role in helping people register to vote. However, they must follow North Carolina law. They should only register citizens that are eligible to vote.

Eligible citizens registering to vote must:

- **United States**
- registration and have resided there for at least 30 days prior to an election
- Be 18 years old or be 18 at the time of the general election or be 16 or 17 years old to pre-register to vote
- Not be serving a felony sentence, including any period of probation, post release supervision or parole

When you complete a voter registration form at a registration drive you will need to supply certain personal information. The voter is required to complete the following fields:

- Citizenship
- Age
- Full name • Date of birth
- N.C. driver's license number or the last four digits of social security number (if they lack both numbers, they must check a box on the form confirm-
- and mailing address, if confirming they are now a applicable)
- Voter's signature the voter must sign or make their mark.

If you are approached by someone offering to register you to vote, you should ask what organization they are with so you can determine if you are comfortable giving your personal information to them. You should not feel pressured to complete a registration form if you do not wish to do so. If you are already registered, you do not need to complete anoth-

er registration form. Registration drive organizers must protect the forms in their custody. By law organizers have certain things they cannot do.

• They cannot compensate or be compensated for the number of registration forms collected/submitted.

Quota systems in voter registration drives are illegal and subject to a class 2 misdemeanor.

- They cannot tell voters they must re-register to vote. This is incorrect. They should refer voters to the Rowan County Board of Elections if they have questions about their voting status or eligibility.
- They cannot alter the form once the voter has finished marking it. Any incomplete form should be given to the county board of elections as is. The county board will reach out to the voter to get any additional information required to process the registration form.
- Any assistance filling out the form must be in the voter's presence and must be at the voter's request. However, the voter must sign the registration form.
- They cannot coerce a person into marking a party affiliation other than what the voter desires.
- They cannot sell or at-• Be a citizen of the tempt to sell a completed voter registration form or • Live in the county of condition its delivery upon
 - They cannot keep, retain or store completed or partially completed voter registration forms in any form for any purpose. It is illegal to retain a voter's Personal Identifiable Information (PII) unless you are an election official.

All voter registration forms, both complete and incomplete, must be sent to the county board of elections in which the voter resides. Unused forms are to be returned if they are no longer needed. Completed voter registration forms are to be submitted within five business days of receipt but no later than the 25th day before an election. For the upcoming 2024 General Election that deadline is Oct. 11.

Once forms are received, they are processed, and the voter will receive a voter reg-• Address (a physical istration card in the mail registered voter. Registration drives play a key role in reaching those voters, completing the forms and adding them to the voter

> Currently, the Rowan County Board of Elections does not conduct voter registration drives. The office does supply forms and resources. If you would like to host a drive, you can come by the office located at 1935 Jake Alexander Blvd. W., Salisbury, Monday through Friday from 8 a.m. to 5 p.m. and we will get you started in the right direction. More information can be found at https://www.ncsbe.gov/ registering/hosting-voter-registration-drives

Sharon Main is the Rowan County elections

Texas, other GOPled states sue over program to give immigrant spouses of US citizens legal status

(AP) — Sixteen Republican-led states are suing to end a federal program that could potentially give nearly half a million immigrants without legal status who are married to U.S. citizens a path to cit-

Friday to halt the program launched by President Joe Biden in June, saying in court filings that the administration bypassed Congress to create a pathway to citizenship for "blatant political purposes."

"This action incentivizes illegal immigration and will irreparably harm the Plaintiff states," the suit filed in federal court in Tyler, Texas, says.

Under the policy, which started taking applications Monday, many spouses without legal status can apply for something called "parole in place," offering permission to stay in the U.S., apply for a green card and eventually get on a path to citizenship.

But the program has The coalition filed suit been particularly contentious in an election year where immigration is one of the biggest issues, with many Republicans attacking the policy and contending it is essentially a form of amnesty for people who broke the law.

Obituaries

Robert Lee Bare LANDIS - Robert Lee Bare, 89, of Landis, passed away peacefully on Wednesday, August 21, 2024 at his home.



The family will receive friends at Whitley's Funeral Home from 5:00 to 7:00 PM Sunday, August 25. Private cremation services will take place following the gathering of family and

friends. In lieu of flowers, the family request donations be made in Robert's name to Food Pantry at Charity Baptist Church.

Robert was born December 27, 1934, in Beckley WV, a son of the late Eugene and Pearl McGrady Bare. In addition to his parents, Robert was also preceded in death by his daughter, Kimberly Bare Parnell, his

grandson, Shawn Parnell, his sister, Ruby Bare Jones (Doc), his brothers, Earnest Bare (Iva Jean), and Carl Bare.

He is survived by his daughters, Meredith Bare Smith (Jarrod), Sherre Bare Brogdon (Bob), and his son, John Jeffery Bare, his brother, Paul Bare(Sarah) of China Grove and his sister in law, Fann Bare. He is also survived by six grandchildren: Stella Drew Smith, Nora Mason Smith, Lauren McKnight (Jimmy), Christopher Brogdon (Leigh), Jason Parnell (Allison), and Logan Parnell; 7 great-grandchildren and 14 beloved nephews and nieces. Robert was a longtime area resident and member of Black-

welder Baptist Church. He was the owner of Robert Bare Associates and B&M Storage, which he operated for 34 years. Robert dedicated 70 years to his work and always put his family first. His passion was trucking and over the years he owned several companies. He cherished trips to South Carolina and spent Saturday mornings searching for the perfect piece of fruit, especially peaches. He enjoyed having a well-tailored suit and a perfectly detailed car. Generous and devoted, he enjoyed giving back to his loved ones and would go out of his way to help others. In his leisure time he enjoyed gardening and was a proud Republican.

Online condolences may be left at whitleysfuneralhome.com.

Kristina Lee Sweny

DEER PARK, TX - Kristina "Krissy" Harkey Sweny, aged 46, of Deer Park, Texas, passed away on August 16, 2024, in Houston, Texas. Born on September 1, 1977, in Salisbury, NC, she was the cherished daughter



of the late Edward (Eddie) Lee Harkey and Wanda Burton Harkey, and the beloved wife of Jeffrey Sweny. Krissy's zest for life was ev-

ident in her love for the beach, sea turtles, traveling with her family, and the simple joy of hanging out with her neighbors. A devoted mother, her greatest pride were her children, Logan and Mackenzie, with whom she shared many cherished moments. She is survived by her hus-

band, Jeffrey; children, Logan and Mackenzie; sister, Stacy (and Jason) Kepley; brother, Jeff (and Wendy) Harkey; nieces and nephews, Jordan Harkey, Hunter Harkey, Alex (and Joe) Hampton, Megan Kepley, and Jason Kepley, Jr. She was preceded in death by her father, mother, father-in-law, Michael Dean Sweny, Grandparents, Sadie Elizabeth and J.W. Burton, and nephew, Jameson Lee Harkey.

A private memorial service will be held on the beach in

Galveston on Thursday, August 22, 2024, reflecting her love for the sea. In lieu of flowers, contributions may be made to the Turtle Island Restoration Project (https://seaturtles.org/), Sea Turtle Conservancy (https://conserveturtles.org/), or the American Cancer Society (https://www.cancer.org/). These causes mirror the values Krissy held dear, advocating for marine life and cancer research.

Kathleen Elizabeth Beatley

SALISBURY - Kathleen Elizabeth Beatley, 76, of Salisbury, NC passed away Wednesday, August 21, 2024 at Transitional Health Services in Kannapolis, NC.



She was born November 10,1947 in Revere, MA to the late Robert Edward Platt and Marie Fitzpatrick Platt.

In addition to her parents, Kathleen was preceded in death by her husband, George Beatley, her son, Richard Beatley, and her sister, Arlene Corriveau.

Kathleen is survived by her son, James Beatley (Barbara) of Salisbury, NC and daughter, Dawn-Marie Warner (David) of Fuquay-Varina, NC; grandchildren, William Beatley of Cumberland, MD, James Beatley, Jr.,

Randall and Jeremy Beatley of Salisbury, NC, Tiffany Warner of Wilmington, NC, Seth Warner of Fuquay-Varina, NC, Taz Beatley of Adamsville, AL, Alayna Beatley of Jasper, AL and Isabella Glass (Stephen) of Decatur, AL.; great grandchildren Rosalie Glass of Decatur, AL, Jade Beatley and Alexander Beatley of Adamsville, AL.

There will be a small viewing for immediate family only. In lieu of flowers, memorials may be made to the Sacred Heart Catholic Church in Salisbury, NC.

Carolina Cremation is assisting the Beatley family. Online condolences may be made at www.carolinacremation.com.

Rebecca Cook Beaver

ROCKWELL - Rebecca Cook Beaver, 92 went to be with her Lord and Savior on August 17th, 2024. She was born on January 1st, 1933 in Rowan County to the late Blanche Bar-



rier and Fred A Cook. She was preceded in death by her beloved husband Bobby D Beaver, sister Tina Van Zandt and brothers Fred Cook and Dick Cook. Due to the early death of her

mother, she was raised at Nazareth Children's Home and was a graduate of Rockwell High School. She worked as a teller at Security Bank and later was the book keeper for the family business, Beaver Machine Shop. She was a born again Christian and had an extremely strong faith. Becky is survived by son Brad

Beaver and wife Melonie, grandchildren Addison and Alex and his wife Katie, nephews Jay and Mike Dulap and their families. Her life long friend Sue Misenheimer was like a sister

In lieu of flowers, please send memorials to Bethel Baptist Church in Rockwell. Services will be held at Bethel Baptist on August 31st at

2:00 pm. Visitation with the family will follow the service.

Mon.-Fri. 8:00-5:00 p.m. | (704) 797-7682

Thomas Hartsell Clanton

CLEVELAND - Thomas Hartsell Clanton, 78, of Cleveland, NC passed away on Thursday, August 22, 2024 at Iredell



Born May 12, 1946 in Iredell County, he was the son of the late Elizabeth Hartsell and John Henry Clanton.

Mr. Clanton attended Mt. Ulla School and served in the US Army for 4 years. Mr. Clanton worked for Fiber Industries as a KCP operator until retirement. He was a member of Landmark Church and enjoyed fishing, tractors and working in the yard.

Mr. Clanton is preceded in death by his daughter, Deborah Gail Clanton and brothers, Johnny Clanton, Jimmy Clanton and Billy

Clanton. Those left to cherish his memory are his wife, Iris Clay Clanton; son, Eddie Clanton (Teresa Johnson); daughters, Savannah Hooper and Lisa Hooper Pickett; son, Jamie

granddaughter, Katelyn Bassinger. Memorial service will be held at 1PM Monday, August 26, 2024 in the Summersett Memorial Chapel with Pastor Mike Robinson officiating.

Hooper; 10 grandchildren; 11 great-grandchildren and special

Summersett Funeral Home is serving the Clanton family. Online condolences may be made at summersettfuneralhome.com.

Michele Susan 'Chele' (Lottes) Tolbert

NEW PORT RICHEY, FL-Michele Susan "Chele" (Lottes) Tolbert, 53, died on August 21, 2024, at her home in New Port



She was born in Omaha, Nebraska, on October 22, 1970, to Ronald Lee Lottes and Susan Maxine (Eaton) Lottes.

Michele is survived by her two daughters, Taylor Michele Woods of Sedona, Arizona, and Dr. Ashley Nicole Woods of Toronto, Ontario, Canada; her son-in-law, Dr. Sydney Swartz; of Toronto, Ontario, Canada; her father, Ronald Lee Lottes of The Villages, Florida; her twin brother, Michael William Lottes of Lady Lake, Florida; her brother, Kevin Reid Lottes of Naples,

Florida; her best friend, Tonya Clark of New Port Richey, Florida; and her beloved cats, Barbara and Sushi. She was preceded in death by her mother, Susan Maxine

Lottes, and by her two twin sisters, Christine and Angela

Ms. Lottes was a 1989 graduate of South Mecklenburg High School in Charlotte, North Carolina. She studied at the University of North Carolina at Greensboro and worked in the healthcare industry as a longtime resident of Salisbury, North Carolina. Michele was a loving and dedicated daughter, sister, aunt, friend and (most importantly) mother. It was apparent to all who knew her that she experienced her greatest joys and took her greatest pride in raising both of her daughters into strong, independent, educated and compassionate women to whom, when they were young, 'Chele would often softly sing 'You are My Sunshine". Like her mother, Michele also was a kindhearted lover of nature and animals and frequently adopted and cared for countless stray or injured pets. Michele loved music, food trucks and going to festivals. She had a radiant smile, a wry sense of humor and an infectious laugh.

Michele will be deeply missed.

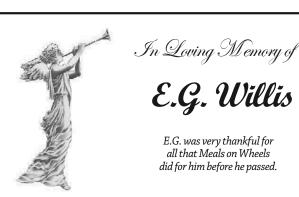
Memorial contributions in lieu of flowers may be made to The Runaways Animal Rescue, 8020 Washington Street, Port Richey, Florida 34668.

Obituary Deadlines

Salisbury Post publishes obituaries Tu, Th and Su. Deadline M-F 9 a.m.-4 p.m.

Charles Lee White, Sr.

SALISBURY - Charles Lee White, Sr., 95, passed on Friday, August 23, 2024.



In his honor, please send donations to:

Meals on Wheels Rowan 720 Grove St, Salisbury NC 28144







913 W Main Street , PO Box 248 , Rockwell NC 28138



PowlesFuneralHome.com

OPINION

Salisbury

"The truth shall make you free"

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Find us at salisburypost.com, where we update news as it happens. The Post also provides updates about local news as it happens on Facebook and Twitter. Find us on Instagram and Linkedln, too.

Letters to the editor and opinion columns

The Salisbury Post welcomes letters to the editor and submitted columns. Each letter should be limited to 300 words. Submitted columns should be 700 words or less and concern local or state news items. Both should include the writer's name, address and phone number. The Post also asks that submitted columns include a photo of the author to run in print.

Email is strongly preferred for submissions. Submit letters and columns via letters@salisburypost.com.

Letters and columns may be edited for clarity and length. Limit one each 14 days.

Submitted columns and letters are the sole opinion of the author.

Submit news

The Post welcomes submissions of an articles, news tips or story ideas about events, trends or other things of interest in Salisbury and Rowan County, the newspaper's primary coverage area. To submit a story or tip, contact a reporter or editor listed above or email news@salisburypost.com. Please include contact information in the email in case there are any questions or if the Post needs additional information.

Photos can also be submitted by providing information about who or what is pictured in the image and the name of the person to credit by emailing news@ salisburypost.com.

Obituaries

Obituaries must be submitted through a funeral home or cremation service to be published. The obituary desk is staffed Monday through Friday from 9 a.m. to 4 p.m. Obituaries must be received Friday for publication in Sunday's newspaper. Call 704-797-7682 for more information.



To a man afraid, everything rustles.

My favorite ride

e've been sitting in the office today talking about roads and cars and driving, and it hit me — we need to talk about our favorite cars.

Because we all, or almost all, have one, even if we've never owned it.

My all-time favorite car isn't one that's made anymore, it's a Mercedes 350SL convertible. A college friend had one that I absolutely loved, and she was kind, or fooligh enough to let me determine the converse of the conve

ish, enough to let me drive it from time to time. It hugged the road beautifully, handled like a dream, and was way out of my price range.

Over the years, I have seen them, both restored and, sadly, falling apart, and my heart still beats a little faster. That short nose, sleek build and what I know it's capable of are all still exhilarating.

My very first car was not fancy or exciting or new, but I loved it. It was almost as old as me. I was born in 1964, and that car was born in 1968. She was a "desert beige" Buick Skylark, with bucket seats up front and black interior. Her steering wheel was big and the gears were still on the column and I loved her. She was heavy metal at a time when zippy little fiberglass cars were becoming the rage, and I was in heaven. She was heavy where they were light, but she would move. And the one time I was rear-ended by a tractor trailer at the end of a highway exit, all she got was a dent in the fender and all I got was a mild headache. She protected me and that protected my parents from worry. She had manual windows and locks, a floor button for high beam headlights, and a push-button AM/FM radio (that was the upgraded model).

My second car, that I loved every bit as much, was a brand new 1986 slate blue Honda Prelude with a

sunroof and spoiler on the back. It was a graduation present from my parents and me, to me, when I got my degree from Wake Forest, and I just about broke

my face smiling the day it arrived.

I had taught myself how to drive a standard years before, screeching through several traffic lights on country roads and rolling down a few hills before I got the hand of the balance between clutch and

gas, but once I got it, I never looked back. I craved the control of manual transmission. And that Prelude and I traveled to and through Connecticut together, through jobs and a first marriage and the birth of two children, before she was finally put to pasture in exchange for a four-door Honda Accord.

As a mom, I went through quite a few years of cars that were meant for families with our six kids, and not intended to make hearts race, win races or handle curves. They were designed to carry kids and gear to soccer games, musical performances, wrestling matches, baseball and lacrosse games and on camping trips. And that was just fine, because the budget was focused on other things.

But.
Once we reached a point
where I could have my
choice again, I didn't end up
with that Mercedes, but I did
end up with the car I'd wanted from the day my dad first
showed me an Army surplus

Jeep.
I thought it was the coolest, toughest, most rugged machine I'd ever seen, and I wanted one. No surplus Jeeps were available, but a Wrangler was, and the minute I stepped on the running board, hauled myself in and buckled up, I was hooked.

I've had four Wranglers over the years, with one Renegade thrown in the mix, and I know it is the car that matches who I am. She can go anywhere, get in and out of anything, is steady and strong and in the warm months, she and I let the wind blow through by taking windows out, putting the soft top down and even at times taking the doors off. She's top heavy, so I can't throw her around corners, and she won't win a drag race (though she can move when I need her to). But every Jeep I've had has had a name, and a personality and I have adored them.

Letters and columns are the sole opinion of the writer. Publication is not approval or agreement.

Lexi, my current pal, is sitting out in the parking lot here at the Post right now and I know she's waiting for me to hop in for our next ride, wherever that may be. The Jeep Wrangler matches my curious, adventurous spirit and happy nature, and I know, after all these years, that it's the car meant for me.

The hubs drives a Mini Cooper S, the car of his dreams, and it's very different than my Jeep, but it suits his personality to a T. He zooms around, at times maneuvering like Steve McQueen on the racetrack and at others tackling terrain like he's in the movie "The Italian Job." Always grinning. After driving a police cruiser for so many years, I know he loves his Mini.

I likely will never have one of those 350SLs in my garage, but my Wrangler is in truth the car of my heart. To open her up, turn up some favorite music and let the stress of the day blow off my shoulders with the wind is a gift that I don't take for granted.

How about you? What car makes your heart flutter? Maybe for you it's actually a motorcycle or even a bicycle, that's just as good. It's lovely to dream about driving a vehicle that sings to us, even if it never comes to fruition. We all need to rev our dream engine once in a while.

Elisabeth Strillacci covers crime, courts, Spencer, East Spencer and Kannapolis for the Salisbury Post.

Party of one?

By Erica Vedeikis

In these turbulent times, I have been doing some research as to why we have multiple parties in government. Shouldn't everyone's goals be the same — to create a better world? What isn't there just a single-party system? Or why shouldn't everything just be non-partisan?

I believe our Founding Fathers figured out quickly that while our goals may ultimately be the same, there are multiple ways to get there. For example, the original U.S. parties — the Federalists and Anti-Federalists — fought against each other as to whether we should have a strong central government to stabilize the economy and maintain order or more focus on states' rights with the fear that a powerful central government could infringe on individual liberties. They fought with each other, never with violence, but with discourse. If you can remember back to high school, you can remember the time of the Federalist papers. The Federalist Papers were a series of 85 essays written by Alexander Hamilton, James Madison and John Jay. They were published between 1787 and 1788 to promote ratification of the U.S. Constitution and explain its principles, advocating for a strong central government and a balanced system of checks and balances. With this discourse and debates, our original Americans were given open, honest lines of communication and when the U.S. arose with a solid Constitution, we had both a strong central government that regulated interstate commerce, conducting foreign affairs and maintaining national defense. This gave the states the power to regulate intrastate matters including education and local law enforcement. But that did not end partisan politics. Partisan politics means we have the means for deeper debates and discourse in determining how our country and states are governed. If we were left with a non-partisan world, there would be thousands of opinions and rarely would the good ones win out.

Fast forward to our current situation. Look to your neighbor on your left. Look to your neighbor on your right. Do you honestly think you are that different in what you believe? You agree about 75 percent of the same things. You want good schools. You want safe neighborhoods. You want good jobs. You want a better life for the next generation. Just like our founders, we want the same things. We just don't agree on how to get there. If there was only one party, there would be only one solution and many people would become disenfranchised and disinterested in a better world. Why should we care if our opinions are never taken into consideration? This sounds more like tyranny than freedom. Our current system allows us the ability to use our votes to elect officials to represent us (remember, this is a constitutional republic, not a true democracy) that align with our beliefs and thought processes. It allows us some control over how our lives are run. And when someone questions why partisan government and why not non-partisan government, think about a group of kids on a playground that have been given a ball. How many different ways can that ball be used? Basketball, dodgeball, toss, kickball, baseball, football, hot potato and so many more. Imagine the stubbornness of a kid. Don't we even have idioms such as "take my ball and go home" when someone doesn't get their way?

Isn't it better to have some organization with just a few options that can be voted on and a majority rules? This is a ball best for kickball or dodgeball. Which do you want to play? To me, that just makes common sense.

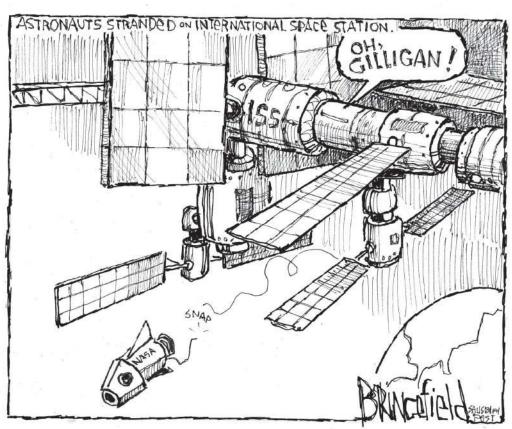
For these reasons, our system is designed to have primaries and caucuses before a general election. Each party puts forth all the candidates that are interested in being your leadership.

You, as the citizen, have the ability to pick the one that best represents you to run in the general election. And, if your candidate is not the chosen candidate to run in the general election, you are not mandated to vote for that candidate and every other party candidate on that ticket.

Because just like you and your neighbors, not everyone in the same party agree exactly on the path to get to where we want to go.

Realize you have something a large majority of this world does not have. You have the freedom to think for yourself. You have the freedom to do actual research on candidates and their stances. You the have the freedom to ignore propaganda and dig into the actual truth. You then have the freedom to walk into a voting location, get your ballot, and in the privacy of your own ballot booth, choose the people you want representing you and your beliefs. You have the freedom to disagree with your neighbors. You have the freedom to disagree with your representation. Your disagreements are also protected by both a federal and state constitution. You just do not have the freedom to make these disagreements physical or violent. As long as you have a voice, in this country, violence is never the answer. But, as Benjamin Franklin put it, you have a Republic, as long as you can keep it.

Mook's Place/Mark Brincefield



Meeting people where they are, as they are

By Kim Porter

Dear Neighbor,
Somewhere back yonder,
I was reminded that I need
to consider "meeting people
where they are, as they are."
It seemed like an appropriate thing to do. How could I
not follow that suggestion?
In fact, I probably thought I
already did that. Well, again
I bought into the phrase, the
concept, the thought, the
possibility, but was having a

hard time carrying it out.
Think with me for a
minute. When you meet



someone, it usually happens with your eyes first. You have this vision, this visual contact. Someone is handsome, attractive, enticing, somewhat unusual, scary,

tall/short, tan, black/brown/
white, awkward, old/young,
wears an earring, wears
no makeup, bearded, tired,
flashy, immobile, etc. It is
called a first impression.
And it is hard to forget that
moment. If what I said is
true, I am already biased.
My eyes have told me something. But is that fair to others? Have I met them where
they are or have I judged
them by my present experience?

Now let's add to meet-

See **Porter**, 9A

Downtowns change, like it or not

our years ago, communities in North Carolina and beyond were reeling from the **COVID-induced Great** Suppression. After spiking into double digits in April 2020, the state's headline jobless rate was still a painful 7.3 percent by August, with some 376,000 fewer North Carolinians employed

the pandemic. Cen-Hood tral business districts of Raleigh, Charlotte, Greensboro and other cities were hardest hit as - thanks to a combination of government edicts and fear - workers, shoppers and visitors

John

than on the eve of

Subsequent years brought much recovery. But uptown Charlotte and downtowns in the Triangle, the Triad and our other urban areas aren't back

staved home in droves.

to "normal." Office spaces remain underpopulated, as do stores, restaurants and other businesses reliant on spending by workers and visitors.

Some blame the persistence of work-

from-home arrangements struck during COVID. Others blame crime and public disorder, or at least a public perception that urban cores are unsafe. Still others, more hopeful, argue that the growing pres-

ence of residents in downtown apartments, condos and townhouses will power an urban renaissance — albeit with a lag time that hasn't yet elapsed.

Each of these explanations has merit. They don't convey the full picture, however. The truth is that the traditional hub-andspoke pattern of urban development — a single,

centers, entertainment venues, high-end retail and service industries surrounded by residential suburbs and exurbs was declining in relative significance before 2020. The pandemic merely accelerated trends that were already underway.

The pejorative word for this process is sprawl. A better word is dispersal.

That is to say, our metropolitan areas still feature clumps of offices, stores, restaurants and entertainment venues surrounded by residential developments. There's just more of those clumps, dispersed more widely within our fastest-growing regions.

In my own case, I worked in downtown Raleigh for many years. About a decade ago, I took a new job in North Hills. In both cases, I commuted in from elsewhere.

dense core of employment In both cases, my office was close to many urban amenities. What changed were the options available to me, and the length and route of my commute.

> Joe Kotkin, a professor of urban studies at Chapman University, observes that the share of jobs in central business districts has been declining for many decades. Even by the turn of the 21st century, downtowns accounted for only 7 percent of metropolitan employment. The ratio has continued to fall. Now that changes in technology, management and culture allow more professionals to work from home at least part of each week, the odds of slowing or reversing this trend are approximately zero.

In a recent New Atlantis essay, Kotkin writes that "downtowns don't matter." I wouldn't go quite that far. Some North

Carolinians, natives and newcomers, do prefer a truly urban lifestyle. Our cities ought to respond accordingly, lifting zoning and building requirements so the private sector can serve their needs. And downtowns are home to many venues and attractions, built with public and private dollars, that North Carolinians will continue to patronize for many years to come.

Still, it's time for policymakers to accept reality as it is, not as they might wish it to be. No matter how many transit projects they complete, or arenas they build or growth controls they impose, the vast majority of the population aren't going to live, work or play in downtowns. Nor will the vast majority travel significant distances by means other than automo-

And, no, generational

change isn't the answer. Surveys show young people's preferences aren't all that different from their parents or grandparents.

To accept this reality isn't defeatism. Indeed, it's more than just pragmatism. Dispersal actually has many benefits including environmental ones. As I've long argued, if your goal is to reduce emissions of greenhouse gases or pollutants, getting people to work more from home is far more effective than trying to get them into buses or trains. And even for commuters, dispersing employment centers can shorten their trips if done skillfully.

John Hood is a John Locke Foundation board member. His latest books, Mountain Folk and Forest Folk, combine epic fantasy with early American history (FolkloreCycle.



Letters to the editor

Above and beyond

We are from Davie County, Mocksville, and we went to Southeast Middle School on Thursday night (Aug. 15) to see our great-grandson, Brison Bragg, who plays football for West Rowan Middle School.

We had never been there before until that night. We saw an officer at the front of the school, so we asked her where we could park our truck.

Officer E. Shepard, who is an SRO at the school, told us to follow her in her car and she would show us. I told her we couldn't walk very far because of our age. We had our roller chairs in the back of our truck to walk with.

Officer Shepard went above and beyond helping us to park and also to find

a place to put our chairs.

But that isn't all she did for us. She checked on us several times during the game. She asked if we wanted a drink. We said, "No," because we knew we could not walk to get them.

I looked up and here she came with two drinks and popcorn also. I tried to pay her but she would not take anything. We thanked her for them. When the games were

over, she was also there to help us to our truck. She will never know how much we appreciated all she did for us.

I wanted to let everyone in Rowan County know what wonderful officers you have, especially E. Shepard.

May God bless you.

 Bill and Marie Gatton Mocksville

historian,

classically

trained ten-

or, and one-

time actor

himself who

will enter-

English Speaking Union announces upcoming program schedule for 2024-25 year

Submitted

The Salisbury chapter of the English-Speaking from both inside and out. Union has seven blockbust- Nance spent 20 years in called "The Lincoln of its 2024-25 season. Start- in naval cryptology, has ing September 19, 2024 testified before Congress, through April 17, 2025, topics will cover the gamut including world affairs, politics, literature, arts, history, the Notre-Dame cathedral restoration, and music. Membership dues have increased proportionate to what national headquarters is now extracting, but our new policv allows non-members to attend our programs for a slightly higher dinner fee than members. Hope to see you there!

Sept. 19: **Malcolm Nance**

Malcolm



Nance is an international counter-terrorism, intelligence and

who will share his vast cal observer.

knowledge about the very real threats to American and Western democracy er programs scheduled for the U.S. Navy specializing authored several books, lectures widely and regularly appears on multiple media outlets.

Oct. 17: Dr. Michael Bitzer

Dr. Michael Bitzer is always our cherished "goto" analyst on all things political and is ready to share his

expertise

about what

our political

landscape

looks like

as we ap-

proach one

of our more

contentious



national elections. Dr. Bitzer has been a Catawba College professor for more than two decades, currently chairs its poliforeign pol-tics department and is a icy expert much sought-after politi-

Nov. 21: Dr. David **Nordloh**

Mark Twain has been



Nordloh

transforma- Melton tive figure he carved as a storyteller. Retired Indiana University English professor

our Litera-

emeritus Dr. David Nordloh will share the breadth and depths of this elemental American personality highlighting Twain's powerful language skills in revealing the human condition, especially in his classic book "Adventures of Huckleberry Finn."

Jan. 23, 2025: **Eric Melton**

Eric Melton is a caricature artist - no, NOT a cartoonist. What's the difference? Learn how this local award-winning phenom from Concord developed his signature style starting in kindergarten. And you could walk away



ture" for the

on the spot!

Feb. 20, 2025: Tim Allen and Steve Miller

terpieces!

We'll draw

the names

of several

and Eric will

routes, but

did you know that

thousands

of slaves

escaped on

You surely know about the Underground Railroad's land



Allen



Railroad? Co-authors Tim Allen and Steve Miller have amazing stories to tell

with one tion systems, who helped of his mas- them, and where they end-

March 20, 2025:

Michel Picaud, one of sketch you the most preeminent experts on the restoration of the Notre Dame cathedral, will regale us on the painstaking efforts to bring this world-renowned



life from a devastating fire five years ago to its joyous reopening in December. Picaud heads the

gem back to

leading international fundraising organization for Notre Dame and has witnessed every step of the process.

April 17, 2025: Steve Friedman

We end our season on a high note — literally! Steve Friedman is an about how slaves did it, internationally recogtheir unique communica- nized Broadway Musical



Friedman

tain us with a peek inside the Golden Age of Musical Theater of the '50s and '60s. We'll hear behindthe-scenes back stories and plenty of our favorite

songs! Annual membership dues: \$70/single or \$125/ couple. To join or learn more, go to: https://www.

esuus.org/salisbury • Member Dinner Program fee: \$50 per person

• Non-Member Dinner Program fee: \$70 per per-

• Location: Country Club of Salisbury

• Time: 6:30 p.m. cocktails, 7 p.m. dinner, 8 p.m. presentation

For dinner reservations, contact President Gerry Wood:

Email: gerry@oldyork-

Mail: 531 Muirfield Way, Salisbury, NC 28144 Phone: 704-213-6008

Porter

Continued from 8A

are," this phrase: "as they are." When meeting someone that can seem provocative, political, nosey, kind-hearted, generous, loving, spirited, concerned, sensitive, overbearing, prejudice, etc. Does meeting them "where they are" change your view of them? Do you think twice about them? Or do we back off, stay away, minimize contact or just plain cut them off?

Have you become good neighbors, only to find he

is a Democrat. Are you good neighbors anymore? Or you sit by a family at church every Sunday, your kids play together, only to find out their child is gay. Do you discourage your child from playing with their child? Or what do I do when a woman is strong, independent, out-

Should I prejudice myself and say I cannot believe she doesn't know her place?

My point is simple. Just because I see someone wearing a Pride T-shirt doesn't mean I may not like him. Or what about

the man who sat next to me at a local restaurant with a "Make America Great Again" hat? Should I think he hasn't considered character in his political decision? And if my relative is an evangelical Christian, should I count him out?

And then there is the inevitable — a Black man with dreadlocks — does he make me afraid? I don't know about you, but my first thought is usually shallow, judgmental and not very comforting.

Then my mature, critical thinking, thoughtful Kim Porter kicks into

gear. "Where they are" is challenging if I disagree with their choice. But if my next thought is "I do not want to be around him." or "I am going to change them," then I need to step back and see if I am really seeing someone and accepting them as they are. We may have different views, but it is not my job to change them, but to accept where they are. They have a right to their space. I may disagree, flat out dispute their views or just plain want to pass them by, not looking at them face to face. Continuing the en-

gagement, challenge their thoughts, bludgeon the biases is meeting them as they are. I still may not like them, but I provided room for engagement. My eyes may not have seen everything. Let me be honest.

Meeting someone where they are, as they are, is not easy. I come with prejudices. I have these visions and experiences that manipulate my thinking. They color my thoughts. They interfere with my presence. But, if I want someone to meet me where I am, then I must do the same. My

most important judge to those I meet and share this earth with. Working on my biases

eyes should not be the

is really more than I can handle at times. But, once I come face to face with them, I find myself growing by providing room for engagement. My eyes may not have seen everything.

"Dear Neighbor" authors are united in a belief that civility and passion can coexist. We believe curiosity and conversation make us a better community.



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What exactly is blood pressure?

esides the ab machine and flexibility machine, the blood pressure machine is one of the most-used machines at the YMCA. It is very important to keep your blood pressure in check. So, what is "nor-

This is what the American Heart Association says: Normal levels are systolic (the top number) less than 120 and diastolic (the bottom number) less than 80. Elevated is 120-129 systolic and less than 80 diastolic. High blood pressure (hypertension, stage one) is 130-139 over 80-89. High blood



Marsh

pressure, stage two is 140 or higher over 90 or higher. Hypertensive crisis is where you need to go to the doctor immediately, and that is higher than 180 and/or higher than 120.

So what are those numbers referring to? The top number (systolic) measures the pressure your blood is putting on your artery walls when the heart beats. The bottom

and lower number, diastolic, measures the pressure on your artery walls when the hearts is resting in between beats. Blood still flows of course, but without the pressure of the heartbeat. Many times, I have had to explain to people that their systolic (top number) is elevated a lot because they just came from a workout where their heart rate was elevated. If you need to check your BP (blood pressure) regularly, wait at least 30 minutes after a workout. And for accuracy, take it twice, waiting one to three minutes in between. While taking the blood pressure, sit with legs unfolded, relax, breathe deeply and don't talk while test is in process. As with all your visits, talk to your health care professional, ask why they are doing certain things and what you can do to help improve it.

The Mayo Clinic recommends the following lifestyle changes you can make to lower your blood pressure:

- Lose extra pounds and watch your waistline. The extra weight around your waistline can put you at greater risk for high blood pressure.
- Exercise regularly, preferably 150 minutes a week which is about 30 minutes a day most days of the week.
- Eat a healthy diet with whole grains, fruits, vegetables and low-fat dairy products. Check out the DASH diet (Dietary Approaches to Stop Hypertension) eating this way can lower your BP up to 11mm Hg.
- Reduce sodium in your diet. Even small reductions can improve your heart health and reduce BP.
- Limit alcohol consumption. Positive effects on BP is one drink for woman and two for men. That protective effect goes away when you drink more than that. And if you do not drink at all, don't start just because it has positives effects in moderation. There are so many other things you can do to lower BP without drinking alcohol.
- Quit smoking. Each cigarette you smoke increases your blood pressure for minutes after you finish.
- Cut back on caffeine. There is still a lot of debate on this. They do know that when people are not used to caffeine, it will raise their BP. People who regularly drink coffee

See Marsh, 5B



The Long Valley Farm millpond at Carvers Creek State Park

Unusual finds at more state parks

Editor's note: David Freeze is visiting all 42 state parks in North Carolina. Contact him at david. freeze@ctc.net.

n Sunday, Aug. 18, I headed east to get three parks about as close together as any group in the state. The first stop



David Freeze

was at Raven Rock State Park, known for a large rock facing toward the Cape Fear River. Stretching for more than a mile

and as high

as 150 feet,

the rocks were sculpted and carved out by water over millions of years. Ravens used to roost in the rocks, but no longer do. An Indian legend says that a Tuscarora Indian named Raven was captured by another tribe and confined to the high ledge, only able to survive because Indian maiden White Fawn supplied him with food. They were later

allowed to marry. The park is located clos-



The Raven Rock State Park visitor center has an extensive Indian artifact display.

est to Lillington and has 4,810 acres. The park was busy early on Sunday with lots of hikers, many of them on the same Raven Rock Loop Trail of 2.6 miles that I used. The Raven Rock site is more spectacular than I expected. Hiking trails in the park total 11 miles, most of it easy and moderate except for the long stair steps down to river level. Bridle trails total eight miles, and mountain bike trails add another 32.

Interesting fish caught in park waters include oddities like longnose gar, American eel, chub, shiner, darter and pirate perch. There are backpack and

paddle-in campsites, camper cabins and 15 campsites for tents and trailers, plus nine for RVs. There is also a first-class motion activated exhibit hall and a Native American exhibit. This is a wonderful park with lots to see and do and was one of

See Freeze, 5B

Controlling Japanese beetles

his summer, a couple of homeowners

recently called about swarms of Japanese beetles. Japanese beetles have been a thorn in gardeners' sides for many years and it seems as if they are again returning as a problem in Rowan County. These pests damage roses, crape myrtles and other flowering plants including vegetables.

These beetles have a wide

host range-feeding on

Darrell Blackwelder

over 275 different types of trees, shrubs and vegetable plants. One of the

> most recognizable insects, the Japanese beetle is oval, just under ½ inch long with a metallic green body and copper-colored wings. The insect plays dead when disturbed for a few seconds only to resume normal activity foraging

for food. Insecticides containing Sevin can be applied as a dust or a liq-

uid for immediate control,

however, Sevin-based insecticides are highly discouraged due to toxicity to pollinators, especially honeybees. Japanese beetle traps can be implemented as an alternative control method implementing a pheromone (sex attractant) luring the insect into the trap. Research has shown that Japanese beetles are attracted to bright colors, especially "John Deere" yellow. Unfortunately, these traps which are bright yellow, attract more beetles to the very plants you are trying to protect.

Homeowners can apply soil insecticides in

the spring to control the grubs. Bacillus thuringiensis (Bt) is a natural occurring bacterial insecticide that has been developed as a microbial insecticide for controlling grubs.

Hand picking beetles is another method of control if the beetle population is not too great. Fortunately, most damaged plants recover soon after the initial invasion. Go to https:// lee.ces.ncsu.edu/2023/07/ japanese-beetles-facing-the-onslaught/ for more detailed information.

Darrell Blackwelder



Japanese beetle

lina Cooperative Extension ncsu.edu.

is the retired horticulture Service in Rowan County. agent with the North Caro- Contact him at deblackw@



Library Notes: Digital searching for history

ave you ever wondered when your house was built or who lived in it before you did? You can find this out in the comfort of said home by using the digital



Gretchen

resources provided by your library card. Rowan Public Library has great digital resources, most of which can

be used remotely if desired or onsite if a little help is needed.

The Sanborn Map Company created detailed maps illustrating streets and structures so that fire insurance companies could assess their liability in urbanized areas of the growing cities of the United States. Throughout the

19th and 20th centuries, these maps were created and updated into the 1960s ending completely by 1977. These maps show what building material was used for dwellings or commercial buildings - stone, clapboard, brick-faced or brick and the basic footprint. Sometimes the name of the owners or the building's function is printed to denote a saloon, confectionery, churches and factories. Generally, the maps contain the area considered in the city boundaries at the date it was created. However, the maps also have "specials" — buildings that were technically outside the city limits but would have had fire insurance - the cotton factory, Livingstone College or the fairgrounds for example.

Salisbury city maps begin Sanborn maps in North with the 1885 map and are updated until 1950s; Spencer city only has three specific maps 1913, 1930 and 1930-39; Kannapolis begins in 1926 and ends in 1943. Unfortunately, no other towns in Rowan had maps created by the Sanborn company.

To access this great resource, go to the Rowan Public Library website, hover over "RPL Online" and choose Digital Materials and Resources. Then choose NC LIVE, follow the link and choose Browse all databases. On the left column, scroll down to "Genealogy and Historical Maps," and scroll down to "Digital Sanborn Maps (1867-1970) for North Carolina." Although Sanborn maps exist for cities in all states, NC LIVE provides the

Carolina only. In addition to Rowan County cities, NC Live provides maps for nearby Albemarle, Lexington and vacation destinations like Blowing Rock, Boone and Asheville.

Below Digital Sanborn Maps on the web page is "Digital NC" which has a wealth of items that have been scanned and shared digitally. Many of the city directories for Salisbury/ Spencer are available on Digital NC (physical copies are available in the History Room). Look at these city directories to see who occupied specific addresses at various times. For example, in the 1907-08 city directory, the home of A.H. Boyden, Mayor was 204 Church Street which is now the location of the

some of those things are going to require you give

it all you've got. I believe

you can do it. Take God's

hand and head on through

that door, that opportuni-

at PO Box 777, Faith, NC

28041 or doug@doug-

creamer.com.

Contact Doug Creamer

ty, God has for you.

library (facing a different street). Noble & Kelsey was a few doors down at 117 East Fisher Street and houses stood where Koco Java is now. Explore the streets of the city with your RPL card. For more details about Rowan Pub-

lic Library resources, go to www.RowanPublicLibrary.org or call 980-432-8670.

Gretchen Witt is supervisor of the Edith M. Clark History Room at Rowan Public Library.

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Open doors

Doug

ow many of you struggle with left and right? It has always been a challenge for me. If you tell me to turn right, there is a reflexive action that will happen. My fingers will move to pick up an imaginary pen. I am right-handed and I will pick up the imaginary

pen with my right hand. When it comes to following directions, I am proficient. I have friends who strug-

gle to get from Creamer place to place. If I go someplace one time, I can pretty much get there again. My best friend lived out in the middle of nowhere that required many turns on twisty roads, but I was always able to find my way

Google Maps helps us find our way. If I am going someplace new, I will look at Google Maps and then bring up street view so I can see what corners and turns look like in real life. I am a very visual person and these aids can make a big difference.

Doors can pose the same challenge as directions: "Should I go through that open door?" Open doors are inviting, but they are not always inviting us through them. Many people keep their doors open on a nice, sunny day, but that does not

mean it's an invitation to enter. Doors in many ways represent choices that we have to make in life. Do we go through the door, take advantage of the opportunity, or do we walk past the door?

I think that many people believe that when God

> opens a door for us, it will mean we are heading down easy street. They believe that everything is going to work well and that there will be no problems. While I firmly be-

lieve that when God opens a door for us it is intended as a

blessing, I also believe that open doors often equate to growth opportunities. The blessing comes with challenges that will grow our faith and trust in God. An open door means that God wants to bring us into a deeper, more mature relationship with

An open door often means that God is giving us an opportunity to develop skills and abilities that He sees in us. That implies that we will have to work hard and push ourselves in order to grow into the opportunity. As we grow and improve our skills and abilities we will discover the many blessings God intended for us.

I ran a cooperative education program for most of my career. I placed students on jobs and had

a training plan for their growth and development as student workers. Maybe it is because of this background that I firmly believe that God has a training plan for us. He wants to develop our character. He wants us to know we can trust Him. He wants our faith muscles to grow strong.

Think about King David's training plan. He fought the lion and bear long before he defeated Goliath. After Samuel anointed him as king, his father sent him back to watch the sheep. He served King Saul by playing music for him. He also served Saul as a military leader long before he was in charge of the entire military. Some of David's earliest followers were thieves, thugs and the rejects of society, who he trained to become his mighty men. All of these combined to train David into a great king.

If God has opened a door for you, then I want to encourage you to be strong and courageous as you walk through that door of opportunity. This door does not lead to easy street. God is going to require you to step up into this opportunity, to grow, to mature, to build skills and hidden abilities, to overcome and to work really hard. You will have to depend on God and build those faith muscles. But I firmly believe that God has hidden some wonderful blessings for you along the way. He sees great things in your future, but

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So simple, a child can get it

elieve it or not, there was a time when the education system's goal was to mold its students into contributing members of society.

Much of the focus was on developing good moral citizens. Early primers combined proverbs and other Bible passages with fables, ancient stories, poems and songs. As a homeslook to teach virtues

Ashlie chooling mom, I still Miller

to my children. While they are not immune from being consumer-driven like many of us today, my hope and prayer is to give them a buffet of good teachings to remind them of their purpose — to glorify their Creator while also caring for others.

I recently found a used copy of the thick volume of "The Book of Virtues" by William J. Bennett while

> shopping at Goldberry Books in Concord. This particular copy came out before I completed high school (no, I won't say when that was), but as I am reading aloud from it daily, the lessons are still relevant.

Consider this lovely poem on compassion by M. Ben-

tham-Edwards: A Child's Prayer

God make my life a lit-

Wishing the world to

A tiny flame that burneth bright Wherever I may go.

God make my life a little flower, That giveth joy to all,

Content to bloom in native bower, Although its place be

God make my life a lit-

That comforteth the

That helpeth others to

be strong, See Miller, 3B

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Gone to seed at Hurley Park

s we enjoyed the cooler mornings this week, it was a clear reminder that fall is just around the corner. One of the earliest indicators of the season's change are the serviceberry trees. These trees are quick to awaken in the spring and just as prompt to shed their leaves as autumn approaches. In fact, many of

them have already lost their leaves for the year. It's one of Rattler my most hopeful signs on the humid, miserable, late-summer days. Another harbinger of fall are the weeping cherries in the Parrot Ornamental Fruit Orchard. They don't go as quietly as the serviceberries and leave the ground littered with their sign of surrender to the changing season.

The other hopeful sign for the imminent arrival of fall are the plethora of seeds and berries. If you're a birder, it also means the imminent arrival of the migratory birds passing through. Some of the most notable berries this early in the season are the different hollies and the heartsa-busting shrubs. In the sunnier areas, the berries on these shrubs are beginning to turn color. Some black-eyed Susans are still flowering, while some have gone to seed. These seeds seem to be a favorite of the American gold-

> finches that visit Hurley Park. Their cheerful chirps and bright yellow feathers are a joyful reminder of the season's tide change.

Despite the falling leaves and plants going to seed, there's still plenty

of floral beauty to enjoy. This week, I noticed the first goldenrods blooming in the Fuller Perennial Garden. The "Fireworks" cultivar, in particular, is known for its striking display. On the ground, spider lily buds are just beginning to emerge, and in a few weeks, we'll be treated to the purple and white hues of asters throughout the park.

As fall unfolds, there's much to appreciate in our local parks. Whether it's the unique seed pods or catching those late blooms, this season offers a picturesque opening to the finale of the year.

For updates about



Goldenrod 'Fireworks' first blooms

Hurley Park, follow us on Facebook or Instagram @HurleyParkNC. You can also donate to Hurley Park by visiting our website at salisburync.gov/ hurleypark. If you have any additional questions or would like to book the park for an event, please give us a call at 704-638-

Sarina Rattler is public garden manager for Salisbury Parks and Rec.



Weeping Cherries signaling that fall is on the way

Even though summer gardening is winding down, questions still come in

By Darrell Blackwelder For the Salisbury Post

ummer gardening is winding down, and it would be a natural assumption that gardening inquiries would dwindle. However, I still receive several homeowner questions at church and when I'm out with my breakfast crew despite the waning growing season. Rainy, hot weather has many scratching their heads about what to do next in their flower gardens and landscapes. Below are a few questions that you

may have pondered. Question: While weeding my shrubs and flower beds, I've encountered a few very small tree saplings that seem to reoccur each year. Is there anything I can spray on the saplings to keep them from coming up each year?

Answer: Yes, the best way to control reoccurring small saplings is to treat the stump when you prune them back with a brush killer or glyphosate (Roundup). The stumps need to be painted, full strength, immediately after cutting to allow the

herbicide to translocate to the root system.

Question: What time of vear do azaleas and other spring blooming trees and shrubs set their flowers?

Answer: Generally late July and August are the months with these shrubs set their blooms. It's important to keep them properly irrigated and avoid pruning at this time to help them develop blooms for next spring.

Question: Crabgrass has completely taken over my lawn. What's the best way to get rid of this grass before planting fescue in a few weeks?

Answer: Roundup (glyphosate products) will control this grass and other weeds. If you only have crabgrass, you have the option to use herbicide blends that contain diquat which will control the annual weed. It's cheaper and works immediately. However, if your lawn has both Bermuda and crabgrass, glyphosate is recommended. Perennial weeds require will not be controlled with diquat.

Question: Some of my

trees are dropping leaves like they do in the fall. Is there something wrong or is there anything I can do to prevent this premature leaf drop?

Answer: Not really. Certain species such as poplar, birch, prunus family (cherry, plum) drop prematurely during weather extremes such as high temperatures, windy weather or heat. It's normal and your trees should recover. However, if your trees have dropped them all summer, pay close attention to determine if they are in decline.

Darrell Blackwelder is the retired County Extension Director with horticulture responsibilities with the North Carolina Cooperative Extension Service in Rowan County.

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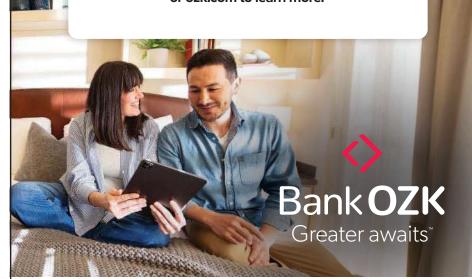
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Miller

rest.

Continued from 2B

And makes the singer glad.

God make my life a little staff, Whereon the weak may

That so what health and strength I have May serve my neigh-

bors best. God, make my life a lit-

tle hymn Of tenderness and praise;

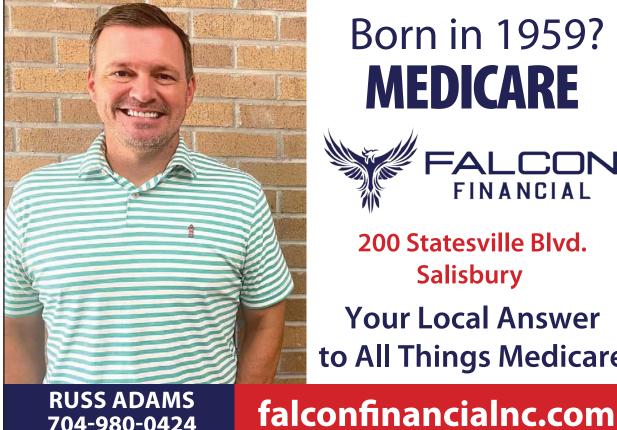
Of faith, that never waxeth dim, In all His wondrous

As we pondered this poem together, even my 9-year-old could see something deeper for us as a Christian family. Jesus is our light, and we should

be His light to others. Like a flower, He puts us in places to share His joy. When others are going through hard times, even if we are as well, we can carry a song and bring encouragement. If someone is humble enough to admit they are weak, or if we can see that they are in need, we can both provide refreshment and point them to a Sustainer (God) who can do even more than we

As you send off your little lights, flowers, songs and staffs into the school year, read them this poem to remind them to contribute more than they consume in a relationship and their community. Maybe it's a good time for those of us in the school of life to read it to ourselves as well.

Ashlie Miller homeschools four of her five children in Concord. You may contact her at mrs.ashliemiller@gmail.com.



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Taylor Swift calls cancellation of Vienna shows 'devastating' and explains her silence

LONDON (AP) — Two weeks after organizers scrubbed Taylor Swift's concerts in Vienna amid a foiled terror plot, the singer issued her first statement on the cancellations.

"Having our Vienna shows canceled was devastating," she wrote in a statement posted to Instagram on Wednesday. "The reason for the cancellations filled me with a new sense of fear, and a tremendous amount of guilt because so many people had planned on coming to those shows."

She thanked authorities "thanks to them, we were grieving concerts and not lives," she wrote — and said she waited to speak until the European leg of her Eras Tour concluded to prioritize safety.

"Let me be very clear: I am not going to speak about something publicly if I think doing so might provoke those who would want to harm the fans who come to my shows," she wrote.

In the wake of the cancellations, Swift's representatives did not respond to multiple requests for comment from The Associated Press and other news organizations and her social media pages had gone dormant.

celebration. Square-esque New Year's Eve guung places in the city, is the site of (50-Across), one of the busiest Madrid's Puerto DEL Sol square supermarket əunr uį Wrigley's gum sold at an Ohio (44-Across) was on a pack of PRODUCT CODE **JASABVINU** The first commercially scanned countryside around the city. 4µG uį anthills numerous "ants," referring 01 from a native language word for insect etymology; it's derived (33-Across), has a surprising capital, AGCGRA Chana's

23

53

6D

86

9B

120

109 110 111

69 "We're on!"

70 Type of nail polish

71 Join the cast of

72 Brief in duration

78 Stylist's creation

82 Rode on a rink

80 Sports prefix for cross

84 Urban renewal target

73 Fell gradually

74 Unadorned

77 Relax a bit

79 Part of AD

44

6 Sleek fabric

7 FAQ page details

8 African antelope

11 Join a cop in a car

12 Charitable offerings

13 ___-ray Disc

15 Lesser of two ___

16 Clothes woes

17 Stallion or stag 22 "Science Guy" of TV

24 Wrinkle-free

25 Consent to

26 Purple flower

34 Cartoon frame

39 Emphatic assent

44 Ster Trek officer

45 Greet silently

55 Cpl.'s superior

58 Full of oneself

59 Italy's Lake

66 Panini cheese

56 Had a brief break

61 Laptop from Taiwan

64 Obi-Wan Kenobi alias

62 Corporate symbol

40 Robot play

41 Suit fabric

42 Margin

33 Tooth doctors' org.

32 Station wagon descendant

37 Small dot on a world map

43 A nickname for Elizabeth

46 Go back on a promise

48 Film star from Hong Kong

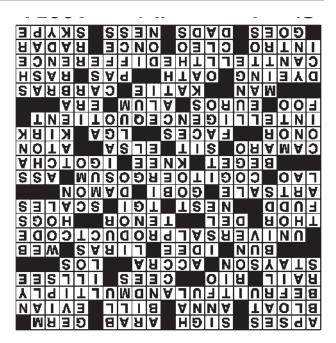
49 Nonstick cookware brand

47 Person on a pension

14 "Scram!"

9 Falstaff's royal friend

10 Civil War general Doubleday



35

65

89

100

117

122

126

103 1104

87 Cedar cousin

94 Fencing move

95 Yale student

96 "/ Dasa?"

104 Dumas dueler

97 Second-quality mose.

102 British bishop's hat

105 Bookstore amenities

106 Country singer Travis

112

125

42

The Newsday Crossword

76 "Understood"

78 Sporty Chevy

81 Occupy a chair

65 Like __ of bricks

87 Confronts boldly

91 Star Trek skipper

92 Mensa datum

98 Egg __ yung

99 Belgian cash

103 Couric of TV

100 Reunion attendee

101 Distinctive period

105 Bumper protectors

112 Solemn pledge

114 Too quick to act

109 Turning pink, perhaps

113 Faux __ (minor misstep)

115 "Seems identical to me"

121 Last Pharaoh, familiarly

120 Opening statement

122 Way back when

123 Storm tracker

124 Hits the road

125 June honorees

126 Suffix for soft

127 Rival of Zoom

1 Fri., Sat. and Sun.

2 Clothing crease

3 Bulgaria's capital

4 Pre-dawn risers

5 Alphabetic trio

DOWN

102 Hamlet's "paragon of animals"

86 _ about (roughly)

89 Hub not far from JFK

83 Disney snow queen

Edited by Stanley Newman (www.StanXwords.com) **NUMBERS GAME: Arithmetic, specifically**

75 Common place for a patch

by Guilherme Gilioli 74 Engender, in the Bible

ACROSS

- 1 Basilica sections
- 6 Sound of relief
- 10 United __ Emirates 14 Bacterium
- 18 Cause to swell
- 19 Sister of 83-Across
- 20 Invoice 21 Perrier competitor
- 23 Genesis 1 command
- 27 Train track
- 28 Sugarloaf Mountain city 29 Fair grades
- 30 "Give me time to decide"
- 31 Extends a stint
- 33 Capital of Ghana
- 35 Todos __ días (español "every day")
- 36 Frank holder
- 37 Notion: Fr.
- 38 Turkey money
- 41 Fly trap
- 44 Supermarket scan
- 49 Chris Hemsworth in Marvel films
- 50 Madrid's Puerto __ Sol square
- 51 Operatic range
- 52 Doesn't share
- 53 Bugs Bunny adversary 54 Home in a tree
- 57 Eatery __ Fridays
- 58 Inanimate zodiac symbol 60 Gallery event
- 63 Much of Mongolia
- 65 Pal of Pythias
- 67 Language related to Thai 68 Descartes quote
- 71 Balky beast

matter most.

LEO (July 23-Aug. 22). Important work will be driven by deadlines, which doesn't

feel great, but stress gets things done. This is why they call it a deadline and not an alive line, implying that the project will only go on if it's turned in by a certain time.

22). When you don't feel love, you can't seem to find it anywhere. And when you feel love, it seems to fill the entire world. The grass sings love songs to the sun; the sky and mountains embrace. That's how it is today.

23). You have an excellent sense for the motivation and intentions of others. They don't have to say much before you've already figured out their goal. Even when they think they are acting unintentionally, you know

SCORPIO (Oct. 24-Nov. 21). People talk. There's no choice you make that won't be mentioned in some way, so

make decisions you can stand behind with pride, regardless of the chatter. Own your choice and move forward with self-assuredness.

CAPRICORN (Dec. 22-Jan. 19). It's important to push yourself. Your motivation will match your intention. When your intention is to do something a little difficult, your motivation will rev up to meet the challenge.

AQUARIUS (Jan. 20-Feb. 18). Feel your way forward and you'll be lucky. Thinking your way forward is less auspicious. The 88 Criticize severely 108 _ Khan (Kipling tiger) 90 Relaxing 109 Seventh-century starter 93 Simple shelters

110 Yin's counterpart 111 "Inner" prefix

101

112 __ podrida (Spanish stew)

123

127

107 Music publishing acronym

113 Cpl.'s subordinates 116 Type of TV display

117 Slip into

118 Ending like -esque

119 What XINGs are for

Horoscopes

Last days of the retrograde

The Mercury retrograde's last days shine on our beautifully flawed attempts at life. Even when we give it our best shot, we still manage to trip over our own feet sometimes. That's exactly how it should be. Imagine the sheer duliness of a perfectly choreographed life. It's those little mishaps and blunders that teach us the dance steps to get it right. Get it wrong, learn, laugh, and celebrate the stumbles.

ARIES (March 21-April 19). Asanadeptconversationalist, you won't try to control the conversation, but rather you'll merely steer it to feelgood topics and hope for the best. You'll listen and learn, giving yourself an advantage over those who merely talk.

TAURUS (April 20-May **20).** Since there are exciting things going on for you, you cherish, and indeed require, the space to process and recuperate. You'll find peace in humble, quiet scenes and be restored in stillness and solitude.

GEMINI (May 21-June **21).** Put your worry in a box, tape it up, and get on with the business of handling the unboxed things which is everything else. Compartmentalizing a few things lets you enjoy the rest

CANCER (June 22-July 22). Love in a relationship will be your rock. You can't go wrong giving top priority to the people who bring you great joy. Stay close through the storms and the calm. In the end, it's the simple, steadfast moments that

VIRGO (Aug. 23-Sept.

LIBRA (Sept. 23-Oct. what they want.

SAGITTARIUS (Nov. 22-Dec. 21). Relationships and circumstances in opposition to your goal have come to a standstill. Lack of common interests will do that, and in this case, it's a welcome sign of progress. It's small, emotional in nature, and it couldn't happen on any other

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future never arrives, but as

long as it doesn't abandon

us completely, we still love

it. It's the hopeful presence

that keeps us dreaming and

20). Today you feel like an ordinary person doing extraordinary things, and this is far better than the reverse. It's beautiful to have a sense of belonging, humility and

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 $The {\it oldest living long leafpine tree in the world at Weymouth}$ Woods State Park. Testing shows the tree is 476 years old.

Freeze

the busiest I had seen on any early morning.

Carvers Creek State Park is one of the newest state parks, and currently it has little development. The park has 4,530 acres and is nearest Spring Lake. The entrance road is next door to Fort Liberty, formerly Fort Bragg, and the sound of large and small round firing was a constant while I was there. However, the signature item in the park is the Long Valley Farm which was the retreat of James S. Rockefeller. The 1,240-acre farm site includes a large millpond where fishing is allowed. The two trails in the park include an easy, flat walk to the farm from the park welcome center called the Rockefeller Loop Trail. The other trail is the Cypress Point Loop Trail, good for closer viewing of the large millpond which actually sits in front of the

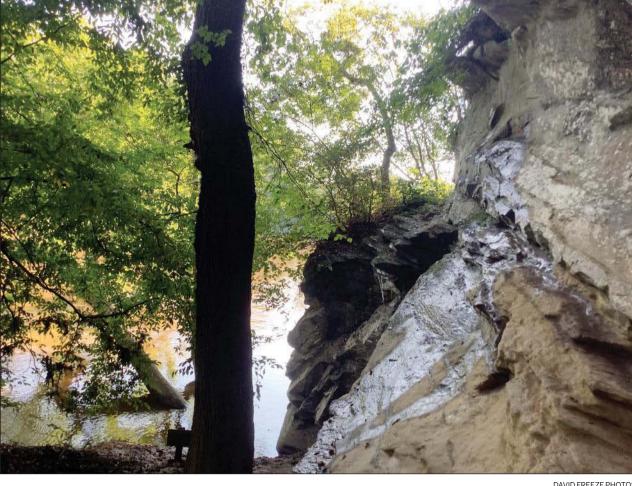
Rockefeller house. The house is fenced off pending future work, as is some of the property behind the house. A springhouse is on the property, as is another old house, a grist mill and a small shed. A sign says Long View Farm used scientific farming methods early on. The Rockefeller family purchased the farm in 1927, and the house was built in 1938. The 100-acre millpond was created around 1850. The livestock and crops supported many tenant farmers and their families. The farm was donated to the Nature Conservancy of North Carolina and then shown to all as part of Carvers Creek

State Park when opened in 2013. Plans are in place to eventually make the house the park office and meeting center. The park plans to purchase additional land and to add camping and other recreational facili-

Weymouth Woods State Park and Sandhills Nature Reserve includes 915 acres and is nearest Southern Pines. The largest part of the park, once the Wevmouth Estate, was donated to the park by the Boyd Family in 1963. The park's main focus are stands of tall longleaf pines throughout the park. Many of these trees are 250 to 400 years old.

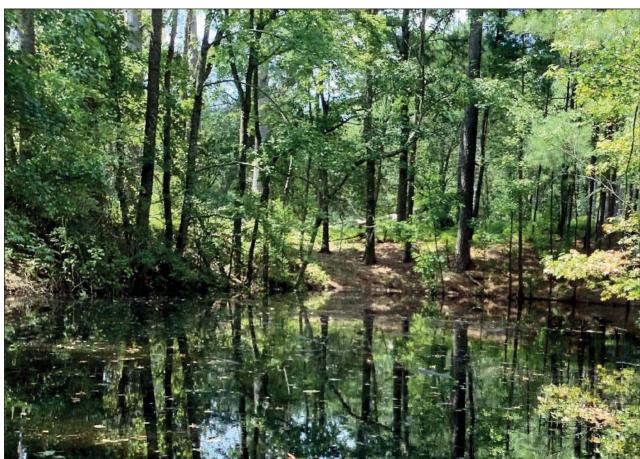
The visitor center has lots of interesting activities planned for school and family groups. Throughout the three sections of the park are eight hiking trails totaling 4.7 miles and one equestrian trail of 2.6 miles. All walking trails are rated easy.

Advertised in my guidebook and on the park map is the oldest living long leaf pine in the world. When I stopped at the visitor center. I asked about the tree and how to find it. The visitor center is in the Weymouth Woods Track of pines and walking trails. The desk attendant told me to just put the Boyd Tract in my GPS, and I did, finding Den Road as a dirt road with large homes and equestrian jumping farms. I parked in an open spot next to the Round Timber Trail. Very sandy and obviously frequented by ridden horses, I saw that the oldest tree would be on the left of the trail. I saw huge pines yet couldn't find my tree. I turned and headed back downhill to look again.



Raven Rock runs for about a quarter mile along the Cape Fear River.

DAVID FREEZE PHOTOS



A small pond, recently frequented by otters, at Carvers Creek State Park.

There was my tree. I had missed the famous tree on the way by, but this time noticed a small path had been worn to and around it. The huge tree was just as the attendant described, especially the odd-shaped base of it. The top has unusual, small and curved limbs and a strange butt that is misshapen. The tree has been tested to be 476 years old, and for many years remained in second place to a longleaf pine in Florida that reached 499 years

Now with 22 state parks complete, I will soon head for 19 more.



The Rockefeller retreat, the Long Valley Farm, is the centerpiece of Carvers Creek State

Marsh

may not experience any difference. If you have high BP and drink caffeine, check your BP within 30 minutes of drinking a caffeinated beverage. If it goes up 5 to 10 mm Hg, limiting or eliminating caffeine may be beneficial for you. Make sure to talk to your doctor about it.

- Reduce your stress. Try to find out what stresses you out and try to find ways to deal with them focusing on issues you can control. Try yoga, meditation or tai chi. They teach you to breathe deeply and relax fully.
- Monitor your blood pressure and see your doctor regularly.
- Get support. Family, friends, your local YMCA and gym can give you the emotional boost you need.

Dr. Kim Smith and I are starting a new 12-week session on Exercise is Medicine on Tuesday Sept. 3 at 5:30 p.m. It's twice a week on Tuesdays and Thursdays and will finish right before Thanksgiving. You do need a doctor's prescription to join us. More info on our website or come to our front desk, or come talk to me.

And as always, focus on kindness, respect and understanding, "just"

breathe and enjoy life.

before its death.

Ester H. Marsh is associate executive director and director of healthy living at the J.F. Hurley Family



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R•WAN CHAMB**:**R Chamber of Commerce Be an original.

ROWAN COUNTY CHAMBER OF COMMERCE

204 East Innes Street, Suite 110 Salisbury, NC 28144 704-633-4221

info@rowanchamber.com

September Power in Partnership Kick-off



The Rowan Chamber Commerce is pleased announce that Winston McGregor will kick off the Power In Partnership (PIP) season on Thurs., Sept. 19, 7:30 a.m. at Trinity Oaks (728 Klumac Road). Rowan-Salisbury Schools Carol

Hendon will provide the introduction with this "Back to School" themed program. Global Contact Services is the sponsor of the PIP.

McGregor is Chief Operating Officer (COO) of The Innovation Project. She is a community leader with a focus on public private partnerships and has served at the national, state and local level. She joined The Innovation Project in November of 2023. As COO, she manages a \$25M+ grant portfolio helping small, large, urban and rural NC school districts implement innovations to drive student success.

"The Chamber is very excited about the PIP kick-off," said Terry Osborne, Chair of the Board with the Rowan-Kannapolis ABC Board. He continued, "We want all our Chamber members to get their Power Cards now so they don't miss out on any of the PIP speakers and high level networking opportunities."

Other PIP speakers include top North Carolina elected officials and business leaders. The dates for the 2024-25 season are: Sept. 19; Oct. 17; Nov. 21; Dec. 19; Jan. 16; Feb. 20; March 20; April 17; and May 15. The Chamber's popular Power Card will once again be offered for those who would like to take advantage of the PIP frequent attender program. Power Card holders receive a discounted price for the series and do not have to make a reservation each month.

Please join us for this upcoming breakfast. If you are not a Power Card holder, individual reservations are welcome; however, the reservation deadline is Tues., Sept. 17 by 5 p.m. The cost is \$25 for members and \$50 for non-members. The price includes the cost of breakfast and the program. Contact the Chamber for information on reservations or sponsorship opportunities at 704.633.4221 or info@rowanchamber.com

"Go For Gold" Campaign



The Rowan Chamber of Commerce held its Campaign kick-off on August 12, in conjunction with the Business After Hours (BAH) mixer, sponsored by Trinity Oaks.

The theme of this year's campaign is "Go For Gold!" and Chamber Members dressed in Olympic themed

"We want to encourage firms who are not yet members of the Chamber to go for the gold and support our business advocacy organization," said Steve Fisher (F & M Bank) Chair-elect and Campaign

Osborne has selected a great group of Team Captains: Carrie Hanneman (F & M Bank); Donna Groce (Trinity Oaks, Lutheran Services Carolinas); Pete Teague (Livingstone College); Dr. Christine Lynn (Catawba College); Brad Walser (Walser Technology Group); Elia Gegorek (Minority Business Council; Gegorek & Associates Realty); Dillon Brewer (Young Professionals; Cloninger Ford) and, Terry Osborne (Rowan-Kannapolis ABC Board).

The campaign runs through Sept. 13 with prizes being awarded at the Chamber's Sept. 16 Board Meeting.

The Rowan Chamber invites any businesses to join during the Campaign by contacting one our Team Captains or to contact the Chamber at (704) 633-4221 or info@rowanchamber.com

UPCOMING EVENTS!



Women in Business Thurs., Sept. 5, 5 p.m. Sponsor: Osterhus Outdoors 805 Klumac Rd.



Rowan Young Professionals

Live After Five – every Thurs. in Aug. Follow YP's on Facebook

Chamber Business After Networking at its Best ...

Mon., Sept. 9, 5 p.m. Sponsor: BrickEd & More 1406 B West Innes St.



Minority Business Council

Tues., Sept. 17 @ 9 a.m. via zoom



Fall Job Fair Wed., Sept. 18, 1 – 3 p.m.

West End Plaza

Power in Partnership (PIP) breakfast Thurs., Sept. 19, 7:30 a.m. - "Back to

School" PIP; sponsored by GCS Trinity Oaks (728 Klumac Rd.) Get your **Power Card** to save time & money!

RSVP: info@rowanchamber.com

RIBBON CUTTINGS AND SPECIAL EVENTS!



Dragon Boat Championship Club Team: Miami Dragon Slayers



Dragon Boat Championship Community Team: F & M Bank Strokes of Genius



Dragon Boat Novant Health Workplace La Blanca Ribbon Cutting was held on Wellness Cup Trophy: Power Curbers



Aug. 2 in Landis.



BAH at Trinity Oaks: Olympics in Paris on Aug. 12



Leadership Rowan Class #32 Kick-off reception was held on Aug. 15

Real People - Real Prices - Real Easy

511 Jake Alexander Blvd.

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Youth Leadership Charter Class: First orientation meeting was held on Aug. 19

Stay informed with Chamber's local economic indicators updated quarterly: http://www.rowanchamber.com/pages/EconomicIndicators

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Frustrated, two-time NASCAR champ Kyle Busch says he 'could legit win Daytona'



Kyle Busch is introduced before a NASCAR Cup Series race at Michigan International Speedway on Sunday, Aug. 18, in Brooklyn, Mich.

By Mark Long AP Sports Writer

DAYTONA BEACH, Fla. Kyle Busch is masking his disappointment. He's hiding his frustration and walking through the NA-SCAR garage trying not to let anyone see how challenging this season has been for the two-time Cup Series champion.

"I'm a great actor, apparently," he quipped.

Busch is winless in 45 races, his last victory coming at Gateway Park outside St. Louis on June 4, 2023. The growing skid has him in a precarious position heading into Saturday night's race at Daytona International Speedway.

of the two regular-season races remaining—Daytona and Darlington — to secure a spot in the playoff field for the 12th consecutive year. He last missed the postseason in 2012.

"We could legit win Daytona," Busch confidently said Thursday during a Zoom call, pointing to a 12th-place finish at the famed speedway in February, strong runs at similar tracks in Atlanta and Talladega and even a fourthplace showing last week at Michigan.

Maybe he's putting a spin on the situation. After all, Busch has one win in 38 starts at the birthplace who has a tenuous grip on of NASCAR. Either way, the the final postseason spot.

Busch needs to win one 39-year-old Busch didn't try to conceal his discontent with how his season has unfolded.

"It's tough because, when you have done as well as you've done and the success and the accolades and everything that you've had and you get run over, beat down, all that sort of stuff, it's hard to get yourself back up again and to go back out there," Busch said. "But I've been down before, although probably never as long or as low as this has been."

Busch ranks 18th in the playoff standings, 93 points behind Bubba Wallace and 94 behind Ross Chastain,

Twelve drivers are locked into the 16-man playoff field thanks to wins: Kyle Larson, Denny Hamlin, Christopher Bell, Tyler Reddick, William Byron, Ryan Blaney, Chase Elliott, Brad Keselowski, Austin Cindric, Joey Logano, Daniel Suarez and Alex Bowman.

Five other winless drivers are vying for the four remaining spots: Martin Truex Jr., Ty Gibbs, Chris Buescher, Chastain and Wallace.

"Daytona and Darlington are two good tracks for us," Wallace said. "Just got to keep the flow going."

Everyone else is in des-

See Busch, 3C

Experienced East will contend in SPC

By Mike London mike.london@salisburypost.com

First in a series of volleyball reports ...

GRANITE QUARRY — Memories of East Rowan's breakthrough, 20-win season in 2022 are still strong in

Granite Quarry. East subtracted current college players Leah Hinceman, Riley Hill and Anasty Faavesi from that group and understandably took a step back to 11 wins in 2023. You don't lose players like those three and not take a step

back. The 2024 edition of the Mustangs probably will finish somewhere in between those two teams. East probably isn't as talented as it was in 2022, but it has lot more experience than it was a year ago.

"Our girls have improved quite a bit and the program is in good shape," said East coach Sandy Lytton, who started her ninth season at the helm a few weeks ago. "We've got a full varsity team and a full jayvee team. We've got strong numbers, and we've still got very good athletes, girls who love to

East has started 5-4, including several road matches in tournament settings. East is off to a 3-1 start in the always competitive South Piedmont Conference. The loss was a disappointing one — 3-0 to Carson on Wednesday.



East Rowan's Cameron Ostle

East Rowan volleyball

- Head coach: Retired teacher Sandy Lytton (9th season, 64-91)
- 2023 record: 11-13 (8-8 South Piedmont Conference, 5th)
- 2023 playoffs: Lost first round to Franklin
- Conference: 3A South Piedmont Conference (West Rowan, Carson, South Rowan, Lake Norman Charter, Central Cabarrus, Concord, NW Cabarrus, Robinson)

the first two sets against Carson and held our own," Lytton said. "But Carson has a strong group of girls who have been playing club ball

'We played pretty well together for a while, they made better decisions than we did and they pulled away from us. Carson has a hitter (Reese Joyner) who was unstoppable and one of the best liberos (Kaylee Thonen) anywhere around."

Lake Norman Charter and South Rowan were SPC co-champs a year ago and are still strong. West Rowan has to drop off some without twotime Rowan County Athlete of the Year Emma Clarke, but the Falcons still have proven players. The Cabarrus schools won't be pushovers. They look to be considerably tougher than they've been in recent years.

"They had some re-dis-

See East, 3C

50th anniversary of amazing **Salisbury** football season

"nless you were there, playing, coaching or just watching in awe from the bleachers, it's hard to appreciate just how tough South Piedmont Conference football was 50 years ago.



Mike London

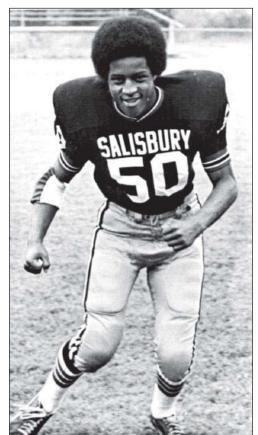
I'm not sure the 1974 Salisbury Hornets ever will be fully appreciated because the only members of that back-to-back Western North Carolina High School Activities Association championship team that have been enshrined in the Salisbury-Rowan Hall of Fame are from the coaching staff

— head coach Pete Stout and assistant coaches Aaron Neely and Charles Hellard.

The thing about the 1970s SPC was that if you lost twice in the league — and it wasn't hard to lose twice when you were playing Concord, A.L. Brown, Statesville, Thomasville, Lexington and Asheboro — you probably were cooked. You probably weren't going to the playoffs.

The Hornets of 1975, Stout's final season at the helm, went 8-1-1 and were a handful of points from a perfect season — a 0-0 tie with Concord and a 17-14 loss to Lexington but didn't make the playoffs. The 1972 Hornets went 8-2, but dropped head-knockers to Concord and Statesville and didn't make

See **Salisbury**, 3C



SALISBURY POST FILE PHOTO

Salisbury linebacker Erwin Solomon

Clark's progression answers questions about WNBA transition

INDIANAPOLIS (AP) — Caitlin Clark entered the WNBA amid a myriad of questions about how she would handle the transition to pro basketball.

Three months into her professional career, the answer seems clear: Better than expect-

It may have taken a little longer than Clark or the Indiana Fever would have liked, but she is having a record-setting rookie season and

crafting a new image along the way. The No. 1 draft pick entered the league out of Iowa known for her record-breaking NCAA scoring — and particularly those long

3-pointers. Now, she has assists records. "I've always been able to see something happen before it happens," Clark said recently after the Fever defeated Phoenix and completed their first season sweep of any team since 2020. "I think (Kelsey Mitchell) can tell (now) when I want her to go back door, when I want her to cut off the ball or anything like that. It's that chemistry you get when you're used to playing with one another.

See Clark, 3C

the state championships

the last two years and has

consistently been ranked in

the top 20 during her high

TV

Sunday, Aug. 25 AUTO RACING

8:55 a.m. ESPN — Formula 1: The Heineken Dutch Grand Prix, Circuit Zandvoort, Zandvoort,

Netherlands FSPN2 — Formula 1 Kids: The Dutch Grand Prix, Circuit Zandvoort, Zandvoort Netherlands (F1 Kids)

9 a.m.
— FIM Women Motocross CBSSN World Championship: The MX2, Arnhem, Netherlands 10 a.m.

CBSSN FIM Motocross World Championship: The MX2, Frauenfeld, Switzerland 11 a.m. — FIM

CBSSN FIM Motocross World Championship: The Switzerland MXGP, Frauenfeld,

Noon
USA — IMSA WeatherTech SportsCar Championship: The Michelin GT Challenge At VIR, Virginia International Raceway, Alton, Va.

1 p.m. FS1 — ARCA Menards Series: The Sprecher 150, Milwaukee Mile Speedway, Milwaukee 3:30 p.m.

USA — NTT IndyCar Series: The Bitnile.com

Grand Prix of Portland, Portland International Raceway, Portland, Ore.

4 p.m.
FS1 — NASCAR CRAFTSMAN Truck Series:
The LiUNA! 175, Playoffs - Round of 10,
Milwaukee Mile Speedway, Milwaukee **CANADIAN FOOTBALL LEAGUE**

7 p.m. — Edmonton at Montreal COLLEGE SOCCER (WOMEN'S)

Noon

ACCN — Arizona at North Carolina 2 p.m.

ACCN — Mississippi St. at Wake Forest SECN — lowa at Texas

CYCLING **10 a.m**. CNBC — UCI: The Vuelta a España, Stage 9 -

111 miles, Motril to Granada, Spain GOLF **7 a.m.**USA — LPGA Tour: The AIG Women's Open,

Final Round, The Old Course at St. Andrews Fife, Scotland

Noon

GOLF — PGA Tour: The BMW Championship,

Final Round, Castle Pines Golf Club, Castle Rock, Colo.

NBC — LPGA Tour: The AIG Women's Open, Final Round, The Old Course at St. Andrews Fife, Scotland

2 p.m. GOLF — PGA Tour Champions: The Ally Challenge, Final Round, Warwick Hills G&CC, Grand Blanc Township, Mich. NBC — PGA Tour: The BMW Championship Final Round, Castle Pines Golf Club, Castle

Rock, Colo. **5 p.m.**GOLF — Korn Ferry Tour: The Albertsons Boise Open, Final Round, Hillcrest Country Inc, Boise, Idaho
HIGH SCHOOL FOOTBALL

1 p.m.
ESPN — Rabun Gap-Nacoochee School
(Ga.) vs. Baylor (Tenn.) HORSE RACING

1 p.m. FS2 — NYRA: Saratoga Live **3 p.m.** FS1 — NYRA: Saratoga Live

4 p.m.
FS2 — NYRA: Saratoga Live
LITTLE LEAGUE BASEBALL 10 a.m. ESPN2 — Little League Baseball World

Series: TBD, Third-Place Game, Williamsport, 3 p.m.

Little League Baseball World Series: TBD, World Championship Game, Williamsport, Pa.

MLB BASEBALL

1:30 p.m.

MLBN — Regional Coverage: Arizona at Boston OR Texas at Cleveland

4:30 p.m. MLBN — Regional Coverage: Tampa Bay at

L.A. Dodgers (4:10 p.m.) OR San Francisco at 7 p.m. ESPN — Houston at Baltimore ESPN2 — Houston at Baltimore (StatCast)

NFL FOOTBALL 2 p.m.

NFLN — Preseason: Tennessee at New

4:30 p.m. - Preseason: Arizona at Denver

8 p.m. Preseason: New England at NBC Washington
Peacock — Preseason: New England at

Washington RODEO **2 p.m.**— PBR: Camping World Team Series,

Austin, Texas SOCCER (MEN'S)

6:55 a.m.
CBSSN — SPFL: Celtic at St. Mirren
2:45 p.m.
CBSSN — Serie A: Bologna at Napoli

SOCCER (WOMEN'S) Noon
CBSSN — NWSL: Kansas City at Washington 10 p.m. ESPN2 - NWSL: North Carolina at Seattle

3 p.m. ESPNU — Athletes Unlimited: Team Kilfoyl vs Team Ocasio Rosemont III

SOFTBALL

5:30 p.m.
ESPNU — Athletes Unlimited: Team Corrick vs. Team Lorenz, Rosemont, III.
TRACK AND FIELD

2 p.m.CNBC — IAAF World Athletics Diamond League: The Silesia Kamila Skolimowska Memorial, Chorzów, Poland (Taped) WNBA BASKETBALL

Noon CBS — Las Vegas at Chicago 4 p.m. NBATV — Los Ángeles at Dallas

Local golf

Labor Day champs

(Country Clubof Salisbury) 1952 — Ken Monroe/A.D. Dorsett 1953 — Ken Monroe/A.D. Dorsett Palmer Laughridge/Tony Alley 1955 — Richard Rendleman/Clarence Kluttz 1956 — Harry Welch-John Frazier Jr. 1957 — Harry Welch-John Frazier Jr. 1958 — Ken Monroe/A.D. Dorsett

1959 - R. Rendleman/John Isenhour Jr. 1960 - Harry Welch-John Frazier Jr 1961 — Harry Welch-John Frazier Jr. 1962 — R. Rendleman/J. Isenhour Jr. 1963 - R. Rendleman/J. Isenhour Jr. 1964 — R. Rendleman/J. Isenhour Jr.

1965 — R. Rendleman/J/ Isenhour Jr. 1966 — John Isenhour Jr./A.D. Dorsett 1967 — John Isenhour Jr./A.D. Dorsett 1968 — John Isenhour Jr./A.D. Dorsett 1969 — Jim Hurley-John Frazier Jr. 1970 — Harry Welch/Charles Welc

1971 — John Isenhour Jr./Bud Mickle 1972 — Jim Hurley-John Frazier Jr. 1973 — John Isenhour Jr./Bud Mickle 1974 — John Isenhour Jr./Bud Mickle 1975 — Bud Mickle/John Henderlite

1976 - Jim Hurley/Jim West 1977 — Randy Bingham/Rick Ridenhour 1978 — Gaines Beard/Jake Alexander Jr. 1979 — Manny Brunson-Mallory McDaniel

1980 - R. Bingham/Ed Rabon Jr.

1981 — David Bogedain/Gary Miller 1982 — Ed Rabon Jr/M. McDaniel 1983 — Ed Rabon Jr/M. McDaniel 1984 - Ed Rabon Jr/M. McDaniel

1985 — Jake Alexander Jr./John Henderlite J. Alexander Jr./J.Henderlite
 Larry Frost/Andre Springs 1988 — J. Isenhour Jr./Tripp Isenhour 1989 — J. Isenhour Jr./Tripp Isenhour

1990 — Tom Bullington/Greg Earnhardt 1991 — Tom Bullington/Charles Welch 1992 — Dusty Holder/Gary Miller 1993 — Elliot Gealy/David Goodman

1994 — Chris McCoy/Frederick Corriber 1995 — Charles Graeber Jr./Joey Rusher 1996 — Elliot Gealy/David Goodman

1997 — Brian Chapman/Steve Bullock 1998 — Ken Grooms/Elliot Gealy

Chris McCoy/John Murphy 2000 - Guy Hoskins/Steve Bullock 2001 - No tournament

2002 — Gary Miller/Todd Johnson 2003 — No tournament 2004 — Keith Dorsett/Eric Mulkey 2005 - Richard Cobb/M. McDaniel 2006 — Dean Sheetz/Will Collins 2007 — Richard Cobb/M. McDaniel 2008 — John Kyger/Johnny Kyger

2009 — Jim Christy/Phil Miller 2010 — Ronnie Eidson/Curtis Kyles

2012 — Chris Owen/Ken Clarke 2013 — Davis Richards/Jake Kennedy 2014 — Charlie Graeber/Michael Childress 2015 — Phil Miller/Andrew Morgan 2016 — Troy Beaver/Charlie Barr 2017 — Blake Wray/Lee Frick 2018 — Blake Wray/Lee Frick 2019 — Tanner Bibey/Trey Burton 2020 — Derek Lipe/William Little 2021 — Chad Clayton/Chase Clayton 2022 — Josh Brincefield/Charlie Barr 2023 — Jeff Lankford/Uly Grissette

HS football

Central Carolina

	Ove	rall	ccc		
	W	L	W	L	
South Davidson	0	0	0	0	
Salisbury	0	0	0	0	
West Davidson	0	.0	0	0	
exington	0	0	0	0	
Thomasville	0	0	0	0	
North Rowan	0	0	0	0	
ast Davidson	0	0	0	0	
Erid:	w'c a	ama			

North Rowan at East Rowan Salisbury at North Davidson East Davidson at Providence Grove Lexington at Parkland Jordan-Matthews at South Davidson Randleman at Thomasville West Davidson at Wheatmore

South Piedmont

	Over	all	SP	C
	W	L	W	L
NW Cabarrus	0	0	0	0
Concord	0	0	0	0
Central Cabarrus	0	0	0	0
West Rowan	0	.0	0	0
Robinson	0	0	0	0
South Rowan	0	0	0	0
East Rowan	0	0	0	0
Carson	0	0	0	0
Friday's games				

Mount Pleasant at Carson A.L. Brown at West Rowan North Rowan at East Rowan NW Cabarrus at West Cabarrus Concord at Piedmont Sun Valley at Central Cabarrus Robinson at Hickory Ridge South Rowan at Union Academy

Greater Metro

	Overa	ıll	GM	c
	W	L	W	L
A.L. Brown	0	0	0	0
Mooresville	0	0	0	0
Hickory Ridge	0	0	0	0
West Cabarrus	0	0	0	0
Cox Mill	0	0	0	0
South Iredell	0	0	0	0
Lake Norman	0	0	0	0
Frid	lay's ga	me	s	
A I Proven at V	Most De			

A.L. Brown at West Rowan Davie at Mooresville Robinson at Hickory Ridge Charlotte Christian at Cox Mill North Iredell at South Iredell Lake Norman at North Meck

HS tennis

Central Carolina

	Overall		CC	C	
	W	L	W	L	
Salisbury	3	0	1	0	
South Davidson	1	0	0	0	
West Davidson	1	3	0	1	
Lexington	0	0	0	0	
Thomasville	0	0	0	0	
North Rowan	0	1	0	0	
East Davidson	0	2	0	0	
Tuesday's scores					

Salisbury 9, North Davidson 0 Wednesday's scores Salisbury 8, West Davidson 1 Ledford 8, East Davidson 1

Thursday's scores
East Davidson at Central Davidson South Davidson at North Moore West Davidson at North Davidson

South Piedmont

- Coutin i	-	•		
	Over	all	SP	c
	W	L	W	L
NW Cabarrus	4	0	3	0
LN Charter	4	0	3	0
Central Cabarrus	2	1	2	1
West Rowan	2	.1	2	1
Concord	3	2	2	1
South Rowan	2	3	2	3
Carson	1	3	1	3
East Rowan	0	3	0	3
Robinson	0	4	0	3
Monda	v's sc	ore	ς .	

NW Cabarrus 9, Mount Pleasant 0 Concord 6, South Rowan 3 Wednesday's scores est Rowan 7, Robinson 0

NW Cabarrus 7, South Rowan 1 Carson 5, East Rowan 4

West Rowan 9, East Rowan 0 South Rowan 8, Carson 1 Hickory Ridge 9, Robinson 0

HS volleyball

Central Carolina

	Overall		CC	c
	W	L	W	L
Lexington	2	1	0	0
West Davidson	1	.1	0	0
South Davidson	0	0	0	0
Salisbury	0	1	0	0
Thomasville	0	3	0	0
North Rowan	0	3	0	0
Fast Davidson	Ω	1	Λ	Λ

Monday's scores Providence Grove 3, East Davidson 0 Lexington 3, Northeast Guilford 0 Parkland 3, Thomasville 0 West Davidson 3, Ledford 0 A.L. Brown 3, North Rowan 0

Tuesday's scores
South Rowan 3, Salisbury 1 Wednesday's scores North Davidson 3, East Davidson 0 Central Davidson 3, Lexington 0 Parkland 3, Thomasville 0 Oak Grove 3, West Davidson 1 Thursday's scores

South Piedmont

	Ove	rall	SP	c
	w	L	w	L
South Rowan	6	0	4	0
LN Charter	4	0	3	0
Carson	5	4	3	0
East Rowan	5	4	3	1
NW Cabarrus	2	3	1	2
West Rowan	1	5	1	3
Concord	1	5	0	3
Robinson	0	4	0	3
Central Cabarrus	1	3	0	3
Monda	de ee	0,000		

Monday's scores South Rowan 3, Concord 0 Carson 3, West Rowan 0 East Rowan 3, Central Cabarrus 0 LN Charter 3, Robinson 0 Tuesday's scores

South Rowan 3, Salisbury Central Cabarrus 3, CATA 2 Hough 3, Carson 0 Mount Pleasant 3, NW Cabarrus 0

Wednesday's scores South Rowan 3, NW Cabarrus 0 West Rowan 3, Robinson 0 Carson 3, East Rowan 0 LN Charter 3, Concord 0 A.L. Brown at Central Cabarrus Thursday's scores

Mount Pleasant 3, Concord 1

HS soccer

Central Carolina

	Ove	rali	ccc			
	W	L	Т	w	L	
Vest Davidson	4	.0	1	0	0	
Salisbury	3	0	1	0	0	
North Rowan	1	0	2	0	0	
ast Davidson	1	1	0	0	0	
.exington	1	1	1	0	0	
outh Davidson	0	0	0	0	0	
homasville	0	2	0	0	0	
Monda	y's sc	ores				
North Rowan 3, South Rowan 3						

Northwest Cabarrus 0, Salisbury 0 West Davidson 1, Albemarle 0

Wheatmore 3, East Davidson 1 Lexington 4, Uwharrie Charter 0 Tuesday's scores Trinity 2, Thomasville 1

Wednesday's scores Salisbury 2, East Rowan 1 West Davidson 0. Alleghany 0 Central Davidson 0, Lexington 0 Thursday's scores West Davidson 4, North Stanly 2

South Piedmont

	Ove	rall		SP	C	
	W	L	Т	W	L	Т
Concord	4	0	1	0	0	0
NW Cabarrus	1	0	2	0	0	0
Carson	1	0	1	0	0	0
South Rowan	2	1	1	0	0	0
Robinson	2	1	0	0	0	0
Central Cabarrus	1	1	0	0	0	0
LN Charter	1	1	1	0	0	0
East Rowan	1	2	0	0	0	0
West Rowan	0	2	0	0	0	0
Monday's scores						
NIM/ C- I 0	C - 1: - L		^			

NW Cabarrus 0, Salisbury 0 Concord 3, Malllard Creek 0 Robinson 6, West Iredell 3 North Rowan 3, South Rowan 3 Carson 2, North Davidson 1 Tuesday's scores
Foard 2, Central Cabarrus 1

Wednesday's scores Salisbury 2, East Rowan 1 Carson 1, North Iredell 1 South Rowan 6, Mount Pleasant 3 Lake Norman Charter 2, CATA 2 NW Cabarrus 1. Chambers 1 Thursday's scores

HS football

Schedules

Regular season starts Aug. 23

North Rowan at East Rowan Aug. 23

Aug. 30 Sept.6 Sept. 13 Sept. 20 Forest Hills Sept. 27 Thomasville Oct. 4 East Davidson (HC) Oct. 11 'Oct. 18 Open at West Davidson Oct. 25 at Lexington Salisbury

Mount Pleasant Aug. 23 Aug. 30 Sept. 6 Sept. 13 West Stanly at Piedmont Open at West Rowan Sept. 20 Sept, 27 Robinson Oct. 4 Oct. 11 Oct. 18 Oct. 25 at Concord at East Rowan Central Cabarrus South Rowan

East Rowan Aug. 23 North Rowan Aug. 30 Sept.6 Sept. 13 North Stanly Salisbury at Concord NW Cabarrus

Sept. 20 Sept. 27 at Robinson Central Cabarrus 'Oct. 18 Carson at South Rowan Oct. 25

Joutin	Nowali
Aug. 23	at Union Academy
Aug. 30	South Stanly
Sept. 6	Open
Sept. 13	at A.L. Brown
Sept. 20	at NW Cabarrus
Sept. 27	West Rowan
Oct. 4	at Central Cabarrus
Oct. 11	Concord (HC)
Oct. 18	Robinson
Oct. 25	East Rowan (Senior Nigh
Nov. 1	at Carson

West Rowan Aug. 23 A.L. Brown Aug. 30 Sept. 6

Sept. 13 Open Sept. 20 Carson at South Rowan at NW Cabarrus Robinson Oct. 18 at Central Cabarrus Concord East Rowan Oct. 25

A.L. Brown						
Aug. 23	at West Rowan					
Aug. 30	at NW Cabarrus					
Sept. 6	Open					
Sept. 13	South Rowan					
Sept. 20	Hickory Ridge					
Sept. 27	at Lake Norman					
Oct. 4	Cox Mill					
Oct. 11	at West Cabarrus					
Oct. 18	at South Iredell					
0-+ 25	Marana and Ha					

Coll. football

Catawba

Sept. 7: at Davidson - 7 p.m. Sept. 14: at Shaw - 7 p.m. Sept. 21: at UVA Wise - 2 p.m. Sept. 28: vs. CARSON-NEWMAN - 6 p.m. Oct 5: at Anderson - 2 n m Oct. 12: vs. LIMESTONE - 6 p.m. Oct. 19: vs. NEWBERRY (Homecoming) - 6

Oct. 26: at Wingate - 3 p.m. Nov. 2: at Wingate - 5 p.m. Nov. 9: vs. LENOIR-RHYNE (Hall of Fame Game) - 6 p.m. Nov. 16: vs. MARS HILL (Senior Day) - 6 p.m.

Livingstone

Aug. 31 University of Charleston, 6 p.m. Sept. 7. Virginia Lynchburg, 6 p.m Sept. 14 Allen, 6 p.m. Sept. 21 at Bowie State 4 p.m. Sept. 28 at Lincoln, 1 p.m. Oct. 5 Elizabeth City State, 4 p.m. Oct. 12 Fayetteville State, 2 p.m. (HC) Oct. 19 Winston-Salem State, 4 p.m. Nov 2. at Shaw, 1 p.m. Nov. 9 Johnson C. Smith, 2 p.m.

App State

Aug. 31 East Tennessee State, 3:30 p.m. Sept 7 at Clemson, 8 p.m. Sept. 14 at East Carolina, 4 p.m. (ESPNU) Sept. 19 South Alabama, 7 p.m. (ESPN) Sept. 28 Liberty Oct. 5 at Marshall Oct. 12 at Louisiana Oct. 26 Georgia State (HC) Nov. 2 Old Dominion Nov. 7 at Coastal Carolina, 8 p.m. (ESPN/ ESPN2) Nov. 23 James Madison Nov. 30 at Geogia Soutnern

East Carolina

Aug. 31 Norfolk State Sept. 7 at Old Dominion Sept. 14 App State, 4 p.m. (ESPNU) Sept. 21 at Liberty, 6 p.m. Sept. 28 UTSA Oct. 5 at Charlotte Oct. 19 at Army Oct. 26 Temple Nov. 7 Florida Atlantic, 8 p.m. Nov. 14 at Tulsa, 7:30 p.m. (ESPN) Nov. 23 at North Texas Nov. 29 or 30 Navy

NC State

Aug. 29 Western Carolina, 7 p.m. Sept. 7 Tennessee (at Charlotte), 7 p.m. Sept. 14 Louisiana Tech, noon Sept. 14 Eduisiana Tech, floori Sept. 21 at Clemson*, TBA Sept. 28 Northern Illinois, TBA Oct. 5 Wake Forest*, TBA

Oct. 19 at California*, TBA Nov. 2 Stanford*, TBA Nov. 9 Duke*, TBA Nov. 21 at Georgia Tech*, 7:30 p.m. Nov. 30 at North Carolina*, TBA

UNC

Oct. 12 Syracuse*, TBA

Aug. 29 at Minnesota, 8 p.m. Sept. 7 Charlotte, 3:30 p.m Sept. 14 NC Central, 6 p.m. Sept. 21 James Madison Sept. 28 at Duke³ Oct. 5 Pittsburgh* Oct. 12 Georgia Tech* Oct. 26 at Virginia* Nov. 2 at Florida State* Nov. 16 Wake Forest* Nov. 23 at Boston College* Nov. 30 NC State*

NFL

Carolina Panthers

New England Patriots 17, Panthers 3 New York Jets 15, Panthers 12 Aug. 24 at Buffalo Regular season Sept. 8 at New Orleans, 1 p.m. Sept. 15 L.A. Chargers, 1 p.m. Sept. 22 at Las Vegas, 4:05 p.m Sept. 29 Cincinnati, 1 p.m. Oct. 6 at Chicago, 1 p.m.
Oct. 13 Atlanta, 4:25 p.m.
Oct. 20 at Washington, 4:05 p.m. Oct. 27 at Denver, 4:25 p.m. Nov. 3 New Orleans, 1 p.m. Nov. 10 N.Y. Giants (at Munich, Germany), 9:30 a.m. Nov. 17 Open

Nov. 24 Kansas City, 1 p.m. Dec. 1 Tampa Bay, 4:05 p.m. Dec. 8 at Philadelphia, 1 p.m. Dec. 15 Dallas, 1 p.m. Dec. 22 Arizona, 1 p.m. Dec. 29 at Tampa Bay, 1 p.m. Jan. 5 at Atlanta, TBD

Racing

Schedule

NASCAR CUP SERIES

Coke Zero Sugar 400 Site: Daytona Beach, Florida. Schedule: Saturday, race, 7:30 p.m. (NBC). Track: Daytona International Speedway.

Race distance: 160 laps, 400 miles. Fast facts: Time is running out on NASCAR drivers outside of the playoff grid. There's just one race left after Daytona (at Darlington) to win your way into the 16-team playoffs. ... Those on the outside got a boost with Reddick's win since he had already won his way in at Talladega this past April. ... There are 12 drivers with victories locked into the field, meaning as many as four winless drivers — should previous winners this season take the checkered flag at Daytona and Darlington drivers Martin Truex Jr. (eighth) and Gibbs (10th) are the top two winless drivers in the standings. ... Austin Dillon looked like he'd won his way in at Richmond two races ago. but NASCAR revoked the playoff entry while keeping the win for his wreck-filled final lap. Next race: Sept. 1, Darlington, South

NASCAR TRUCK SERIES

LiUNA! 175 Site: West Allis, Wisconsin. Schedule: Sunday, race, 3 p.m. (FS1). Track: Milwaukee Mile. Distance: 175 laps, 177.625 miles. Next race: Sept. 19, Bristol, Tennessee.

FORMULA ONE Site: Zandvoort, Netherlands Schedule: Sunday race, 9 a.m. (ESPN). Track: Circuit Zandvoort. Distance: 72 laps, 306.5 kilometers (190.45 Next race: Sept. 1, Monza, Italy.

Transactions

BASEBALL

MLB — Suspended Boston minor league RHP Anthony Felix 56 games for violation of MLB's drug prevention and treatment pro-

American League
BALTIMORE ORIOLES — Reinstated LHP Keegan Akin from the paternity list. Optioned LHP Nick Vespi to Norfolk (IL). BOSTON RED SOX — Transferred LHP James Paxton to the 60-day IL. Selected the contract

of LHP Joely Rodriguez from Worcester (IL). Optioned RHP Greg Weissert to Worcester (L).

LOS ANGELES ANGELS — Desingated RHP
Mike Baumann for assignment. Selected the contract of RHP Ryan Zeferiahn from Salt Lake (PCL) MINNESOTA TWINS — Sent OF Alex Kirilloff to St. Paul (IL) on a rehab assignment.

NEW YORK YANKEES — Reinstated 2B Jazz Chisholm Jr. from the 10-day IL. Optioned SS
Oswald Peraza to Scranton/Wilkes-Barre (IL).
SEATTLE MARINERS — Claimed INF/OF Terrin Vavra off waivers from Baltimore Designated OF Duke Ellis for assignment.
Named Edgar Martinez hitting coach.
National League
CINCINNATI REDS — Transferred C Austin

Wynns to the 60-day IL, Placed LHP Andrey Abbott on the 15-day IL, retroactive Aug. 20. Selected the contract of RHP Alan Busenitz

from Louisville (IL). COLORADO ROCKIES — Transferred RHP German Marquez to the 60-day IL. Selected the contract of LHP Luis Peralta from Albuquerque (PCL). Optioned RHP Tanner Gordon to Albuquerque.

PHILADELPHIA PHILLIES — Reinstated OF

Austin Hays from the 10-day IL. Optioned OF Cal Stevenson to Lehigh Valley (IL). SAN DIEGO PADRES — Designated SS Matthew Batten for assignment. Reinstated RHP Yu Darvish from the restricted list and placed him on the 15-day IL. Sent LHP Wandy Peralta to Lake Elsinore (CAL) on a rehab

FOOTBALL National Football League NFL — Suspended Arizona WR Zay Jones

five games for violation of the league's per-sonal conduct policy. Suspended L.A. Rams T Alaric Jackson two games for violation of NFL's personal conduct policy.

INTLS PERSONAL CONDUCT POLICY.
CHICAGO BEARS — Acquired LB Darrell
Taylor from Seattle in exchange for a 2025
sixth-round pick.
CINCINNATI BENGALS — Waived WR Hakeem Butler, HB Noah Cain, OT Jackson Carman, DE Andre Carter, LB Aaron Casey, S Michael Dowell, CB Allan George, WR Kwamie Lassiter II, QB Rocky Lombardi, G Eric Miller and DT Joshua Prvor. CLEVELAND BROWNS — Signed K Lucas

COLLEGE NCAA — Placed Wofford's men's basketball on probation for one year for failure to monitor the program.

Carolina League

Minors

North Division Fredericksburg (Wash) 31 20 .608 Fredericksburg (wash) 31 20 -804 52 520 52 54 580 1½ 580 1 South Division

Charleston (Tampa Bay) 30 19 .612 — Columbia (Kansas City) 27 22 .551 3 Myrtle Beach (Cubs) 23 23 .500 5½ Fayetteville (Houston) 23 26 .469 7 x-Kannapolis (ChiSox) 20 31 .392 11 Augusta (Atlanta) 13 : x - First Half winner **Wednesday, Aug. 21** Carolina 9, Augusta 4 13 35 .271 161/2

Columbia 4, Fredericksburg 1 Thursday, Aug. 22 Carolina 6, Augusta 5 Delmarva 3, Down East 1 Kannapolis 8, Fayetteville 6 Salem 5, Lynchburg 4 Myrtle Beach 6, Charleston 2

Delmarva 4, Down East 1

Fayetteville 7, Kannapolis 3 Lynchburg 3, Salem 2 Myrtle Beach 8, Charleston 6

Good start for Honeycutt

From staff reports

Vance Honeycutt (Salisbury, UNC) debuted for the Delmarva Shorebirds on Thursday in Kinston.

He served as the DH. He went 1-for-3 witht two walks. He stole two bases and scored a run.

HS tennis

West Rowan won 9-0 against East Rowan in South Piedmont Conference tennis on Thursday.

Autumn Yount won 6-0, 6-0 at No. 1 singles.

Emma Crider, Lucy Moore, Olyvia Brown, Ally Suggs and Laney Moore also won for the Falcons.

Winning doubles teams were Crider/Brown, the Moores and Regan Eggers/ Finley Vanwassenhove.

Local golf

Aug, 31.

Qualifying for the Crowder-Dorsett Labor Day 4-Ball Championship takes place thiss weekend.

Sheesley and David & Azalee Huneycutt took first place in McCanless golf. Richard Long, Tim

second. David Huneycutt had closest to the pin.

Robert Lombard came in

Sheesley had the longest

North Hills athletics

North Hills varsity boys soccer, led by head coach Karriker had good games Marco Zapato, won 9-0 for the Cougars. against Faith Academy. Freshman Cohen Ben-

field scored four goals.

North Hills (1-1)

bounced back from a loss to Statesville Christian.

••• The North Hills varsity volleyball team, coached by Talita McCain, is 3-0 after sweeps of Statesville Christian, Covenant Classical and Lake Norman

North Hills is ranked second in the state for NCISAA 1A schools.

Christian.

North Hills golfer Reese Merrell was the medalist at a recent match against North Rowan, South Rowan and Gray Stone at Corbin Hills. Coached by Les Merrell,

She is ranked fifth among NCISAA Division II golf-

MLB

Standings

American League

W L Pct GB 75 53 .586 — 74 55 .574 1½

67 59 .532 7 64 63 .50410½ 60 68 .469 15

W L Pct GB 73 54 .575 — 71 56 .559 2 71 56 .559 2

62 66 484111/2

31 97 .242421/2

W L Pct GB

64 64 .500 5½ 59 69 .461 10½ 55 73 .430 14½

54 74 .422151/2

Thursday's Games N.Y. Yankees 6, Cleveland 0

Chicago Cubs 10, Detroit 2

Oakland 3, Tampa Bay 1

Toronto 5, L.A. Angels 3 Houston 6, Baltimore 0 Friday's Games

Colorado at N.Y. Yankees, 7:05 p.m.

Detroit at Chicago White Sox, 8:10 p.m.
Philadelphia at Kansas City, 8:10 p.m.
St. Louis at Minnesota, 8:10 p.m.

L.A. Angels (Fulmer 0-4) at Toronto (Francis

6-3), 3:07 p.m. Houston (Valdez 13-5) at Baltimore (Suárez

Milwaukee (Rea 11-4) at Oakland (Boyle

3-5), 4:07 p.m.

Arizona (Gallen 9-6) at Boston (Crawford

San Francisco (Snell 2-3) at Seattle (Kirby 9-9), 4:10 p.m.
Detroit (Skubal 14-4) at Chicago White Sox

Philadelphia (TBD) at Kansas City (Singer 9-8), 7:10 p.m. St. Louis (Gray 11-8) at Minnesota (López

Texas (Gray 5-4) at Cleveland (Lively 10-8), 7:10 p.m.
Tampa Bay (Bradley 6-8) at L.A. Dodgers

Sunday's Games Arizona at Boston, 1:35 p.m. Colorado at N.Y. Yankees, 1:35 p.m.

L.A. Angels at Toronto, 1:37 p.m.

St. Louis at Minnesota, 2:10 p.m.

Milwaukee at Oakland, 4:07 p.m

Texas at Cleveland, 1:40 p.m. Detroit at Chicago White Sox, 2:10 p.m. Philadelphia at Kansas City, 2:10 p.m.

Houston at Baltimore, 7:05 p.m. L.A. Angels at Toronto, 7:07 p.m.

Milwaukee at Oakland, 9:40 p.m.

San Francisco at Seattle, 10:10 p.m Tampa Bay at L.A. Dodgers, 10:10 p.m.
Saturday's Games
Colorado (Blalock 0-0) at N.Y. Yankees (TBD),

Arizona at Boston, 7:10 p.m.

Texas at Cleveland, 7:10 p.m.

69 58 .543

Central Division

Fredericksburg 5, Columbia 2

New York

Baltimore

Boston

Toronto

Kansas City

Minnesota

Detroit

Chicago

Houston

Seattle

Oakland

Los Angeles

6-4), 4:05 p.m.

8-10), 4:10 p.m.

11-8), 7:10 p.m.

(Bush 0-2), 7:10 p.m.

(Kershaw 2-2), 9:10 p.m.

play in Great Britain.

Philadelphia 74 53 .583 68 59 .535 6 67 61 .523 7½ Atlanta New York Washington 58 70 .453161/2

Chicago Cincinnati Pittsburgh **West Division**

Friday's Games
Cincinnati at Pittsburgh, 6:40 p.m.
Colorado at N.Y. Yankees, 7:05 p.m. St. Louis at Minnesota, 8:10 p.m. Milwaukee at Oakland, 9:40 p.m. N.Y. Mets at San Diego, 9:40 p.m. San Francisco at Seattle, 10:10 p.m.

2:05 p.m.

St. Louis (Gray 11-8) at Minnesota (López

11-6), 8:40 p.m.

Washington at Atlanta, 12:05 p.m.

school career.

an's jayvee football team won 28-6, against North Rowan on Thursday for the first East victory against

Jaxon Lyons keyed the win for the Mustangs. He had a rushing touchdown, a receiving touchdown and a kickoff return touchdown.

rushing touchdown.

passes.

Monroe and Tyquan McHenry were two-way standouts for the Cavaliers.

Brown shut down West Rowan 18-0 on Thursday.

Quarterback AJ Settles, Mocica Green, Byron running back Lemar Grier and receiver Chavis Ashton

couldn't score on offense.

Offensive lineman Brycen Pastrana and Kiyren Brown, a kicker returner and defensive back, stood out for the Hornets in the

Draeton Nance threw for 209 yards and hit Jayce Bentley and Noah Dulin for TDs as Davie topped Mooresville 20-12 on Thursday. Brandon Forrest

Pro basketball

San Francisco at Seattle, 4:10 p.m. Tampa Bay at L.A. Dodgers, 4:10 p.m.

Houston at Baltimore, 7:10 p.m.

East Division W L Pct GB

73 54 .575 — 63 64 .496 10 63 65 .49210½ 62 66 .48411½ 60 67 .472 13

Arizona at Boston, 7:10 p.m. Chicago Cubs at Miami, 7:10 p.m. Washington at Atlanta, 7:20 p.m. Philadelphia at Kansas City, 8:10 p.m.

Milwaukee (Ned 11-7, d. 2-2 3-5), 4:07 p.m. Arizona (Gallen 9-6) at Boston (Crawford 8-10), 4:10 p.m. Chicago Cubs (Imanaga 9-3) at Miami (Bellozo 2-1), 4:10 p.m. San Francisco (Snell 2-3) at Seattle (Kirby

Washington (Irvin 9-10) at Atlanta (Morton 7-7), 7:20 p.m.
N.Y. Mets (Peterson 7-1) at San Diego (King

Tampa Bay (Bradley 6-8) at L.A. Dodgers (Kershaw 2-2), 9:10 p.m.

Sunday's Games

Chicago Cubs at Miami, 1:40 p.m. N.Y. Mets at San Diego, 4:10 p.m.

JV football

the Cavaliers in a decade.

on a pass from Shakeel Monroe to Carter Williams.

KANNAPOLIS — A.L.

ders' defensive effort.

Vanhoy, Steve Smith and Mount Pleasant's defense bent but didn't break in a 14-2 win against Carson on Thursday.

> Isaac Rabon, Laz Smith, Colin Masingo and Konnor

canceled.

Owen McCormack, a Davie graduate who played in college at Presbyterian and Lipscomb, signed to

National League

46 81 .362 28 Central Division

W L Pct GB

kee 73 54 .575 —

W L Pct GB 76 52 .594 — 72 56 .563 4 72 57 .558 4½ San Diego San Francisco 65 64 .50411½ Colorado 47 81 .367 29 Thursday's Games

Arizona

Philadelphia at Kansas City, 2:10 p.m.
St. Louis at Minnesota, 2:10 p.m.
Milwaukee at Oakland, 4:07 p.m. San Francisco at Seattle, 4:10 p.m.

Julian Cauble had a

Milwaukee (Rea 11-4) at Oakland (Boyle

SPENCER - East Row-

•••

Carson was in the red zone three times, but

SALISBURY — Salis-

loss. South Rowan's game with Union Academy was

she shot 40 for nine holes. Merrell has qualified for

Miami Milwaukee St. Louis

Washington 8, Colorado 3 Chicago Cubs 10, Detroit 2 St. Louis 3, Milwaukee 0 Pittsburgh 7, Cincinnati 0 Atlanta 3, Philadelphia 2 N.Y. Mets 8, San Diego 3

Tampa Bay at L.A. Dodgers, 10:10 p.m.

9-9), 4:10 p.m.

Cincinnati (TBD) at Pittsburgh (Woodford 0-5), 6:40 p.m Philadelphia (TBD) at Kansas City (Singer 9-8), 7:10 p.m.

CJ Macon picked off two North's touchdown came

11-8), 7:10 p.m

Arizona at Boston, 1:35 p.m. Cincinnati at Pittsburgh, 1:35 p.m. Colorado at N.Y. Yankees, 1:35 p.m.

Tampa Bay at L.A. Dodgers, 4:10 p.m.

Faison Manning and Match play starts on Dhylin Hollis led the Won-

> were offensive leaders. ••• MOUNT PLEASANT—

Carson's defense forced two turnovers.

bury fell 24-0 to North Davidson on Thursday.

had a rushing touchdown.

Saturday's Games
Colorado (Blalock 0-0) at N.Y. Yankees (TBD),

Clark

Continued from 1C

"It's taken time, but I think we're really starting to get it down."

— and yes, millions of fans are continuing to tune in — can see the difference.

After stumbling out of the gate — the Fever opened this season with nine games in 16 days, losing eight of them with Clark scrambling to learn the playbook and how to fit in. Her turnovers outnumbered her assists. And there were more questions than answers as frustration appeared to creep into the mix.

Since then, Indiana has rebounded by going 12-7, solidifying its playoff position. And all the angst has been replaced by smiles and high fives.

It's not by happenstance. Clark challenged during Olympic break

A compressed schedule between the end of Clark's college season and the start of the WNBA season didn't give Indiana much time to practice — or for the players to learn one another's nuances. So during the monthlong Olympic break, coach Christie Sides changed the practice routine and challenged Clark.

during drills where they were running certain offenses and I would tell (Clark), and only her, so she would have to tell the players what we're running or where to go," Sides said. "I would throw some things out there, some sets we hadn't run so she had to think

right position."

Clark has responded and her teammates seem to be taking the

In their first two games since the break, Indiana looked impres-Anyone who has watched sive in wins against Phoenix and Seattle. The Fever outscored the Storm 33-17 over the final 10 min-

Mitchell is 11 of 21 on 3s and has 55 points since the restart while Lexi Hull had a season-high 22 points and went 6 of 7 on 3s in her last game. Forward Aliyah Boston, the 2023 Rookie of against the Storm after outplaying Olympic gold medalist Brittney Griner last Friday. Indiana plays at Minnesota on Saturday.

"You have to adjust," Mitchell said, describing the learning process with Clark. "She had to transition as a pro, and we had to give her what she needs, be a resource and fill those gaps in. She's one of those players where her (basketball) IQ is going to take us a lot of places, so you've got to figure out where you fit in, knowing how to read and adjust off of her."

scoring

Since Clark's dubious record-setting 10-turnover debut, her assist-to-turnover ratio has jumped from 1.23 to 1 in May and "There were a lot of times June to 2.19 to 1 in eight games since July 1. Records seem to fall each week:

- She broke the WNBA's single-season rookie mark for assists Sunday, reaching No. 232 and ending Ticha Penicheiro's 26-year run as the record holder.

— In her final game before the

it through and put people in the break, Clark broke the league's single-game record with 19 assists, capping a run of six double-digit assist games in a seven-game span.

- If Clark continues to average 8.3 assists per game, she could shatter Alyssa Thomas' single-season record of 316 set last season.

She needs eight 3s to break Rhyne Howard's rookie record of 85 set in 2022 and with 22 3s over the final 12 games, she would be the seventh WNBA player with 100 in a season.

In addition to the assists, Clark the Year, also had nine assists is the league's highest-scoring rookie at 17.8 points a game.

Clark, Fever most watched in

Her performance hasn't quelled the social media controversies, the banter over how she's treated by opponents or whether she should have made the U.S. Olympic team. And she continues to be a huge fan favorite. The Fever lead the league in both home attendance (16,956) and road attendance (15,306).

Clark is still must-see TV, too. The game Friday night on ION Clark leads WNBA rookies in drew 1.21 million, nearly three times as many viewers as the Connecticut-Dallas game on the same network that night.

The Fever game Sunday on ABC drew 2.23 million viewers, a sharp uptick from two games in a rare CBS broadcast on Saturday - New York-Las Vegas attracted 874,000 viewers while Minnesota-Washington had 577,000.

Only Washington and Dallas have fewer wins than Indiana (13-15) of the teams televised last weekend.

Busch

Continued from 1C

peration mode. Always-chaotic Daytona has provided plenty of surprise winners in recent years — Buescher and Ricky Stenhouse Jr. in 2023, Austin Dillon and Austin Cindric in 2022, Michael McDowell in 2021, Justin Haley in 2019 and Erik Jones in 2018.

"Seems like we all lose our mind at the end of races (at Daytona) and just hold the throttle down until we get to the front," Stenhouse said.

Added Byron: "There's a lot of luck involved, as we all know."

So no one should be ruled out Saturday night — including Busch, whose lone victory at Daytona came in 2008.

"Fact of the matter is the better you run, the more consistent you run, it gives you that confidence going into each weekend that you can do it again," he said

The other streak

Busch has more on the line than his playoff streak. He also holds the NASCAR record for the most consecutive years with a victory, a run that started in 2005.

He broke Hall of Famer Richard Petty's mark of 18 in a row, which he set between 1960 and 1977. Because drivers eliminated from the playoffs still compete in the 10 postseason races, Busch has time to extend that record.

"You try to keep it going as long as you can," Busch said.

"You want to set that year mark as high as you possibly can, just to try to not let anybody ever get there again. Look at how many years it stood for Richard Petty before I was able to get it."

Car modifications

NASCAR is mandating the use a right-side, rear-window air deflector at Daytona, a direct result of Corey LaJoie's strange flip at Michigan International Speedway on Monday.

LaJoie's No. 7 Chevrolet turned sideways, got airborne without making contact with another car and then landed on its roof and slid hundreds of feet before rolling once it touched the infield grass. He was uninjured.

"If they want to call it the 'LaJoie fin,' I'll take an innovation for the car," LaJoie said. "I hear it makes the liftoff speed go up 40 mph, so I'm sure it changes how the car's going to drive and how side-drafting affects it."

Earlier starts?

Busch suggested NASCAR needs to start summer races earlier, specifically at tracks without lights like Michigan International Speedway, to build in more time for rain delays.

"When you're in the middle of summer and you're at these places with no lights, you got to start earlier and try to get what you can get in for the fans that are there," Busch said. "(They) give up their time and their money and their weekends to make it there, to make your show look better on TV with butts in the seats.

"You owe it to those people."

Salisbury

Continued from 1C

the playoffs.

In 1973, the Hornets made the WNCHSAA first downs against Salisplayoffs despite a loss and bury's 6-2 defense, scored a tie in the SPC, and they made their good fortune short field after recoverpay off with a title. They annihilated Thomasville, 52-0, in the playoffs just two weeks after tying the lege, threw the touchdown Bulldogs in the regular season. Then Salisbury blew away Mooresville, 42-12. Then the Hornets shut out Watauga, 13-0, in the championship game. Governor James Holsouser, a Watauga native, made the his boys beat the Hornets. He exited Ludwig Stadium, like a lot of other visitors over the years, mighty dis-

appointed. But the 1974 season was rally remarkable. The Hornets (11-2) rose from the the Wonders, besides Cunashes to emerge as cham-

pions. Fans of Rowan football probably know about the Salisbury-Shelby clash of titans that settled the 1974 WNCHSAA championship — the Hornets' brightly painted red shoes against Shelby's glowing gold shoes — as it's still one of the most talked about games in county history.

But the Hornets' road to get to that famed Shelby game 50 years ago, isn't discussed much.

Concord was often the biggest obstacle for Salisbury and locked down the Hornets 13-0 in Week 2.

When the Hornets fell 7-6 to a Lope Lindercoached A.L. Brown squad in a brutal Week 7 game, for loss No. 2, the season appeared to be over for the Hornets. That was an to stay alive.

tricting in Cabarrus, and

some of those schools add-

ed volleyball players," Lyt-

ton said. "It's going to be a

I think those tough, ear-

ly non-conference games

we've played are really

going to help us, and we've

got some more of those

girls who provided the

bulk of the kills last season.

"They're versatile. They

can do about everything"

East returns the two

East

scheduled."

had 202.

Continued from 1C

incredible game, as Salisbury had an overwhelming advantage in rushing yards and first downs, but couldn't get points. The Wonders, who made three their touchdown with a ing a muffed punt. Terry Cunningham, who would later star at Catawba Colpass to a diving Greg Wagoner. Cunningham also intercepted two Salisbury passes and helped make the tackle that stopped Salisbury's 2-point conversion attempt.

Salisbury quartertrip to Salisbury to watch back Mike Cansler wasn't healthy for that game. He did enter in the third quarter and tried to spark the team, but it was just one of those nights for the Hornets. Nothing went right.

ningham, was Tim Davis, a lineman who kicked the decisive extra point and kept booming 50-yard punts to flip the field after Salisbury's defense forced three-and-outs.

A.L. Brown had tied Asheboro, but the Wonders were still undefeated in the SPC after that triumph against Salisbury and were in the driver's seat for the SPC championship with three weeks left.

But life was rarely routine in the SPC. Thomasville wrecked the Wonders' homecoming, 16-0, the next week, while the Hornets got a little healthier and were able to beat Statesville.

on track by routing Trinity, but Salisbury edged Thomasville 7-6 in Week 9

Madalynn Tigert, the

super softball pitcher,

makes an impact in vol-

regular season, Salisbury beat Asheboro by a touchdown, while Concord was knocking off its biggest rivals, the Wonders, spoiling their playoff dreams with a 14-6 victory.

Salisbury and Thomasville tied for first in the SPC with 6-2 records. A.L. Brown and Statesville were 5-2-1. Asheboro was 3-3-2. Concord and Lexington were 4-4.

Salisbury, Thomasville. A.L. Brown, Concord and Lexington won all their games against teams outside the SPC that season. Trinity went 1-7 in the league, but was 2-0-1 in non-conference games.

Some of the season stats for a Salisbury's 1974 championship team look like typos by today's standards. Salisbury threw nine passes per game and The biggest hero for completed only 33 percent. The Hornets threw only three touchdown passes. Ted Bush led the team in the regular season with eight catches.

The Hornets did run the ball efficiently. for almost 200 yards per game in the regular season. Leonard Atkins, whose biggest season still lay ahead of him in the fall of 1975, pounded for almost 6 yards per carry. He got assistance from a committee of Tom Mc-Daniel, Pete Hardin, Kevin Moss and Reggie Ponder. Ponder only had 22 carries, but he had 253 yards.

McDaniel picked up a third of his season yardage

Defense is where the The Wonders got back Hornets thrived. They allowed 6.0 points per game.

They were masters of the 6-2 defense constructed by coordinator Charlie Lit-

with 16 carries for 192 in the North Rowan game.

"Jordan takes a lot of balls," Lytton said.

also good on defense. Alyssa Hollar is another capable setter, so the Mustangs will sometimes use a 6-2 formation.

Brooklyn Buck is a defensive specialist who shines on serve receive.

sets some action as a right side hitter.

On the final week of the tle. Every opponent wanted to run the ball, and the Hornets, with a six-man front, two aggressive linebackers and three fearless defensive backs, were built to stop the run. James Wright and Tony Leach were technically linebackers in the game program, but they played as stand-up ends, flanking four large, pow-

> All-South Piedmont Conference players on the Salisbury defense were Leach, Wright, linebackers Erwin Solomon and David Gibson, safety Ronnie Wood and tackle Danny Winecoff, who was All-State. Winecoff also was Salisbury's punter.

erful men in the trenches.

Salisbury had only two All-SPC players on the offensive side of the ball guard Vince Harris and center David Tennent.

Winecoff was named team MVP.

Harris was named the best blocker at the awards banquet. Wood got the Golden Helmet Award that goes to the player with the best team spirit. Solomon was named outstanding defensive player, while Atkins was recognized as the most outstanding offensive player.

In the South Piedmont Conference championship game, Salisbury beat Thomasville 7-6 for the second time in a threeweek span. Both times the Hornets stopped a 2-point conversion run. Chuck Valley kicked the decisive PAT,

Atkins emerged as a major star in the second round, trampling North Piedmont Conference champion Mooresville for 179 yards on 21 carries in a 33-14 victory.

Then Atkins blasted Shelby for 154 yards on 24 workhorse carries. Salisbury's 14-3 victory against Shelby in the 1974 WNCH-SAA championship game was the final great triumph of the Pete Stout Era. The game.

their defense, but Atkins earned the Most Outstanding Player honor. Six weeks after they

Hornets relied heavily on

were written off, the 1974 Hornets won their last WNCHSAA championship. They beat a Shelby team

that had to wade through its own gauntlet in the west — South Point, Kings Mountain, Crest, Freedom — to the get to that climactic

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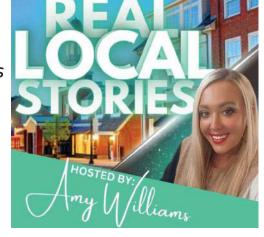
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Cameron Ostle produced 345 kills, while Alli Corl "They're very strong hitters, but beyond that, they're good volleyball players," Lytton said.

leyball with devastating serves. The sophomore had 53 aces in 2003 to lead the team. "She's one of those spe-

very challenging league. cial athletes," Lytton said. "Amazing server."

East plans to get taller and more formidable at the net in a few weeks, as Lytton hopes Leigan Lusk will be able to return from an ankle injury. Lusk, a junior, is a 6-foot middle blocker with experience.

Kady Collins, a tall, athletic girl who also plays basketball and softball, has been handling most of the action in the middle. Ella Lowry, a freshman blessed with height, was expected to be a jayvee, but she's been getting varsity reps

with Lusk sidelined. Jordan Dry anchors the

back-row defense as the libero. She paced East in digs last season and probably will do so again. Dry is also the key Mustang on serve receive.

Jacee Eudy returns as

the lead setter, and she's

Ava Corl, Alli's twin,

Seniors Seeley Adams and Kierstin Eagle are utility players who can be plugged into several spots.



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Vegetarian

Patio/Outdoor Dining

Beer Selection

Wine Selection

Burger **Breakfast**

Brunch

Burrito

Deli/Sandwich

Doughnuts

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Seafood

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Sushi Wings

Best New Restaurant

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Business

Beans and books

Holy Grind Coffee House opens North Hills location



CHANDLER INIONS / SALISBURY POST

Java Jugglers work the station at the new Holy Grind location at North Hills Christian School. Pictured, clockwise from left, Emily Teague, manager Rob Blivin, Max O'Mellan and London Droddy.

By Chandler Inions

chandler.inions@salisburypost.com

SALISBURY — The Holy Grind Coffee House has just announced the grand opening of its newest location in the North Hills Christian School, a unique space designed to foster peace, love and meaningful connections. Rooted in Christian values, The Holy Grind offers a welcoming coffee house environment where students, teachers and parents can experience relaxing atmosphere that promotes personal growth

and community. "At North Hills Christian School, we believe in reach those in need. providing our students with nurturing environthat support their overall growth," said Dr. Chrisa perfect fit to support our

dents to impact the world for Christ."

The Holy Grind envisions itself as a haven for building respect and integrity, offering delicious beverages and treats in a encouraging workplace. full-service cafe that inspires rest, creativity and meaningful work experiences. The coffee house provides a variety of coffees, teas and iced, frosted and frozen drinks, alongside breakfast and lunch options, including Java combos, fresh wraps, snacks high-quality products in a and sweets. Portions of the proceeds from The Holy Grind will go toward supporting the school's annual mission trips that further

The Holy Grind is a private coffee house serving ments and healthy choices only the North Hills Christian School community. well-being and spiritual While it is not open to the public, family and friends topher Crabtree, the high are welcome to visit during school principal at North sporting events and school Hills. "The Holy Grind is functions. The Holy Grind Holy Grind at North Hills. operates from 7:15 a.m. to mission in equipping the 3:15 p.m., Monday through tine Spiegel added, "It's not

special events. The coffee house is staffed by students School, who are part of a unique program designed to foster a supportive and These student employees, known as Java Jugglers, are cross-trained to work in all areas of the coffee house, including barista duties, food serving, blending and delivering drinks, cashiering and restocking. Their role is crucial in providing exceptional customer service and creating a warm, welcoming atmosphere for all guests.

"We are honored and blessed to be a part of molding the minds and skills of these students who are kingdom-focused. The Holy Grind is going to be a safe and supportive gathering place for students to meet, learn teamwork and build leadership skills," said Robert Bliven, manager of The

Holy Grind owner Chrishearts and minds of our stu- Friday, and during those just about giving coffee cused service.

and healthy snacks to the students. It's about giving from North Hills Christian them real-life experience and getting them ready to go out in the real world.'

Spiegel indicated that they have big plans for the location as it relates to students honoring those skills and others.

"We are going to be building curriculum around how the Holy Grind works, as well as helping them with resumes or anything they can to help them prepare to go out into the world," Spiegel said.

The North Hills location marks the first Holy Grind Coffee House to open within a K-12 private school in North Carolina and is the fourth location overall, following successful openings in China Grove, Kannapolis and Concord. With plans to expand into more schools and brick-and-mortar locations across the U.S., The Holy Grind continues its mission to share the love of Jesus through exceptional coffee and community-fo-

Panda Express opens Kannapolis location

Staff report

KANNAPOLIS — Panda Express, the largest Asian dining concept in the U.S., is celebrating the grand opening of its newest location in Kannapolis with an official ribbon-cutting ceremony with the Cabarrus Chamber in attendance on Tuesday, Aug. 27, beginning at 9:30 a.m., and the first lucky 88 guests to receive a free Panda Express branded T-shirt.

Located in Kannapolis at 450 Kannapolis Parkway, the new Panda Express location offers Panda's familiar dishes, including its Original Orange Chicken, Honey Walnut Shrimp and guest-favorite Broccoli Beef entrée.

Guests can also sign up for the new Panda Rewards program on the Panda Express mobile app or online at PandaRewards.com and receive a Welcome Gift2 and exclusive surprises all year long.

'Our entire Panda team is grateful to serve the Kannapolis community by providing new jobs and supporting local raising opportunities," said Zi Gaviola, Panda Express area coach of operations. "We hope to be a lasting part of the community and welcome all guests into our doors to try our American Chinese favorites and discover their own."

The new location features an updated store design for the restaurant chain, known as Panda Home. The model incorporates design elements inspired by traditional Chinese architecture and traditions with modern motifs that tells the unique story of Panda Express. Panda recognizes consumer habits have changed over the last three years and to meet the needs of guests' evolved lifestyles, the updated store design creates efficiencies for operators and diners to accommodate the increased demand for online ordering and drive-thru channels.

Job opportunities for local residents

As a family-owned and Express can visit Pandaca- until 10 p.m.

organizations through fund- operated company commit- reers.com. ted to supporting the communities it serves, Panda has set out to create multiple employment opportunities for local residents, offering one of the highest starting wages in the restaurant industry and comprehensive benefits.

A majority of Panda Express general managers earn \$100,000 annually. Since 2021, Panda has hired nearly 40,000 new associates and continues to hire more.

Associates will grow professionally, personally, and financially at Panda, as the company provides a wide range of training programs, as well as professional and personal development courses through the University of Panda.

Panda is nationally recognized as a top employer by Fortune's 100 Best Companies to Work For, Great Place to Work Certification and PEOPLE's Companies That Care list. Those interested in a career with Panda

At each Panda Express location, associates ring a bell each time a guest donates to the Panda Cares in-store donation box. Panda Cares Foundation, the philanthropic arm of Panda Express, donates 100 percent of the funds collected to local nonprofit organizations that support the health and education needs of underserved youth. Any organization registered as a nonprofit/501(c)(3)/tax-exempt organization can sign up for the Neighborhood Fundraisers, and Panda donates 20 percent of pre-tax event sales from in-person and online orders submitted through the Panda Express website or mobile app at the selected Panda location. Organizations can learn more about fundraising opportunities here.

The new location is open daily from 10 a.m. to 9:30 p.m., with drive-thru open

Should you consider moving when you retire?

ome retirees find they can add 6-8 years to their retirements by moving. But there are lots of things to consider before doing so.

It's common for seniors who want to remain in their hometowns to trade their



Brad Rhodes

large homes for smaller, less expensive ones. Most retirees enjoy being in a familiar environment and having family and friends nearby but hate wasting time and money maintaining a large home. Downsizing is a popular choice because it's more likely to be aligned with lifestyle

goals. Many seniors feel that the cash generated by downsizing could be put to better use in retirement. While downsizing to a smaller home located in, or close to, their home town is still the most common option chosen by seniors; some retirees decide to move to other states, or even to other countries.

Should you consider moving out of state?

Moving to a different state makes sense for certain retirees from several perspectives. For one thing, moving to a state with a lower cost of living, no or low state income taxes and lower medical costs can free up tens of thousands of dollars. Those savings could provide additional income streams in retirement or pay for medical expenses or longterm care insurance.

Also, seniors who move from places with harsh winters often find they become more active and healthier. There are many states such as Arizona and Florida, where seniors can golf, swim, bike and play tennis pretty much yearround. However, moving is a physically and emotionally-taxing event, even when you are young. For the over-50 crowd, it can be even more so. Before you make a move, it's good to do your research first and understand your reasons for moving and what you want to accomplish.

Some questions to ask are:

- What are my real reasons for mov-
- What kind of post-work life do I want, and will changing locations make
- If I relocate, will my retirement improve significantly?
- Have I thoroughly researched my area for relocation?
- Do I know I will have the same or
- better access to medical care? Will not having my kids and grand-
- kids nearby be an issue? • How easy will it be for me to make new friends and rebuild my social cir-
- cle? • Is the money I will save worth the stress of the move?
- Will I be able to "age in place" or am I likely to need assistance with everyday
- How will my moving impact other family members?

It's a good idea to meet with family members and discuss your intentions. Receive feedback from those you love and seek the advice of people you know who have made a move. It's also worthwhile to sit down with your financial advisor, CPA, or insurance professional and get their input. Often, these professionals are aware of potential minefields you may not have considered. For example, some states with no state income taxes make up for that by having higher property taxes. Or, domestic asset protection laws in the state to which you are moving could be weak, which might be an issue in estate planning.

In short, moving to another state or country can have a positive impact on your life after work. With proper planning and research, a move might mean extra cash you can use to make your retirement more comfortable and less stressful. You may be able to create a more robust emergency fund or pay for trips and leisure activities you could otherwise not afford. But you should also be realistic when it comes to potential downsides, such as feeling cut-off from family and friends, or not having access to the same kind of medical care you currently receive. Partnering with your trusted retirement planner can help you make a more informed choice and avoid making a move you'll come to regret.

Brad Rhodes lives in Lexington and is a member of Syndicated Columnists.

Duke Energy launches new virtual home energy assessment in NC

Staff report

Duke Energy is expanding its existing in-home assessment program and providing new virtual, phone and web options for customers through its Home Energy House Call proand awareness of energy use, the company's energy specialists help customers find ways to save energy and money by being more efficient.

a customized usage report, Duke Energy North Carolow-cost tips and expert recommendations to help them see energy savings.

Newly eligible customers include renters of single-family homes and owners/renters of condos, gram. Through education townhomes and manufactured homes.

"We are excited to enhance accessibility of our Home Energy House Call program to reach more customers across North Customers receive a Carolina," said Kendal

lina. "It's a great way for customers to get personalized recommendations and insights to help them save energy and ultimately money on their energy bills each month."

New assessments in-

• Virtual: Walk through your home and conduct a free assessment with one of our energy advisors using your device's camera.

• Phone: One of our

form your energy assessment over the phone and answer any questions you

• Online: Receive a self-directed energy assessment.

For the virtual and phone assessments, an energy specialist will analyze customers' total home energy usage and check the efficiency of their appliances and heating/cooling systems. The self-guided online assessment gener-

recommendations based on customer responses.

Based on the information collected, Duke Energy's experts will give customers a customized report detailing steps they can take to increase efficiency and lower their energy bill.

Along with the free assessment report, customers will receive a free energy efficiency kit in the mail that includes bathroom aerators, weatherstripping, water heater insulation

free energy efficiency kit, Bowman, president of energy advisors will per- ates customized savings pipe wrap and a furnace filter whistle that can be self-installed to see immediate savings.

The Home Energy House Call program is offered to Duke Energy customers in single-family homes, condominiums, townhomes or manufactured homes who have an electric water heater, electric heat or central air conditioning.

To learn more and sign up, go to Home Energy House Call or call 844-346-

North Carolina court says speedway can sue top health official over COVID-19 closure

By Gary D. Robertson Associated Press

RALEIGH — A North Carolina racetrack shuttered briefly for defying state gathering limits during the pandemic can sue the top health regulator on allegations that Gov. Rov Cooper's administration violated the constitutional rights of its operators by trying to make an example out of it, the state Supreme Court ruled Friday.

The justices agreed unanimously that counterclaims that Ace Speedway in Alamance County and its owners filed seeking financial damages can continue, agreeing with unprecedented global pana Court of Appeals panel in 2022 and a trial judge that refused to throw them out. That lawsuit was filed weeks after a judge in 2020 helped enforce then-Health infringed on rights for peoand Human Services Sec- ple to enjoy "the fruits of

retary Mandy Cohen's or- their own labor" and conder to stop the track from ducted "unlawful selective holding events unless they complied with Cooper's statewide executive order that included crowd-size

State lawyers representing Kody Kinsley — Cohen's successor — argued the speedway was cited because it repeatedly and publicly violated the law, and that sovereign immunity blocks such litigation against a state official. They also said COVID-19 gathering limits were temporary and served a proper governmental purpose to protect the public during the "early and uncertain stages of an demic."

But the Supreme Court agreed the speedway's attorney made plausible legal claims that the state enforcement" of its order against the speedway. The substance of those claims have yet to be judged in

"We emphasize that these allegations remain unproven," Associate Justice Richard Dietz wrote in the court's opinion, but "these allegations assert colorable claims under the North Carolina Constitution for which there is no alternative remedy," and thus litigation is allowed.

The ruling hands a legal defeat to the Democratic governor by a court composed of five registered Republicans and two Democrats. The case now returns to trial court to be heard. The state Department of Health and Human Services is reviewing the decision, a spokesperson said.

Three days after Coo-

per issued a May 2020 executive order placing a 25-person cap on all outdoor gatherings, Ace Speedway hosted approximately 2,550 spectators for its first race of the season.

Racetrack operator Robert Turner spoke out against the restrictions and said his racetrack would remain open for all attendees. A sign posted on site at a subsequent race that June labeled the 2,000-person gathering a "peaceful protest of injustice and inequality everywhere," the lawsuit

When the short-track speedway continued to draw crowds of 1.000 or more, Cooper's office ordered the Alamance County sheriff to intervene. After the sheriff refused. the Cooper administration declared Ace Speedway an "imminent hazard" for the

called for its closure until the order expired. Turner alleged that Cooper treated his business differently than other outdoor venues because of his vocal oppo-

Such restrictions have long expired. State attorneys argued if counterclaims were allowed to continue, they would "hamstring the government's ability to effectively address future public health crises and other emergencies," Kinsley's legal brief read

Dietz wrote that at this stage of the case the Ace Speedway allegations must be taken as true. And if Cooper did indeed single out the business for enforcement because of Turner's outcry, then the order would have not held a proper governmental purpose, Dietz said.

Chuck Kitchen, an attorspread of COVID-19 and new representing the speed-

way operators, praised Friday's decision, saying the speedway was shut down for nearly an entire racing

Other court cases involving the governor's powers in health emergencies are pending.

The state Supreme Court has agreed to hear a pair of cases filed by operators of standalone bars who said Cooper's executive orders forcing them to remain shuttered for safety while restaurants that serve alcohol got to reopen violated the state constitution. Court of Appeals panels have sided with the bar and taverns. Kitchen, who is also representing plaintiffs in one of the bar cases, said the bar litigation could address more broadly whether the executive orders were unlawful even without selective enforcement allega-

Justice Department accuses RealPage of a scheme to help landlords hike rents in antitrust lawsuit

WASHINGTON (AP) — The Justice Department filed an antitrust lawsuit Friday against real estate software company Real-Page Inc., accusing it of an illegal scheme that allows landlords to coordinate to hike rental prices.

The lawsuit, filed along-Carolina and California, alleges the company is violating antitrust laws through its algorithm that landlords use to get recommended rental prices for millions of apartments across the country.

Rents across the U.S. saw a huge spike in 2021 and 2022, and though their growth has since tapered off, they remain stubbornly high for many tenants, thanks in part to a huge lack of housing supply.

Justice Department officials allege that RealPage is another reason for the high rents since the algorithm allows landlords to align their prices and avoid competition that would otherwise keep rents down.

"Americans should not have to pay more in rent simply because a company has found a new way to scheme with landlords to break the law," Attorney General Merrick Garland told reporters.

In a statement, Real-Page said the Justice Department's claims were "devoid of merit and will do nothing to make housing more affordable."

"We are disappointed that, after multiple years of education and cooperation on the antitrust matters concerning RealPage, the DOJ has chosen this moment to pursue a lawsuit that seeks to scapegoat pro-competitive technology that has been used responsibly for years," the company said.

In an interview with the Associated Press, Dom Beveridge, a longtime expert in the revenue management field who is not connected to the lawsuit, gave a detailed, vocifer- and continues to support says the company is by ous defense of revenue management software and said prosecutors have fundamentally misunderstood how such products work.

"If it were true that the software enabled price-fixing, I would 100% be on the side of the lawsuits — but side attorneys general in it's simply not what the states including North software does," said Beveridge, who briefly worked for RealPage when his company's software was acquired by the firm in 2017. "These algorithms are only functionally capable of optimizing one property at a time. They can't say, 'I'm going to take property A, B and C and figure out collectively what they should do together,' which is the allegation being made."

He emphasized that property managers are incentivized to maximize revenue, which means keeping occupancy high, rather than constraining supply, as critics have alleged. Rather than being like an Uber "surge price," revenue management tools help apartment managers align their inventory as if it were a game of Tetris, thereby actually increasing the supply available, Beveridge said.

RealPage came under scrutiny after a 2022 Pro-Publica investigation into the company's practice suggested that it could be to blame for some of the rapid increases in rents. Since then, RealPage has drawn the ire of Democratic lawmakers, including Sen. Amy Klobuchar of Minnesota, who in February introduced a bill to bar companies from using algorithms to collude and fix prices.

White House National Economic Advisor Lael Brainard said the White House had no comment on the lawsuit, but added that President Joe Biden's administration "has made clear that no one should pay higher prices because of corporate lawbreaking fair and vigorous enforceto prevent illegal collusion."

RealPage is not the only company that offers an algorithmic tool to help prices. But the lawsuit is different.

far the biggest in the inment of the antitrust laws dustry, controlling 80% of the market.

The use of data to help property managers set their rents isn't new or, on its face, illegal. But offiproperty managers set cials argue that RealPage

According to lawsuits filed in the past year by the attorneys general for Arizona and Washington, D.C., RealPage doesn't just use publicly available data — it uses confidential da-

software to determine the highest price.

That amounts to cartel-like illegal price collusion, authorities say. Only this time, instead of cartel members meeting inside a ta that RealPage's clients proverbial "smoke-filled have agreed to privately room," the price-fixing is



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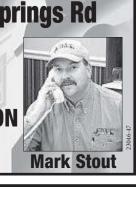
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Notices

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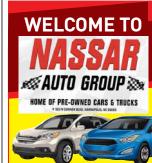
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Public Notices

NOTICE TO CREDITORS

Having qualified as Executor for the Estate of Effie K Vellines, Salisbury NC 28146, late of Rowan County, NC. This is to notify all persons, firms and corporations hav-ing claims against the said decedent to exhibit them to the undersigned on or be-fore 11/23/24. This notice will be pleaded fore 11/23/24. Ihis notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/18/2024. Wayne Whitley Vellines as Executor for the estate of Effie K Vellines, deceased, Estate File 24E893, 170 Clement Street, Salisbury NC 28146. Publish Salisbury Post: 08/18/24, 08/25/24, 09/01/24, 09/08/24.

No. 1868411

NOTICE TO CREDITORS NOTICE TO CREDITORS

Having qualified as Executor for the Estate of Jimmy L Campbell, Cleveland NC 27013, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/23/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/18/2024. James Mark Campbell, as Executor for the estate of Jimmy L Campbell, deceased, Estate File 24E88, 4585 Chenault Road, Cleveland NC 27013. Publish Salisbury Post: 08/18/24, 08/25/24, 09/01/24, 09/08/24.

No. 1863500

No. 1863500

NOTICE TO CREDITORS

Having qualified as Executor for the Estate of Billy Fillmore Deaver, Jr., China Grove NC 28023, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/09/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/04/2024. Kelli Jo Deaver Bostian as Executor for the estate of Billy Fillmore Deaver, Jr., deceased, Estate File 24E840, 2306 Moose Road, Kanapolis NC 28083.

Publish Salisbury Post: 08/04/24, 08/11/24, 08/18/24, 08/25/24.

NOTICE TO CREDITORS Having qualified as Executor for the Estate of Deborah Lynn Clark, Salisbury NC 28144, late of Rowan County, NC. This is to notify all persons, firms an having claims against the said decedent to exhibit them to the undersigned on or be-fore 11/23/24. This notice will be pleaded fore 11/23/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/18/2024. Scott Watson Weatherly, IV as Executor for the estate of Deborah Lynn Clark, deceased, Estate File 24E221, 1535 Caraleigh Mills Court, Apt 210, Raleigh, NC 27603. Publish Salisbury Post: 08/18/24, 08/25/24, 09/01/24, 09/08/24.

No. 1872313 NOTICE TO CREDITORS

NOTICE TO CREDITORS

Having qualified as Executor for the Estate of Pamela June Compton Wright, Mt Ulla NC 28125, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/30/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/25/2024. Kyla D Quinn as Executor for the estate of Pamela June Compton Wright, deceased, Estate File 24E914, 503 Clearview Drive, Cleveland, NC 27013.

Publish Salisbury Post: 08/25/24, 09/01/24, 09/08/24, 09/15/24.

09/08/24, 09/15/24.

No. 1862952

Having qualified as Executor for the Estate of Evelyn Marie Ward White, Mooresville Nc 28115, late of Rowan County, Nc. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/09/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/04/2024. Sherry Swain Walter as Executor for the estate of Evelyn Marie Ward White, deceased. Estate File 24E821, 102 Timway Drive, Kannapolis NC 28081. Attorney at Law. John T Hudson, 122 N Lee Street, Salisbury NC 28144

Publish Salisbury Post: 08/04/24, 08/11/24, 08/18/24, 08/25/24.

No. 1872370

NOTICE TO CREDITORS

Having qualified as Public the Estate of Gary Martin Peeler, Salisbury NC 28146, late of Rowan County, NC. This NC 28146, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/30/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/25/2024. John T Hudson as Public Administrator for the estate of Gary Martin Peeler, deceased, Estate File 24E449, 122 N Lee Street, Salisbury NC 28144, Attorney at Law: John T Hudson, 122 N Lee Street, Salisbury NC 28144 Publish Salisbury Post: 08/25/24, 09/01/24, 09/08/24, 09/15/24.

No. 1868547 NOTICE TO CREDITORS

No. 1868547

MOTICE TO CREDITORS

Having qualified as Administrator for the Estate of Delores Elizabeth Davis Feamster, Salisbury NC 28144, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/23/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/18/2024. Deborah D Crowder as Administrator for the estate of Delores Elizabeth davis Feamster, deceased, Estate File #2024E255, 1018 E Lafayette Street, Salisbury NC 28144. Attorney: Sean B Sandison, 133 E Council Street, Salisbury NC 281444. Publish Salisbury Post: 08/18/24, 08/25/24, 09/01/24, 09/08/24.

Public Notices

NOTICE TO CREDITORS

NOTICE TO CREDITORS

Having qualified as Administrator for the Estate of Mary Oddie Wells, Salisbury NC 28144, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/16/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/11/2024. Debra Wells Ballard as Administrator for the estate of Mary Oddie Wells, deceased, Estate File 24E856, 1955 Barger Road, Salisbury NC 28146. Attorney at Law: John T Hudson, 122 N Lee Street, Salisbury NC 28144. Publish Salisbury Post: 08/11/24, 08/18/24, 08/15/24, 09/01/24.

08/25/24, 09/01/24.

No. 1868562

NOTICE TO CREDITORS

Having qualified as Executor for the Estate of Dennis Paul Heater, Salisbury NC 28146, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/23/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/18/2024. Walter Allen Hubbard as Executor for the estate of Dennis Paul Heater, deceased, Estate File 24E886, 1634 Long Ferry Road, Salisbury NC 28146.

Attorney at Law: Carl M Short, Jr. , 225 N Main Street, Suite 200, PO Box 829, Salisbury NC 28145-0829

Publish Salisbury Post: 08/18/24, 08/25/24, 09/01/24, 09/08/24.

NO. 186500/2

NOTICE TO CREDITORS

Having qualified as Executor for the Es-

NOTICE TO CREDITORS NOTICE TO CREDITORS
Having qualified as Executor for the Estate of John Harry Hartsell, Salisbury NC
28147, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/16/24. This notice will be pleaded in har of their recovery All nersons firms rore 11716/24. Ihis notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/11/2024. Tony Ray Hartsell as Executor for the estate of John Harry Hartsell, deceased, Estate File 24E735, 430 Barber Lyerly Road, Salisbury NC 28147.

28147. Attorney at Law: Carl M Short Jr., 225 N Main Street, Suite 200, PO Box 829, Salis-bury NC 28145-0829 Publish Salisbury Post: 08/11/24, 08/18/24, 08/25/24, 09/01/24.

No. 1859100 NOTICE TO CREDITORS

No. 1859100

NOTICE TO CREDITORS

Having qualified as Co-Executor for the Estate of Mickey Joan Allran Price, Salisbury NC 28147, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/02/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 07/28/2024. Rhonda Short Bolton, 723 5th Avenue NE, Hickory NC 28601 and James Walter Baker, 621 Channing Circle, Concord, NC 28027 as Co-Executors for the estate of Mickey Joan Allran Price, deceased, Estate File 24E785, Attorney at Law: Molly Simpson Gross, Patrick, Harper & Dixon, LLP, PO Box 218, Hickory NC 28603. Publish Salisbury Post: 08/04/24, 08/11/24, 08/15/24 No. 1869282

08/18/24, 08/25/24

No. 1869282

NOTICE TO CREDITORS

Having qualified as Administrator for the Estate of Shirley Reavis Hodge a/k/a Shirley Ann Hodge, Woodleaf NC 27054, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/23/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/18/2024. Lynn Hodge Weisler a/k/a Shirley Hodge Weisler and Deborah Jean Hodge as Co-Administrators for the estate of Shirley Reavis Hodge a/k/a Shirley Hodge Weisler a/k/a Shirley Hodge Weisler a/k/a Shirley Hodge Weisler (Sabase) Hodge Meisler (Sabase) Hodge (Sabase) Hodge Meisler (Sabase) Hodge (Sabase)

Publish Salisbury Post: 08/18/24, 08/25/24, 09/01/24, 09/08/24.

No. 1871169

NORTH CAROLINA ROWAN COUNTY IN THE GENERAL COURT OF **JUSTICE ROWAN COUNTY DISTRICT COURT** DIVISION

NOTICE OF SERVICE OF PROCESS BY PUBLICATION IN RE: Lilah McGarity, DOB: 6/1/2023. A Minor.

FILE NO 23 JT 94

TO RESPONDENTS: Ellen Burcham, mother.

Unknown father. PLEASE TAKE NOTICE that a Petition has been filed by the Rowan County Department of Social Services (petitioner) for the purpose of terminating your parental rights with respect to Lilah Anne Lvnn McGarity, born on June 1, 2023, to Ellen Bucharm in Rowan County, North Carolina, so that she can be placed for adoption. You are notified to appear and answer the petition by serving the original of your written answer upon the Clerk of Superior Court, Juvenile Court Division, Rowan County Courthouse, 210 N. Main Street, Salisbury, NC 28144, within forty (40) days from the date of the first publication of this notice. You also must serve a copy of the answer on the petitioner's attorney. You will be notified of the time, date, and place to appear for a hearing upon the filing of your answer. The purpose of the hearing is to seek termination of your parental rights as they pertain to Lilah Mc-Garity. You are entitled to appear at the hearing. If you cannot afford an attorney, you are entitled to an appointed attorney to assist you provided you request one before the time set for the hearing. If you fail to request counsel, you may waive your right to appointed counsel. You may request an attorney by contacting the Clerk of Superior Court, Juvenile Court Division, 210 N. Main St, Salisbury, NC 28144 (704) 797-3054. This is a new case and any attorney appointed previously to represent you will not represent you in this termination of parental rights proceeding unless otherwise ordered by the court. If you fail to file an answer within the time specified, Petitioner will apply to the court for termination of your parental rights. Your parental rights may be terminated if you do not respond within the time required.

This the 21st day of August 2024.

Morgan Swink, Attorney for Petitioner Rowan County Dept. of Social

1813 East Innes St. Salisbury NC 28146 (704) 216-8442

Services

Publish Salisbury Post: 08/25/24, 09/01/24, 09/08/24.

Public Notices

NOTICE TO CREDITORS
Having qualified as Except NOTICE TO CREDITORS

Having qualified as Executor for the Estate of Louise E Sobek, Gold Hill NC 28071, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the undersigned on or before 11/30/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/25/2024.Gary A Sobek as Executor for the estate of Louise E Sobek, deceased, Estate File 24E919, 305 Aviation Lane, Gold Hill, NC 28071.

Publish Salisbury Post: 08/25/24, 09/01/24, 09/08/24, 09/15/24.

No. 1869185

PUBLIC LEGISLATIVE HEARING NOTICES

The Town of Granite Quarry will hold a legislative public hearing regarding a petition for Annexation for the owner, LGI Homes NC, LLC, of property located at 1711 St. Paul's Church Road, (Rowan County Parcel ID 404 104 and 404 152) for voluntary contiguous annexation into the town limits. The properties when taken together consist of approximately 20.85

The Town of Granite Quarry will hold a concurrent legislative public hearing regarding a petition for both Annexation and the initial zoning designation by Zoning Map Amendment (rezoning) of "Mixed-Use 2" (MU-2) for the owner, Rowan Summit, LLC, of property located at 115 Rowan Summit Drive, Salisbury NC 28146 (Rowan County Parcel ID 402C008) by voluntary non-contiguous annexation into the town limits. The property consists of approximately 1.99 acres.

The Mayor and Town Council invite you to attend the hearing(s) to share your comments on the proposed amendment(s) to be held on Monday, September 9, 2024, at 6:00 PM or as early thereafter as the agenda progression allows, at the Granite Quarry Town Hall. 143 N. Salisbury Avenue, Granite Quarry, NC 28146.

Hearing impaired persons requiring assistance should contact the Town Clerk (704) 279-5596 at least 24 hours prior to the hearing to request special accommoda-

Publish Salisbury Post: 08/18/24, 08/25/24

No. 1871195

NORTH CAROLINA ROWAN COUNTY

IN THE GENERAL COURT OF **JUSTICE DISTRICT COURT DIVISION**

FILE NO 14 JA 223

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

> IN RE: **Justin Eagle** DOB: 6/20/2011 **A Minor** TO RESPONDENT: Amanda Carlton, mother.

PLEASE TAKE NOTICE that a verified Juvenile Petition has been filed by the Rowan County Department of Social Services (petitioner) alleging that the above-named juvenile is dependent as defined North Carolina General ues Chapter 7B. You are notified to appear and answer the petition by serving the original of your written answer upon the Clerk of Superior Court, Juvenile Court Division. Rowan County Courthouse, 210 N. Main Street, Salisbury, NC 28144, within forty (40) days from the date of the first publication of this notice. You also must serve a copy of the answer on the petitioner & attorney (address below). You will be notified of the time, date, and place to appear for a hear-ing upon the filing of your answer. The purpose of the hearing is to determine and review the need for continued custody, placement options, visitation, available services, and other needs as they pertain to Justin Eagle. You are entitled to appear at the hearing. If vou cannot afford an attorney, vou are entitled to an appointed attorney to assist you provided you request one before the time set for the hearing. If you fail to request counsel, you may waive your right to appointed counsel. You may request an attorney by contacting the Clerk of Superior Court, Juvenile Court Division, 210 N. Main St, Salisbury, NC 28144 (704) 797-3054. This is a new case and any attorney appointed previously to represent you will not represent you in this proceeding unless otherwise ordered by the court. If you fail to file an answer within the time specified, or appear for said court hearing, the court will determine if the allegations of the petition are true, conduct a dispositional hearing for the needs of the juvenile, and enter an order designed to meet the needs and the objective of the State. The dispositional order may remove the juvenile from the custody of a parent, and the Petitioner will apply to the court for permanent custody of the juvenile to be placed with the Rowan County Department of Social Services.

This the 21 st day of August 2024. Morgan Swink,

Attorney for Petitioner Rowan County Dept. of Social Services 1813 East Innes St. Salisbury NC 28146

Publish Salisbury Post: 08/25/24, 09/01/24, 09/08/24. No. 1869269 NOTICE TO CREDITORS Having qualified as Administrator for the Estate of Tonia Jeannine Morrow, Kannapolis NC 28083, late of Rowan County, NC. This is to notify all persons, firms and corporations having claims against the said decedent to exhibit them to the under-

Public Notices

signed on or before 11/23/24. This notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate are notified to make immediate payment. Today's date 08/18/2024. James Pike Morrow as Administrator for the estate of Tonia Jeannine Morrow, deceased, Estate File 24E633, 1524 Laburnum Dr. Columbia, SC 29205. Resident Process Agent: Tamela Cauble, 144 Carlton Dr., Mooresville NC 28177 Publish Salisbury Post: 08/18/24, 08/25/24, 09/01/24, 09/08/24.

No. 1872192

Rowan County Facilities Management **Request for Qualifications (RFQ)**

This Request for Qualifications (RFQ) is a solicitation for Statements of Qualifications (SOQ) from interested and qualified architectural firms for professional architectural and construction administration services. Rowan County anticipates awarding a single master contract for the services required to design ADA compliant renovations for the improvement of Rowan County facilities.

Statements of Qualifications (SOQ) for the Rowan County ADA Renovations and Facilities Improvements request will be accepted until Friday, September 20, 2024, at 3:00 PM ET at the Rowan County Purchasing Department 130 West Innes Street, Suite 31, Salisbury, North Carolina 28144. SOQs received after this time will not be opened. Faxed proposals will not be accepted. SOQs should be clearly marked "RFQ for ADA Architectural Service" and preferably sent via email or, if the bidder prefers, the documents can be delivered to:

Public Notices

Rowan County Purchasing Department Attn: Jody Farrow-Bennett, Purchasing Director

130 West Innes Street, Suite 31 Salisbury, NC 28144 704-216-8178

jody.farrow-bennett@rowancountync.gov https://www.rowancountync. gov/675/Purchasing

Once the RFQ is public all questions related to the RFQ shall be directed to the Purchasing Director. Any contact related to the RFQ with County Staff and/or Board of Commissioners will be prohibited and cause for rejection. All questions shall be submitted in writing to the Purchasing Director.

Contracts funded with federal grant funds must be procured in a manner that conforms with all applicable Federal laws, policies, and standards.

Rowan County reserves the right to award and/or reject any and/ or all submittals and waive any technicalities or irregularities. For complete details, consult the RFQ. This is the 25 th day of August

Rowan County By: Jody Farrow-Bennett Rowan County Director of Purchasing Publish Salisbury Post: 08/25/24.





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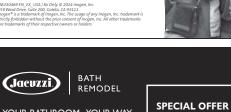
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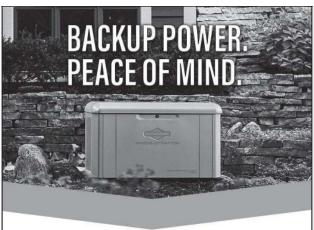
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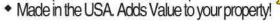
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National Cities



5-Day Forecast for Salisbury

Today High 83° Sunny

Low 59° Clear

Tonight

Sunday 88°/64° Sunny

Monday 91°/67° Sunny

Tuesday 93°/70° Mostly Sunny Wednesday 94°/71°

Mostly Sunny

Post your job opportunity in Classifieds!

Salisbury Post Employment Packages

3 days in print, 1 week online:

6 days in print, 2 weeks online:

9 days in print, 3 weeks online:

12 days in print,

4 weeks online:

In order to receive the employment package prices, your ad must be 8 lines of text or less

Call today to place your employment opportunity! 704-797-4220

	Today		Tor	Tomorrow			Today		Tomorrow				
City	Hi	Lo	W	Hi	Lo	W	City	Hi	Lo	W	Hi	Lo	١
Albany	83	60	s	85	62	рс	Los Angeles	79	60	рс	82	61	S
Anchorage	58	45	sh	61	43	mc	Memphis	92	71	S	95	73	S
Atlanta	88	64	S	91	67	S	Miami	89	82	t	90	83	t
Atlantic City	82	66	рс	83	67	S	Milwaukee	85	68	рс	83	70	r
Baltimore	87	69	рс	89	70	S	Minneapolis	85	71	рс	88	73	p
Billings	94	59	S	78	54	рс	Nashville	94	67	S	96	71	S
Bismarck	92	71	рс	91	64	рс	New Orleans	90	78	S	91	79	t
Boston	83	64	S	84	65	рс	New York	84	67	рс	85	69	S
Buffalo	79	63	рс	82	65	рс	Omaha	93	77	sh	100	76	S
Cheyenne	86	58	sh	80	53	t	Orlando	89	77	sh	90	78	S
Chicago	87	73	рс	85	74	t	Pensacola	90	75	t	91	76	t
Cleveland	84	69	S	85	70	рс	Philadelphia	85	65	S	87	67	S
Columbus, OH	90	68	рс	91	70	рс	Portland, ME	78	61	S	76	63	p
Dallas	100	79	S	99	78	S	Portland, OR	68	55	sh	76	56	p
Dayton	90	69	рс	91	70	рс	Phoenix	104	82	S	105	83	S
Denver	92	63	t	87	59	t	Salt Lake City	88	57	S	76	54	
Detroit	85	67	S	86	69	рс	San Diego	75	61	рс	77	64	S
Fairbanks	54	42	sh	58	39	mc	San Francisco	72	56	рс	74	57	S
Green Bay	83	64	рс	84	69	рс	Seattle	65	57	sh	71	56	r
Honolulu	85	75	sh	86	76	sh	Spokane	72	50	sh	75	49	p
Indianapolis	88	71	рс	89	72	mc	Tampa	93		t	92	77	_
Jacksonville	88	76	t	89	77	sh	Topeka	96	79	рс	100	77	S
Kansas City	93	79	рс	98	78	S	Washington, DC	86	64	рс	90	68	S
Key West	90	82	sh	91	83	sh	Wilmington	82	68	t	87	69	S
Las Vegas	95	73	s	94	75	S	Yuma	105	79	s	103	78	S

Regional Weather

Kitty Hawk 77/67 85/61 85/59 Knoxville Durham 88/64 2 85/61 Greensboro 78/56 Raleigh 85/61 Salisbury Cape Hatteras 83/59 84/59 84/61 85/58 82/60 Charlotte - Spartanburg 84/62 84/62 Lumberton Greenville **Morehead City** 82/68 Darlington 84/63 Atlanta 88/64 Southport Columbia Athens Myrtle Beach 81/71 Charleston -85/73 Macon Shown is today's weather. 86/63 Temperatures are today's highs and tonight's lows.

World Cities Today Tomorrow Hi Lo W Hi Lo W Hi Lo W City Hi Lo W City Acapulco 73 ra 84 74 ra 85 67 s 89 67 s Jerusalem 66 58 ra 78 58 ra 65 59 pc 68 60 s Banhdad 117 91 s 119 99 mc London 63 57 ra 68 53 s 80 76 ra 92 69 ra 76 59 mc 75 64 ra Beijing Montreal 82 63 pc 83 80 s 83 80 s 74 59 mc Berlin 89 69 s 76 66 ra **Paris** 85 67 ra 74 58 s 44 mc 42 s 92 76 pc 95 73 s **Buenos Aires** Rome 100 79 s 102 81 s 79 71 ra 72 69 ra Calgary 73 52 ra 73 49 ra Seoul 91 75 ra 92 77 mc 49 ra 63 49 ra 90 83 ra 90 82 ra Dublin Tokyo 86 82 mc 85 82 pc 94 70 mc

Almanac

Data from Salisbury through 6 p.m. yest.

Temperature
High 80°
Low 52°
Last year's high89°
Last year's low65°
Normal high 87°
Normal low
Record high
Record low 52° in 1909
Humidity at noon51%

Precipitation* 24 hours through 6 p.m. yest. Month to date Normal year to date

Pollen Index

Salisbury

Today: 8.9 - medium-high Sunday: 8.8 - medium-high Monday: 8.8 - medium-high

Air Quality Index

Charlotte

Yesterday Today 55 ... moderate

N. C. Dept. of Environment and Natural Resources 0-50 good, 51-100 moderate, 101-150 unhealthy for sensitive grps., 151-200 unhealthy, 201-300 very unhealthy, 301-500 hazardous

*Precipitation from Piedmont Research Station

Local Outlool

4.6		Peak Times						
	Major	Times	Minor Times					
2 200	AM .	PM	AM	PM				
Today	4:18-6:18	4:45-6:45	6:48-7:48	7:59-8:59				
Sunday	5:12-7:12	5:39-7:39	6:49-7:49	7:57-8:57				
Monday	6:08-8:08	6:36-8:36	6:49-7:49	7:56-8:56				
Tuesday	7:05-9:05	7:34-9:34	6:50-7:50	7:55-8:55				
Wednesday	8:03-10:03	8:31-10:31	6:51-7:51	7:53-8:53				
Thursday	8:59-10:59	9:26-11:26	6:52-7:52	7:52-8:52				
Friday	9:52-11:52	10:18-12:18	6:52-7:52	7:51-8:51				

Lake Levels

Lake	Observe	ove/Belo Full Pool
High Rock Lake	653.38	 -1.62
Badin Lake	540.84	 -1.16
Tuckertown Lake	595.39	 -0.61
Tillery Lake	277.67	 -1.33
Blewett Falls	176.98	 -2.02
Lake Norman	97.71	 -4.29

Sun and Moon

Sunrise today	6:48 a	.m
Sunset tonight	7:59 p	.m
Moonrise today	10:57 p	.m
Moonset tonight	12:25 p	.m
Sunrise tomorrow	6:49 a	.m
Sunset tomorrow	7:57 p	.m
Moonrise tomorrow	11:36 p	.m
Moonset tomorrow	1:37 p	.m

New

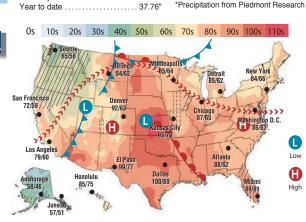
Last

Sep 17

Full

Sep 11

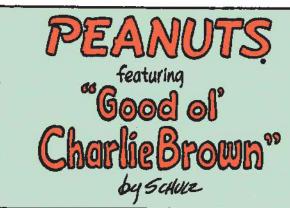
First



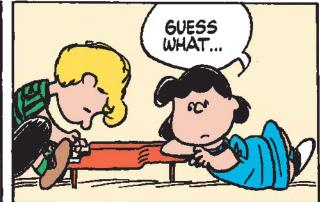


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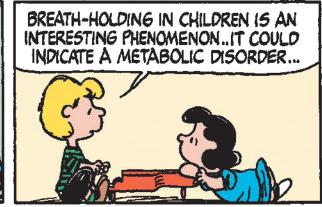


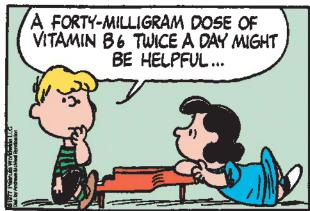




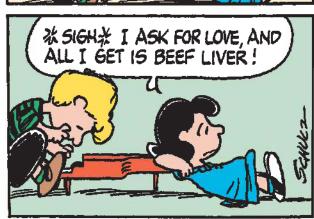






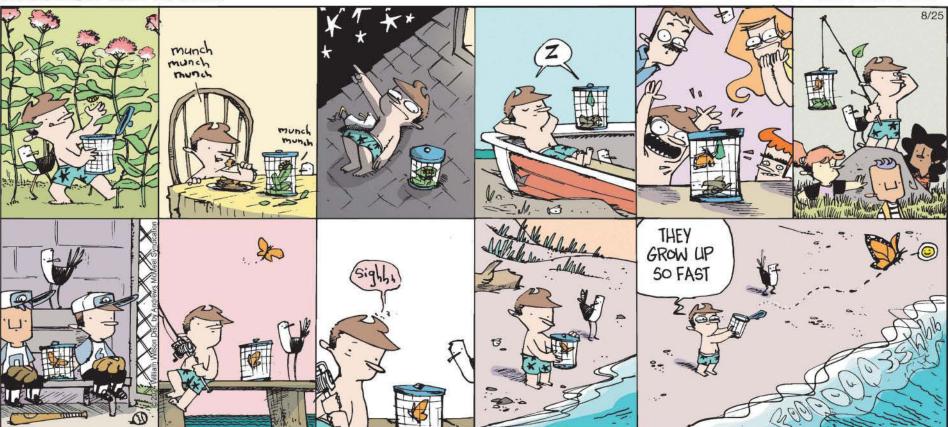


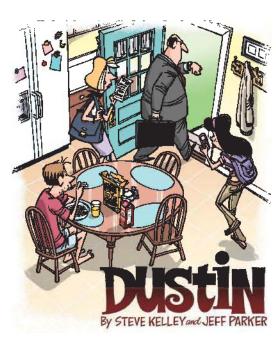




WALLACE THE BRAVE

BY WILL HENRY







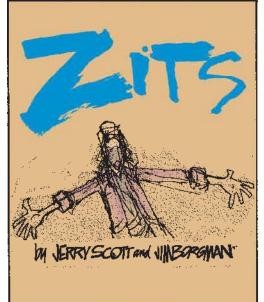










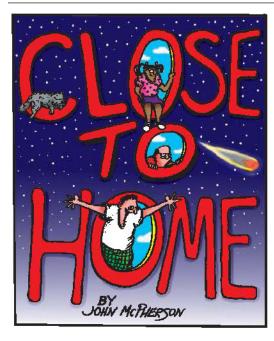


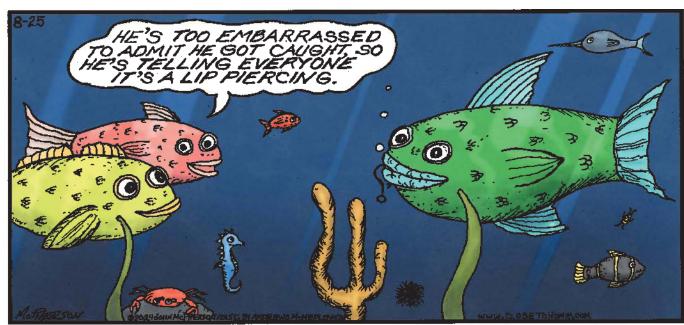


































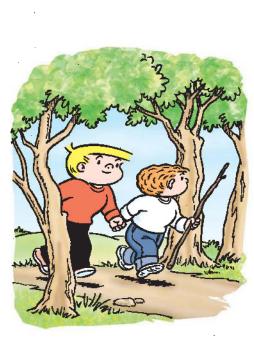




A NICE

THE FAMILY CIRCUS'

BY BIL KEANE













BLONDIE

BY DEAN YOUNG & JOHN MARSHALL

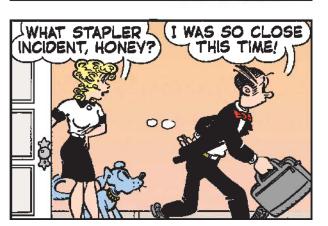












BEETLE BAILEY

BY GREG, BRIAN & NEAL WALKER











AND WERE YOU

AWARE OF THE

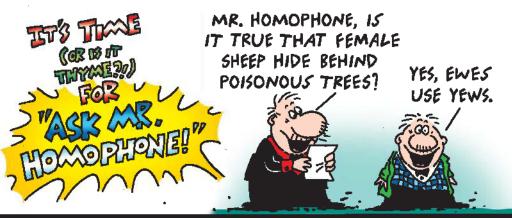
MOST RECENT

WILDEBEEST?



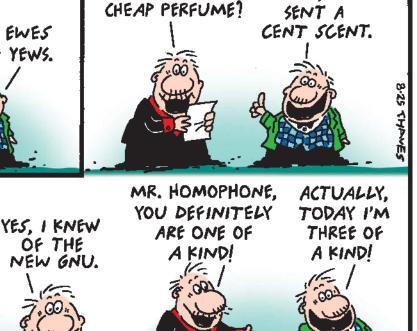
DID YOU SHIP A





yes, I towed

A TOED TOAD.





DID YOU HAUL

AN UNWEBBED

HOPPER?







WITH FOUR

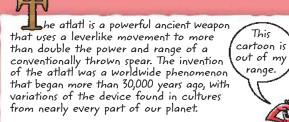
SHCOOPS OF



YES, I



Oops!... I hit it again.



Target Audience

The invention of the atlatl allowed ancient hunters to take on larger prey than they could using just spears because they could hunt from a safer distance.

During the 1500s, Aztec warriors effectively used atlatls in combat with Spanish soldiers because their darts were capable of piercing

An atlatl can hurl a dart more than 200 meters (650 ft.).

Darts thrown with an atlatl can reach speeds of nearly 150 km/h (90 mph).

Tipping Point

This

range.

Atlatl artifacts have been found on every continent except Antarctica. The oldest, found in France, is more than 17,000 years old.

Ancient atlats were commonly made of wood, bone, antiers and ivory. Many were adorned with elaborate carvings.

Dart Bored

spot all six differences between these two scenes?

What flavor Getting To The Point Of The does an atlatl

This edition of Shortcuts is sponsored by Britney Spear.

> The word "atlatl" is from the Aztec Nahuatl language.

Word Search

Can you find the hidden words? Search carefully because some words are backward or diagonal. WOOMERA SPEAR DART WEAPON LEVER CLUB ATLATL WOOD THIN NUQAQ **IVORY** BOB THROW HUNT BOW ARROW ARROW BONE ARM YOURTOPICHERE BONE

 $\verb"BUNNYOVLAVANL"$ DOUGHOUSEEOEO SHOORBOOPBVLA

hunter quit after his atlatl BOUYAWNSAEART TOTSTUOTREESL dart snapped? There wasn't FISHQWPBRMODA FRIAROABOATOT ONQRMOEOWBDAL PALMSDWESTERN

The spear used with an atlatl is called a "dart." Atlatl darts are thinner and more flexible than conventional spears.

The "nuqaq" is a type of atlatl used by Inuit for throwing harpoons.

What do you get when you cross an atlatl projectil with a 16th-century playwright? William Shake-spear.

In most cultures, the atlatl was eventually replaced by the bow and arrow. But this did not happen until about 2,000 years ago, and only after the atlat had been the dominant weapon around the world for many thousands of years.

In addition to its use as a spear-throwing device, the flatter Australian version of the atlatl, or "woomera," was also used to hold objects and as a club.

All atlatls have an attachment point at the back that holds the end of the dart while the shaft acts as an extension of the thrower's arm



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modern atlat



FOR BETTER OR FOR WORSE









BY LYNN JOHNSTON









DENNIS THE MENACE

WHO DID

YOUS

THIS TO





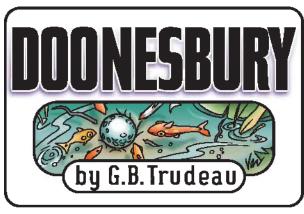




BY HANK KETCHAM













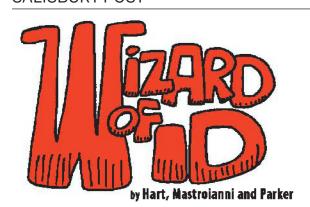










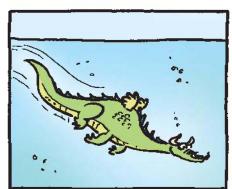




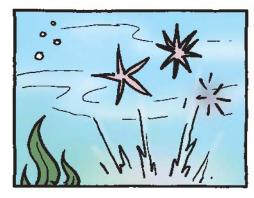


















SHOE

BY GARY BROOKINS & SUSIE MACNELLY



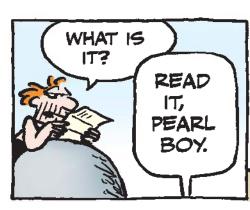
B.C.

BY MASON MASTROIANNI AND MICK MASTROIANNI













MALLARD FILLMORE

BY BRUCE TINSLEY





















SALLY FORTH

BY FRANCESCO MARCIULIANO & JIM KEEFE











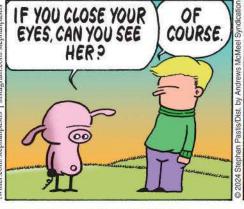


PEARLS BEFORE SWINE

BY STEPHAN PASTIS

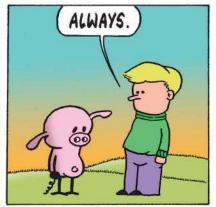














I'M IN THE

FAMILY ROOM!





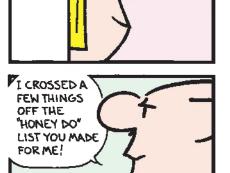




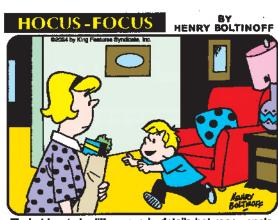














Differences: I. Window is higher. 5. Fillow is smaller. 5. Back of chair is shorter. 4. Bag is smaller. 5. Hair is longer. 6. Wall is not as wide.